



PROBIOTIC 20 Plus Synergistic Intestinal Support

PROBIOTIC 20 Plus

ITEM #: 0757-0060-00

A synbiotic formula containing prebiotics, enzymes, and ten different probiotic strains to support a healthy digestive system. Probiotics are live microorganisms which provide health benefits to the host when consumed. Prebiotics are non-digestible food ingredients that stimulate the growth and activity of bacteria in the colon that can improve the host health. The product also contains a comprehensive enzyme blend of 3 enzyme classes that further enhances nutrient absorption and helps break down macronutrients; these are proteolytic enzymes, lipolytic enzymes, and carbohydrases that digest proteins, fat, and carbohydrates, respectively.

KEY FEATURES

- Provides 10 efficacious bacterial species
- 20 Billion CFU per serving (2 capsules) at time of manufacture
- The most effective species of bacteria have been selected to not only increase the efficacy of the probiotic supplement, but to safely support microbiome balance
- A prebiotic food source (FOS) aids the growth, multiplication, and survival of efficacious probiotics in the gut
- Provides 9 enzymes to further enhance nutrient absorption and help break down macronutrients
- Soy-free

PRODUCT OVERVIEW

Probiotic 20 Plus contains a synbiotic combination of:

- **Prebiotic** (fructo-oligosaccharide)
- **Nine enzymes:** amylase, protease, alpha-galactosidase, glucoamylase, lactase, invertase, lipase, acid maltase, and peptidase
- **Ten probiotic strains:** Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactococcus lactis, Bifidobacterium longum, Lactobacillus casei, Bifidobacterium lactis, Lactobacillus brevis, Bifidobacterium bifidum, Streptococcus thermophilus, and Lactobacillus bulgaricus
- **20 billion total CFU per serving** (2 capsules) at time of manufacture.
- **Soy-free**

DESCRIPTION

A full spectrum probiotic consisting of 10 strains, digestive enzymes, and fructo-oligosaccharide as a prebiotic food to support healthy bacteria in the gut. Within the industry this is known as a synbiotic formula, due to the unique synergism of the ingredients.

HOW SUPPLIED

Cream and brown speckled opaque gelatin capsule. 60 per glass bottle.

DIRECTIONS

Take two capsules daily with liquid.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
20 billion x10 strain pre- and pro- blend † (grown on milk)	470 mg *
Fructo-oligosaccharides	Bifidobacterium lactis (325 million cfu†)
Lactobacillus acidophilus (3.8 billion cfu†)	Lactobacillus brevis (325 million cfu†)
Lactobacillus rhamnosus (3.75 billion cfu†)	Bifidobacterium bifidum (300 million cfu†)
Lactococcus lactis (375 million cfu†)	Streptococcus thermophilus (300 million cfu†)
Bifidobacterium longum (350 million cfu†)	Lactobacillus bulgaricus (200 million cfu†)
Lactobacillus casei (350 million cfu†)	
BioCore® Optimum Complete Digestion support	220 mg *
Amylase (3,500 DU)	Invertase (400 SU)
Protease (21,000 HUT/ 4,000 PC/50 SAPU)	Lipase (500 FIP)
Alpha-galactosidase (150 GalU)	Acid maltase (14 MaltU)
Glucoamylase (9 AGU)	Peptidase (2 AP)
Lactase (1,000 ALU)	

* Daily Value not established.



To place an order call 1-800-445-6849



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INGREDIENTS

Prebiotic: Fructo-oligosaccharide (FOS)

- Prebiotics are a type of non-digestible fiber that stimulate the growth and activity of probiotic bacteria in the colon.
- The prebiotic in this formula acts as a food source to aid the growth, multiplication, and survival of probiotics in the gut.

BioCore® Optimum Complete Enzymes

- A comprehensive enzyme blend that further enhances nutrient absorption and helps break down macronutrients.
- The blend includes 3 enzyme classes;
 - Proteolytic Enzymes are used in this formula help to digest protein to produce amino acids that build muscles, metabolic enzymes, neurotransmitters and many other essential biochemicals.
 - Carbohydrases assist with carbohydrate digestion to allow a more complete digestion of the carbohydrates consumed, which enables a person to properly digest and receive the maximum amount of nutrients available from their carbohydrate intake.
 - Lipolytic Enzymes help the body to properly digest the excessive fat being eaten in today's typical high fat, high carbohydrate diet. Considerable digestive distress and even malabsorption of nutrients such as vitamins A and E can result from improper fat digestion.

10 Probiotic Strains:

• Lactobacillus

- **Lactobacillus acidophilus** is mostly found in humans and highly resistant to acidic pH and bile salts, it may help digestion by maintaining healthy intestinal microflora. Plays an important role in the body's assimilation of nutrients such as vitamin K, vitamin B, calcium, lactase and fatty acids.
- **Lactobacillus rhamnosus** is bile-stable and has the ability to survive highly acidic conditions. Helps eliminate and prevent the growth of harmful bacteria and favorably enhances innate and acquired immunity. Provides excellent colon epithelial cell adherence to facilitate colonization in the human intestines while stimulating antibody production to combat dangerous and harmful bacteria.

- **Lactobacillus bulgaricus** is a close relative to *L. acidophilus*; is a highly adapted and transient species that has the ability to shrink or multiply within the intestinal mucosa. It also helps other microbiota become colonized and established.

- **Lactobacillus brevis and lactis** are transient and non-resident probiotics that produce lactate, carbon dioxide, ethanol and acetate. *L. brevis* is resistant to lower pH, bile salts and digestive enzymes with excellent adherent properties.

- **Lactobacillus casei** is a highly resistant and adaptive transient species, mostly found in the human buccal cavity as well as the intestines. Known to beneficially modulate innate immune responses and also supports the proliferation of intestinal flora.

• Bifidobacterium

- **Bifidobacterium bifidum** helps maintain intestinal microflora balance and controls the excessive increase of detrimental bacteria. Mostly found in a healthy colon, it significantly declines in the population with age.

- **Bifidobacterium longum** is one of the most dominant Bifidobacterium species in humans. Helps ferment a broad spectrum of oligosaccharides into lactic acid thereby lowering pH in the gastrointestinal tract. By decreasing intestinal pH, reproduction of many harmful bacteria is inhibited.

- **Bifidobacterium lactis** is a natural inhabitant of the human intestines and colon. Involved in the intestinal production of B vitamins and can reduce the amount of toxic nitrates in the colon. Helps protect against overgrowth of pathological bacteria through competitive and chemical inhibition.

• Streptococcus thermophiles

- A transient, non-resident bacterium highly adapted to lactose metabolism. Inhibits harmful bacterial proliferation and supports normal intestinal microflora and gastrointestinal functions. Can also reduce the amount of toxic nitrates in the colon like *Bifidobacterium lactis*.

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