

PRODUCT CATALOG 2024



Experience the Protocol For Life Balance® Difference.

THE PROTOCOL FOR LIFE BALANCE® ADVANTAGE

Protocol For Life Balance® is one of the fastest growing practitioner brands in the industry, and for good reason. No other brand offers our unique combination of superior quality and everyday affordability. As the practitioner arm of parent company NOW® Health Group, Protocol offers more than 50 years of natural product expertise. We're a GMP (Good Manufacturing Practices) 'A'-rated manufacturer by the Natural Products Association (NPA) and fully comply with federal CGMP regulations. We manufacture the majority of our products in-house, which affords us exceptional control over product quality and cost. As the demand for our products has grown, we are expending our manufacturing capabilities in Illinois with the recent addition of state-of the art production lines for capsules and powders.

Our long-standing supplier relations give us access to the highest quality raw materials, and we extensively test every raw material for identity, potency, and purity. Our state-ofthe-art in-house laboratories are equipped with advanced analytical instrumentation including a Soleris® Rapid Microbiological System, 24 HPLCs, gas chromatographs, infrared spectroscopes, and multiple heavy metal detectors. Very few dietary supplement manufacturers offer the level of quality assurance and cost control that you get with Protocol.

NOW® Health Group, our parent company with which we share our manufacturing lines and laboratories, was one of the first companies to seek certification from the NPA in 2000. Since then, NOW has undergone annual re-certification. Since 2023, NOW has been audited and certified by Intertek as having met the Supplement Safety & Compliance Initiative (SSCI) benchmarks, which ensures uniformity in the manufacturing of dietary supplements consistent with CFR 111. Furthermore, in 2017 NOW achieved Underwriters Laboratories (UL) Enhanced Certifications for cosmetics (ISO 22716:2007) and natural foods [Safe Quality Food (SQF)]. In 2021, NOW received ISO/IEC 17025:2017 accreditation from the American Association for Laboratory Accreditation (A2LA) for both their analytical and microbiological laboratories.

At Protocol we strive to always improve, and that is why in 2024 we are continuing to support our sustainability efforts by transitioning more of our supplement bottles to be made from 100% post-consumer recycled (PCR) resin, or glass.

Whether you're looking for nutrition standards such as vitamins and minerals or specialized supplements for unique conditions, Protocol has you covered with consistently superior product quality at industry-best prices.



Protocol Certified Quality

- √ Exhaustive quality testing for every batch
- √ Independently audited by NPA
- √ FDA inspected & GMP assured
- √ No artificial (FD&C) colors
- √ Intertek certified GMP for dietary supplements
- √ UL third-party certified (topical products)
- $\sqrt{150}$ + quality department employees
- √ Informed-Sport certified
- √ No dl-alpha-tocopherol
- √ Certified Halal products
- √ RiboPrinter® strain-verified probiotics
- √ QAI and USDA certified organic ingredients
- √ Assured honest labeling
- √ Validated analytical methods for testing
- √ Retained samples for 6 years
- √ Ageless oxygen packets for freshness





What you WON'T find in our products



Artificial Colors



Hydrogenated



Harmful Levels and Dioxins



Artificial Flavors



Irradiation



Common Allergens



Aspartame, Sucralose, or Ace K



Microbial **Pathogens**



MSG



Harmful Levels of Pesticides



Parabens







ADDING PROTOCOL FOR LIFE BALANCE TO YOUR PRACTICE

TO ORDER

Phone: (877) 776-8610

8:00 am - 5:00 pm CST Fax: (855) 833-9012 Email: sales@protocolforlife.com

CUSTOMER SERVICE/SALES

Phone: (877) 776-8610 x 1

SALES TEAM

David Crosby - Brand Manager

Phone: (877) 776-8610 x 2387 david.crosby@protocolforlife.com

Kim Chadwick - Regional Account Professional

Phone: (503) 734-6394

kim.chadwick@protocolforlife.com

Geraldine Panish - New York City

Phone: (347) 628-2524

geraldine.panish@protocolforlife.com

Chris Petropoulos - Regional Account Professional

Phone: (877) 776-8610 x 2945 chris.petropoulos@protocolforlife.com

Raul Torres - Regional Account Professional

Phone: (877) 776-8610 x 2225 raul.torres@protocolforlife.com

SALES SUPPORT

Ellie Benke - Sales Support

Phone: (877) 776-8610 x 2193 ellie.benke@protocolforlife.com

Karen Bushen - Sales Support

Phone: (877) 776-8610 x 2283 karen.bushen@protocolforlife.com

Laurie Woznicki - Sales Support

Phone: (877) 776-8610 x 2249 laurie.woznicki@protocolforlife.com

CANADA SALES

Debra Greene

Phone: (800) 265-7245 x 8721 debra.greene@protocolforlife.com

TECHNICAL SUPPORT

Phone: (877) 776-8610 x 3 info@protocolforlife.com Monday-Friday 9-5 CST

CONTACT US DIRECTLY

Protocol For Life Balance® representatives are available to assist you in selecting the most popular products from our extensive line. We provide tailored solutions to ensure your product selection is the most relevant and appropriate for your practice. Call or email us today.

CUSTOMER REQUIREMENTS

As our products are high potency, condition specific, and technical in nature, Protocol For Life Balance® products are sold through licensed healthcare practitioners.

SALES TAX

As taxation varies by location, Protocol For Life Balance® may require a State resale tax certificate and/ or other pertinent tax documentation where applicable. If the customer does not have a State sales tax number and/or other pertinent tax documentation Protocol For Life Balance® will charge the applicable sales tax.

PAYMENT TERMS

We accept Visa, MasterCard, AMEX and Discover credit cards at the time of ordering. Orders may also be shipped via pre-paid check or ACH Direct withdrawal. Any NSF check will include a \$25 charge.

MINIMUM ORDER / SHIPPING CHARGES

- Wholesale Minimum order is \$95.
- FREE Shipping on U.S. orders over \$195 (exceptions may apply).
- Orders below \$195 will have a \$10 shipping fee.

DISCOUNT OPPORTUNITIES

Protocol For Life Balance® periodically offers promotional discounts on select items or categories. Other performance and activity-based discounts are available on an ongoing basis. Please inquire with your sales representative for more details.

MINIMUM ADVERTISED PRICING (MAP) POLICY

Our MAP requires that no customers advertise Protocol For Life Balance® below the manufacturer-established suggested retail pricing (SRP). See next page for additional details about this policy.

PRODUCT GUARANTEE / RETURN POLICY

Protocol For Life Balance® stands behind the quality of our products and will refund the wholesale purchase price of patient returns.

Please call to our attention to any shipping or invoicing errors within 5 days. Returns are accepted only with prior authorization, within 30 days of invoice, and subject to a 25% restocking fee. No expired product returns accepted.



MINIMUM ADVERTISED PRICING (MAP) POLICY

AFFECTED PRACTITIONER CUSTOMERS

- U.S. Customers
- Customers with Websites selling to U.S. end-users

MINIMUM ADVERTISED PRICE

Protocol For Life Balance® ("Protocol") has implemented a Minimum Advertised Pricing Policy ("Policy") which prohibits advertising any Protocol For Life Balance® product at less than suggested retail pricing. Protocol has unilaterally adopted this Policy to ensure protection of its brand equity and to preserve its intellectual property in its Protocol For Life Balance® name, and to maximize the effectiveness and efficiency of Protocol's distribution channels and its Customers' investment in Protocol For Life Balance® products.

Under this Policy, "advertising" includes internet, print, radio, television, direct mail and catalogs. This Policy does not apply to advertising within a practitioner's office and e-mail advertising to a private patient base. "Patient" is defined as an individual who is treated and monitored in the practitioner's office.

All Customers remain free to determine and establish, in their sole and absolute discretion, their own retail or resale price for Protocol For Life Balance® products. This Policy also does not apply to any promotional values that do not affect the suggested retail price such as "free shipping" or including a free or discounted product bundled with the Protocol For Life Balance® product, provided the discounted product is not a Protocol For Life Balance® product covered under this Policy.

VIOLATIONS OF POLICY

All Customers who violate this Policy will be so notified by Protocol via phone, e-mail or standard mail, and will be given ten (10) days' notice to become compliant. After the end of the ten (10)-day notice period, if the problem is not rectified, Protocol reserves the right to discontinue fulfilling orders. If a Customer violates the above conditions on more than one occasion, Protocol reserves the right to immediately revoke the Customer's wholesale price privileges without any liability to Protocol. Protocol may, without notice, take such other and additional action as it deems appropriate and necessary against Customers that violate the above conditions without any liability to Protocol. Protocol reserves the right not to sell any products to any Customer that is affiliated with a website or sells to a third-party website that violates this Policy, or in Protocol's sole opinion, disparages Protocol or its Protocol For Life Balance® products or diminishes the brand. Each Customer is free to independently decide whether or not to follow this Policy; however, violations of this Policy may result in the above-mentioned actions.

NON-NEGOTIABLE

Protocol will not discuss any conditions of acceptance related to this Policy as it is non-negotiable and will not be altered for any Customer. No employee or sales representative of Protocol is authorized to discuss this Policy nor does any employee or sales representative have the authority to modify or alter this Policy. Nothing in this Policy is intended to constitute an Agreement between Protocol and any of its Customers. Protocol may modify this Policy or any of its suggested retail prices, or discontinue this Policy at any time, for any reason, in the sole discretion of Protocol

PRODUCTS / ALPHABETICAL

5-HTP 100/200 MG	
5-METHYL FOLATE 1,000 / 5,000 MCG	MAGNESIUM CITRATE
7-KETO® LEANGELS™	MAGNESIUM CITRATE PLUS
A-BIOTIC™	B D-MANNOSE VEG CAPS AND POWDER
A-BIOTIC IMMUNE+	B MAGTEIN®41
ACACIA PURE ORGANIC POWDER	
ACETYL-L-CARNITINE	5 MELATONIN 3 / 10 / 20 MG
ACHE ACTION™	METHYL-ACTION
ADRENAL CORTISOL SUPPORT™	METHYL B ₁₂ 1,000 / 10,000 MCG
ALLER-ALL™	METHYL B ₁₂ 5,000 MCG + FOLIC ACID 400 MCG12
ALOE VERA GELS	MILK THISTLE EXTRACT
ALPHA-LIPOIC ACID / 250 MG / 600 MG PLUS 25	
L-ARGININE 1,000 MG	5 MSM 1,000 MG VCAPS
ASHWAGANDHA	MUCUNA EXTRACT
ASTAXANTHIN 10 MG / 12 MG	6 MYCEL IMMUNE PLUS™
B-12 / LIQUID	MYO-INOSITOL POWDER
B COMPLEX NEURO FACTORS W/ ALA & CoQ ₁₀	N-ACETYL-CYSTEINE (NAC) 600 / 1,000 MG
BIFIDO DIGEST™	
BIOCORE® ENHANCED ENZYMES™	NIACIN / FLUSH-FREE
BIOTIN 5,000 MCG	NUTRI-DOSE™ B-12 10,000 MCG
BONE SUPPORT FORMULA	OCU SUPPORT™/ CLINICAL STRENGTH
BORAGE / GLA	
BOSWELLIA EXTRACT	
BRAIN REGAIN™	OREGANO OIL SOFTGELS
BROMELAIN 2,400 GDU	
C-1000 VEG CAPSULES	
C-1000 + ZINC 15 VCAPS	
CALCIUM D-GLUCARATE	B ORTHO MULTI™ FOR WOMEN SOFTGELS
CARDIO TRI-PLEX™	
L-CARNITINE	
CHEWABLE PROBIOTIC	
CHLOROPHYLL	
CLINICAL CARDIO-6	
CLINICAL STRESS RELIEF	
COGUMIN SLCP™	PHOSPHATIDYL SERINE 300 MG
COQ ₁₀ 100/200 /400/600 MG	
CORDYCEPS / 750 MG	
CURCUFRESH™	
CURCUMIN EXTRACT	PRE-NATAL MULTIVITAMIN WITH DHA
CURCUMIN PC	
D-FLAME™	PROSTATE-B™
DHA-500 / 1,000 MG	
DIM 200 PLUS CALCIUM D GLUCARATE 100 MG 18	B PROTODOPHILUS™ CHEWABLE
EGCG / GREEN TEA EXTRACT	6 PROTODOPHILUS™ WOMAN
E.N.T. BIOTIC™ CHEWABLE PROBIOTIC LOZENGE44	PROTOSORB™ C 500
ENZYMES-HCL™	PROT0ZYMES™
FLAX SEED OIL SOFTGELS	B QUERCETIN PHOSPHOLIPID NEW!
GABA 750 MG	RED YEAST RICE EXTRACT
GAMMA E TOCO COMPLEX	RED YEAST RICE PLUS
GARLIC 5000	RESVERATROL
GI GUARD™	D-RIBOSE POWDER
GINKGO BILOBA	
GLUCOSAMINE & CHONDROITIN	2 SAMBUCUS BLACK ELDERBERRY LIQUID
GLUCOSAMINE & CHONDROITIN WITH MSM	2 SAMe 200 / 400 MG STABLE VCAPS
GLUCOSAMINE & CHONDROITIN WITH MSM-LIQUID33	SCELETIUM EXTRACT AS ZEMBRIN® NEW!
GLUCOSE BALANCE™	3 SELENIUM 200 MCG
GLUCOSE MANAGEMENT WITH BERBERINE HCL	SERRAPEPTASE 60,000 UNITS
L-GLUTAMINE 1,000 MG VCAPS / 5,000 MG POWDER . $.06$	STEVIA EXTRACT LIQUID
GLUTATHIONE	
GRAPE SEED OPC	6 L-THEANINE 200 MG
HYALURONIC ACID	B L-TRYPTOPHAN 500 / 1,000 MG
IRON (FERROCHEL™) 36 MG	5 UBIQUINOL 100 / 200 MG
JOINT-UC™ COLLAGEN	B ULTRA OMEGA-3
K ₂ MK-7 & D ₃	ULTRA OMEGA 3-D™
KRILL OIL 500 / 1,000 MG	VIRILITY FOR MEN
LIVER DETOX SUPPORT	O VITAMIN A 25,000 IU

VITAMIN D ₃ LIQUID	08
VITAMIN D ₃ 1,000 - 50,000 IU SOFTGELS	. 08
VITAMINS D ₃ & MK-7 / LIQUID	09
VITAMIN E-400	10
WHEY PROTEIN ISOLATE	42
ZINC GLYCINATE / 30 MG SOFTGELS	36

UPCOMING NEW PRODUCTS FOR 2024:

P2903 Intensive Bowel Support (probiotic)
P2277 Proto-Flex (AprèsFlex® with Hyaluronic Acid)
P3034 AHCC 600 mg
P3035 AHCC Pure Powder
P1287 Magnesium Glycinate with BioPerine® Veg Caps
P1416 Berberine 500 mg
P2978 Betaine & Ox Bile Digest

Release dates not established, product names susceptible to change.

LABEL ABBREVIATION KEY



VEGETARIAN



KOSHER



CERTIFIED ORGANIC BY QAI



GLOBAL ORGANIZATION OF EPA AND DHA OMEGA-3S



HALAL



KETO FRIENDLY



NON-GENETICALLY MODIFIED



NON-GMO PROJECT VERIFIED



FRIEND OF THE SEA



INFORMED SPORT



STEROID TESTED



STRAIN VERIFIED



STORED IN GLASS BOTTLE

PRODUCTS BY CATEGORY

AMINO ACIDS	DETOXIFICATION SUPPORT*	MEN'S HEALTH
ACETYL-L-CARNITINE	CALCIUM D-GLUCARATE	MACA (RAW)34
L-ARGININE 1,000 MG	DIM 200 PLUS CALCIUM D-GLUCARATE 100 MG 18	ORTHO PROSTATE™
L-CARNITINE	LIVER DETOX SUPPORT19	PROSTATE-B™35
GABA	MILK THISTLE EXTRACT	VIRILITY FOR MEN35
L-GLUTAMINE 1,000 MG	ORTHOFLORA YEAST SUPPORT™19	MINERALS
L-GLUTAMINE POWDER	DIGESTIVE SUPPORT*	IRON (FERROCHEL™) 36 MG
N-ACETYL-CYSTEINE (NAC) 600 / 1,000 MG 06	ALOE VERA GELS	MAGNESIUM CITRATE
TAURINE	BIOCORE® ENHANCED ENZYMES™	MAGNESIUM CITRATE
L-THEANINE 200 MG		
L-TRYPTOPHAN 500 / 1,000 MG	CHLOROPHYLL	SELENIUM
VITAMINS A, D, E & K	ENZYMES-HCL™	ZINC GLYCINATE
VITAMIN A 25,000 IU	GI GUARD	MOOD / SLEEP*
VITAMIN D ₃ 100 IU PER DROP / LIQUID		5-HTP 100/200 MG
VITAMIN D ₃ 1,000 IU PER DROP / LIQUID	PEPPERMINT OIL G.I.™	CLINICAL STRESS RELIEF
VITAMIN D ₃ 1,000 IU / SOFTGELS	PROTOZYMES [™]	MELATONIN 3/10/20 MG
	ENERGY*	MYO-INOSITOL POWDER37
VITAMIN D ₃ 2,000 IU / SOFTGELS	ASHWAGANDHA	SAMe 200/400 MG
VITAMIN D ₃ 5,000 IU / SOFTGELS	ORTHO THYROID™	
VITAMIN D ₃ 50,000 IU / SOFTGELS	FATTY ACIDS	MULTIPLE VITAMIN
K ₂ MK-7 & D ₃ VEG CAPS	BORAGE / GLA	ORTHO MULTI™ GREENS
VITAMINS D ₃ & MK-7 / LIQUID	DHA-500 & 1000 500 / 1,000 MG	ORTHO MULTI™ SOFTGELS WITH FLAX
MK-7 VITAMIN K ₂ 160 / 300 MCG	FLAX SEED OIL SOFTGELS	ORTHO MULTI™ SOFTGELS FOR MEN
GAMMA E TOCO COMPLEX	KRILL OIL 500 / 1,000 MG	ORTHO MULTI™ SOFTGELS FOR WOMEN39
VITAMIN E-400	OMEGA-3 1,000 MG	PRE-NATAL MULTIVITAMIN WITH DHA
B VITAMINS	OMEGA 3-6-9	NEUROLOGICAL HEALTH*
5-METHYL FOLATE 1,000 / 5,000 MCG	ULTRA OMEGA-325	BRAIN REGAIN™
B-12 5,000 MCG / LIQUID	ULTRA OMEGA 3-D™	COGUMIN SLCP™
B COMPLEX NEURO FACTORS W/ ALA & COQ ₁₀ 11	HEALTHY AGING*	GINKGO BILOBA 60 / 120 MG
BIOTIN 5,000 MCG	ALPHA-LIPOIC ACID 250 / 600 MG	MAGTEIN®
NIACIN / FLUSH-FREE	ASTAXANTHIN 10 / 12 MG	MUCUNA EXTRACT
METHYL-ACTION	EGCG / GREEN TEA EXTRACT	PHOSPHATIDYL SERINE 300 MG
METHYL B ₁₂ 1,000 / 10,000 MCG	GLUTATHIONE	
METHYL B ₁₂ 5,000 MCG + FOLIC ACID 400 MCG 12	GRAPE SEED OPC	NUTRITIONAL SUPPORT
NUTRIDOSE™ B-12 10,000 MCG	PQQ COMPLEX / EXTRA STRENGTH	PLANT PROTEIN COMPLETE
PANTETHINE 300 MG	RESVERATROL	STEVIA EXTRACT LIQUID
		WHEY PROTEIN ISOLATE
VITAMIN C	IMMUNE SUPPORT*	OCULAR / EYE HEALTH*
C-1000 WITH BIOFLAVONOIDS & RUTIN	A-BIOTIC [™]	OCU SUPPORT™ CLINICAL STRENGTH
C-1000 + ZINC 15 VCAPS	A-BIOTIC IMMUNE +	
PROTOSORB™ C 500	CORDYCEPS / 750 MG	PREBIOTICS
BLOOD SUGAR SUPPORT*	MYCEL IMMUNE PLUS™	ACACIA PURE ORGANIC POWDER
GLUCOSE BALANCE™	SAMBUCUS BLACK ELDERBERRY LIQUID	PREBIUTIC PUWDER XUS43
GLUCOSE MANAGEMENT WITH BERBERINE HCL 14	SERRAPEPTASE 60,000 UNITS	PROBIOTICS
BODY COMPOSITION*	JOINT, BONE, MUSCLE HEALTH*	BIFIDO DIGEST™44
7-KETO® LEANGELS™	ACHE ACTION™	CHEWABLE PROBIOTIC
ADRENAL CORTISOL SUPPORT™14	BONE SUPPORT FORMULA	E.N.T. BIOTIC™ CHEWABLE PROBIOTIC LOZENGE 44
PURE MCT OIL / LIQUID	BOSWELLIA EXTRACT	ORTHO DOPHILUS™45
	BROMELAIN	PROTODOPHILUS™ 25/50/100 BILLION
CARDIOVASCULAR SUPPORT*	CURCUFRESH™	PROTODOPHILUS™ CHEWABLE
CARDIO TRI-PLEX™	CURCUMIN EXTRACT	PROTODOPHILUS™ WOMAN
CLINICAL CARDIO-6	CURCUMIN PC	SACCHAROMYCES BOULARDII46
COQ ₁₀ 100/200/400/600 MG	D-FLAME TM	SEASONAL SENSITIVITY*
GARLIC 5000	GLUCOSAMINE & CHONDROITIN	ALLER-ALL™
NATTOKINASE	GLUCOSAMINE & CHONDROITIN W / MSM	QUERCETIN PHOSPHOLIPID NEW!
RED YEAST RICE EXTRACT	GLUCOSAMINE & CHONDROITIN W / MSM LIQUID 33	
RED YEAST RICE PLUS	HYALURONIC ACID	WOMEN'S HEALTH
D-RIBOSE POWDER	JOINT-UC™ COLLAGEN	D-MANNOSE VEG CAPS / POWDER 47
UBIQUINOL 100 / 200 MG	MCM 24	PROGESTERONE CREAM 47

All our products are manufactured in a GMP facility that processes ingredients that may contain any of the 9 major allergens: wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. See individual product labels for allergen disclosure. Some of our products are bottled in 100% (post-consumer recycled) resin. See individual product labels to see if products are in recycled bottles. The catalog will not display that information as we are progressively introducing new recycled bottles.

ACETYL-L-CARNITINE

Amino Acids/Neurological Health*

CODE: P0076 100 VEG CAPSULES

TRANSPORTS FATTY ACIDS & BOOSTS CELLULAR ENERGY*

BRAIN AND NERVE CELL FUNCTION* VEGETARIAN-VEGAN

Acetyl-L-carnitine (ALC) is a naturally occurring component of fat metabolism and cellular energy production.* ALC readily crosses the blood-brain barrier and promotes healthy nerve cell function by maintaining normal mitochondrial bioenergetics, stabilizing cell membranes, and contributing to the production of acetylcholine, an important neurotransmitter that plays a role in learning and memory.* ALC also supports the brain's natural free radical neutralizing defenses.*

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 50

Amount Per Serving

Acetyl-L-Carnitine 1 g (1,000 mg)* (from 1,205 mg Acetyl-L-Carnitine HCl)

* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.





L-ARGININE 1,000 MG

Amino Acids/Cardiovascular Health*

CODE: P0035 120 TABLETS

CONDITIONALLY ESSENTIAL AMINO ACID NITRIC OXIDE PRECURSOR*

Arginine is a conditionally essential basic amino acid involved primarily in urea metabolism and excretion, as well as in DNA synthesis and protein production.* It is an important precursor of nitric oxide (NO) and thus plays a role in the dilation of blood vessels.*

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

L-Arginine (from 1,250 mg L-Arginine HCI) 1 g (1,000 mg)**

**Daily Value not established

Other ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silicon Dioxide and Vegetarian Coating [hypromellose (cellulose), calcium carbonate, glycerin].

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

The L-Arginine used in this product is pharmaceutical grade.



PROTOCOL FOR LIFE BALANCE And Language L-Arginine 1000 mg - Conditionally Essential Amino Acid - Nitric Oxide Precursor* 120 Tablets A Deltary Supplement Vegetarian/Negan

L-CARNITINE 500 MG

Amino Acids/Healthy Aging*

CODE: P0072 60 VEG CAPSULES

TRANSPORTS FATTY ACIDS*
BOOSTS CELLULAR ENERGY*
VEGETARIAN-VEGAN

L-Carnitine is a non-essential amino acid that is abundant in heart, muscle and liver tissues. It helps to maintain metabolic health by facilitating the transfer of long-chain fatty acids across the mitochondrial membrane for cellular energy production.* In addition, it assists the body in using fat for energy.* It naturally occurs in red meat and other animal source foods, but some people may have an increased need for dietary carnitine due to high fat and vegetarian diets. Clinical studies indicate that carnitine may promote exercise performance and recovery.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

L-Carnitine (Carnipure™) (from 746 mg L-Carnitine Tartrate) 500 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Carnipure $^{\text{TM}}$ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.





GABA 750 MG

Amino Acids/Mood*/Sleep*

CODE: P0089 120 VEG CAPSULES

CALMING NEUROTRANSMITTER* VEGETARIAN-VEGAN

GABA (gamma-aminobutyric acid) is a nonprotein amino acid that is naturally produced in the body.* GABA is the brain's main inhibitory neurotransmitter and healthy levels are associated with a relaxed mood.* GABA also plays a central role in regulating intercellular communication and normal cognition.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

GABA (Gamma-Aminobutyric Acid)

750 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Ascorbyl Palmitate, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



L-GLUTAMINE 1,000 / 5,000 MG

Amino Acids

CODE: P0094 / 120 VEG CAPSULES / 1,000 MG CODE: P0221 / NET WT. 1 LB. (454 G) / 5,000 MG

SLIPPORTS HEALTHY IMMUNE FUNCTION* PROMOTES GASTROINTESTINAL HEALTH* POWDER: 5,000 MG PER SERVING VEG CAPS: 1,000 MG PER SERVING

Glutamine, the most abundant amino acid in the body, is an important constituent of proteins and participates in many key metabolic processes.* Glutamine helps to regulate acid/base balance, maintains nitrogen balance, and acts as a nitrogen reservoir for the production of other amino acids.* It also serves as an important energy source for certain cell types, such as gut, immune, and kidney cells.* Glutamine is known to support gastrointestinal integrity, normal immune system function, and the preservation of muscle tissue.*

1,000 MG / 120 VEG CAPS / P0094

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving

L-Glutamine (Free-Form)

1 g (1,000 mg)**

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



5,000 MG / 1 LB. / P0221

Supplement Facts

Serving Size 1 Rounded Teaspoon (approx. 5 g) Servings Per Container about 91

5 g (5,000 mg)*

Amount Per Serving

L-Glutamine (Free-Form) * Daily Value not established

Other ingredients: None

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Protocol For Life Balance® L-Glutamine Powder is a pure, free-form, non-essential amino acid

This product is sold by weight not volume.





N-ACETYL-CYSTEINE (NAC) 600 / 1,000 MG

Amino Acids/Healthy Aging*

CODE: P0085 / 100 VEG CAPSULES / 600 MG CODE: P0185 / 120 TABLETS / 1,000 MG

SUPPORTS GLUTATHIONE PRODUCTION* HEALTHY RESPIRATORY FUNCTION* MAINTAINS CELLULAR HEALTH'

N-acetyl-cysteine (NAC) is a stable form of the non-essential amino acid cysteine. Cysteine is a sulfur-containing amino acid that acts as a stabilizer for the formation of protein structures.* Although NAC possesses its own free radical scavenging activity, its primary function in the body is to supply cysteine necessary for glutathione synthesis and replenishment.*

600 MG / 100 VEG CAPS / P0085

Supplement Facts

Serving Size 1 Veg Capsule		
	Amount Per Serving	% Daily Value
Selenium (from 5 mg L-Selenomethion	25 mcg ine)	45%
N-Acetyl-Cysteine (NAC)	600 mg	†
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Citric Acid and Microcrystalline Cellulose.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



1,000 MG / 120 TABLETS / P0185

Supplement Facts Serving Size 1 Tablet

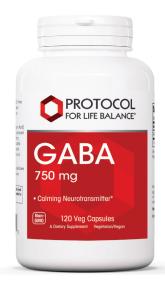
Amount Per Serving N-Acetyl-Cysteine (NAC) 1 g (1,000 mg)* **Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Vegetarian Coating [hypromellose (cellulose), stearic acid (vegetable source), sunflowe lecithin, triethyl citrate, sunflower oil] and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.







TAURINE 1,000 MG

Amino Acids/Ocular & Neurological Health*

CODE: P0142 100 VEG CAPSULES

NERVOUS SYSTEM HEALTH* HEALTHY VISUAL FUNCTION*

Taurine is a conditionally essential amino acidlike compound that is found in most tissues, but is especially abundant in the retina, heart, and nervous system. Taurine is involved in a number of physiological processes, including bile acid formation for fat digestion, maintenance of fluid balance, and regulation of cellular calcium concentration.* Taurine crosses the blood-brain barrier and is necessary for proper neurotransmission.* It is also critical for healthy muscular and cardiovascular function and is essential for normal vision.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Taurine (Free-Form) 1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose (capsule) and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.





L-THEANINE 200 MG

Amino Acids/Mood & Neurological Health*

CODE: P0147 **60 VEG CAPSULES**

RELAXED BUT ALERT MENTAL STATE* COGNITIVE SUPPORT* VEGETARIAN-VEGAN

Theanine is an amino acid shown to be the constituent responsible for the calming properties of green tea.* Theanine can cross the blood-brain barrier and enhances healthy alpha brain-wave activity, which is associated with a relaxed, but alert state.* At the same time, theanine helps to support the health of brain cells exposed to typical stimulation from excitatory neurotransmitters and promotes normal dopamine and GABA release.* Clinical studies have shown that theanine can support relaxation without drowsiness and promotes healthy cognitive function.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving L-Theanine

200 mg** 100 mg*

**Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



Inositol



L-TRYPTOPHAN 500 / 1,000 MG Amino Acids/Mood*/Sleep*

CODE: P0166 / 60 VEG CAPSULES / 500 MG CODE: P0167 / 120 VEG CAPSULES / 500 MG CODE: P0169 / 60 TABLETS / 1,000 MG

PREMIUM GRADE SUPPORTS RELAXATION* **ENCOURAGES POSITIVE MOOD*** PROMOTES RESTFUL SLEEP*

Tryptophan is an essential amino acid; therefore, it is not synthesized by the body and must be obtained from the diet. In the brain, Tryptophan is converted into serotonin, a neurotransmitter involved in feelings of well-being, calmness, personal security, and relaxation. It also plays a role in the regulation of appetite and synchronization of sleep patterns.*

500 MG / (P0166-60 VEG CAPS) (P0167-120 VEG CAPS)

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

Amount Per Serving

1 g (1,000 mg)** L-Tryptophan (Free-Form) (2-amino-3-indolylpropanoic acid)

* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Ascorbyl Palmitate and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients



1,000 MG / 60 TABLETS / P0169

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

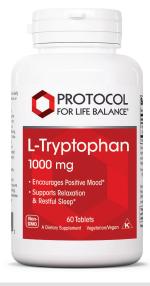
L-Tryptophan (Free-Form) 1 g (1,000 mg)** (2-amino-3-indolylpropanoic acid)

* Daily Value not established.

Other ingredients: Croscarmellose Sodium Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Vegetarian Coating [hypromellose (cellulose), calcium carbonate, glycerin] and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.





VITAMIN A 25,000

CODE: P0340 100 SOFTGELS

7.500 MCG (25.000 IU) SUPPORTS EYE AND SKIN HEALTH* **HEALTHY IMMUNE FUNCTION***

Vitamin A is a fat-soluble antioxidant that is required for normal vision, brain and bone development.* It is essential for healthy reproductive function, proper cell cycle regulation, and for the maintenance of skin and mucosal surface integrity.* Vitamin A is an essential nutrient for the support of healthy immune system performance, as well as for the rejuvenation of skin tissue.*

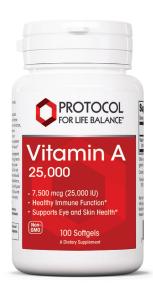
Supplement Facts Serving Size 1 Softgel % Daily Amount Per Serving Vitamin A amin A 7,500 mcg (from Retinyl Palmitate and Fish Liver Oil)

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Organic Extra Virgin Olive Oil.

Contains fish (cod, saithe, haddock, pollock).

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or sesame ingredients.





VITAMIN D₃ 400 / 1,000 / 2,000 5,000 / 10,000 / 50,000 IU

CODE: P0345 / 30 SOFTGELS / 5,000 IU CODE: P0365 / 120 SOFTGELS / 1,000 IU CODE: P0367 / 120 SOFTGELS / 2,000 IU CODE: P0372 / 120 SOFTGELS / 5,000 IU CODE: P0375 / 30 SOFTGELS / 10,000 IU CODE: P0376 / 120 SOFTGELS / 10,000 IU CODE: P0370 / NET VOL. 2 FL. OZ. (60 ML) / 400 IU CODE: P0371 / NET VOL. 1 FL. OZ. (30 ML) / 2,000 IU CODE: P0377 / 12 SOFTGELS / 50,000 IU CODE: P0378 / 50 SOFTGELS / 50,000 IU

ENHANCES CALCIUM ABSORPTION* SUPPORTS BONE AND DENTAL HEALTH* **REGULATES HEALTHY IMMUNE SYSTEM FUNCTION***

The major biologic function of vitamin D is to maintain healthy blood levels of calcium and phosphorus.* Vitamin D supports bone health by promoting calcium absorption and bone mineralization.* Vitamin D also plays an important role in healthy immune function and helps to regulate cell growth and differentiation.*

1.000 IU / 120 SOFTGELS / P0365

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D ₃	25 mcg (1,000 IU)	125%
(as Cholecalciferol) (fr	om Lanolin)	

Other ingredients: Extra Virgin Olive Oil and Softgel Capsule (bovine gelatin, glycerin, water). Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.



2,000 IU / 120 SOFTGELS / P0367

Supplement Facts

Suppleme	ent rac	12
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Vitamin D	50 mcg (2,000 IU)	250%
(as D ₃ Cholecalciferol)	(from Lanolin)	

Other ingredients: Extra Virgin Olive Oil and Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Safflower Oil

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients.



5,000 IU / (P0345-30 SGELS) (P0372-120 SGELS)

Supplement Facts

Serving Size 1 Softgel Vitamin D 125 mcg (5,000 IU) 625% (as D₃ Cholecalciferol) (from Lanolin)

Other ingredients: Extra Virgin Olive Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Safflower Oil.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients.

Non-GMO (H

10,000 IU / (P0375-30 SGELS) (P0376-120 SGELS)

Supplement Facts

Serving Size 1 Softgel Amount Per Serving Vitamin D₃ 250 mcg (10,000 (as Cholecalciferol) (from Lanolin) 250 mcg (10,000 IU) 1250%

Other ingredients: Extra Virgin Olive Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Safflower Oil.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients



400 IU PER 4 DROP / 2 FL. OZ. LIQUID / P0370

Supplement Facts

Serving Size 4 Drops (approx. 0.112 mL) Servings Per Container about 527

Amount Per Serving % Daily Value Vitamin D₃ 10 mcg (400 IU) 50% (as Cholecalciferol) (from Lanolin)

Other ingredient: MCT Oil (medium-chain triglycerides).

MCT Oil from coconut/palm kernel oil.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.

Non-GMO (H K IN GLASS BOTTLE

2.000 IU PER 2 DROPS / 1 FL, OZ, LIQUID / P0371

Supplement Facts

Serving Size 2 Drops (approx. 0.08 mL) Servings Per Container about 375

> **Amount Per Serving**

% Daily Value

50 mcg (2,000 IU) 250% Vitamin D (as D₃ Cholecalciferol) (from Lanolin)

Other ingredient: MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients.

This extra strength product has ten times the vitamin D₃ (1,000 IU per drop) than our regular strength product (100 IU per drop).

Non-GMO (H K IN GLASS BOTTLE

50,000 IU / (P0377-12 SGELS) (P0378-50 SGELS)

Supplement Facts Serving Size 1 Softgel

Amount Per Serving 1,250 mcg (50,000 IU) 6250% (as D₃ Cholecalciferol) (from Lanolin)

Other ingredients: Organic Extra Virgin Olive Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients.



Vitamin D

K₂ MK-7 & D₃ Vitamin D & K Blend

CODE: P0384

60 VEG CAPSULES

VASCULAR HEALTH* STRUCTURAL SUPPORT* 180 MCG K2 / 5,000 IU D3

Vitamins D₃ and K₂ have been extensively studied regarding their roles in calcium metabolism.* Research indicates that a synergistic relationship exists between vitamin K_2 and vitamin D_3 , especially in terms of bone strength and cardiovascular health.* While vitamin D₃ is recognized for its role in calcium absorption and metabolism, it is vitamin K₂ that directs calcium to bones rather than joint spaces and arteries.* This product is formulated with a clinically relevant dose of MK-7, a unique, soy-free form of vitamin K2 that has been shown to promote healthy vascular structures.*

Supple: Serving Size 1 Veg	ment Fac g Capsule	cts
	Amount Per Serving	% Daily Value
Vitamin D (as D ₃ Cholecalci	125 mcg (5,000 II iferol) (from Lanolin)	J) 625%
Vitamin K ₂ (as Menaquinone-	180 mcg 7) (MK-7) (MenaQ7®)(fro	† om chickpea)
† Daily Value not establis	shed.	

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients

 $\rm Mena Q7^{\circledcirc}\,$ is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.





LIQUID D₃ & MK-7 Vitamin D & K Blend

CODE: P0379 NET VOL. 1 FL. OZ.

BONE & CARDIOVASCULAR SUPPORT* NON-GMO 2,500 IU VITAMIN D₃ & 100 MCG VITAMIN K₂ PER SERVING

Liquid D $_3$ & MK-7 combines vitamins D $_3$ and K $_2$, two nutrients extensively researched for their roles in the health of bones, teeth and the cardiovascular system.* Vitamin D₃ works with calcium to support bone health, and more recent studies indicate it's important for immune system health as well." Mena Q7® MK-7 is a unique soy-free, bioavailable form of vitamin K₂ that plays a critical role in arterial health through its ability to support proper calcium metabolism in blood vessels and arteries.* Vitamin K₂ is also important for the formation of strong, healthy bones.*

Supplement Facts Serving Size 5 Drops (approx. 0.184 mL) Servings Per Container about 163 % Daily Value Amount Per Serving 62.5 mcg (2,500 IU) 313% Vitamin D (as D₃ Cholecalciferol) (from Lanolin) 100 mcg Vitamin K₂ (as Menaguinone-7) (MK-7) (MenaQ7®) (from chickpea) † Daily Value not established.

Other ingredient: MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil) and Peppermint Oil.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.





MK-7 VITAMIN K2 160 / 300 MCG

Cardiovascular Health*

CODE: P0993 / 60 TABLETS / 160 MCG CODE: P0994 / 60 VEG CAPSULES / 300 MCG

SUPPORTS BONE HEALTH* SUPPORTS VASCULAR ELASTICITY*

Vitamin K₂ is a significant regulator of tissue calcification and is critical for the maintenance of arterial elasticity and cardiovascular health.* MK-7 is the most readily absorbed and bioactive form of K_2 , but there are no common dietary sources. MK-7 is transported directly to tissues and has a longer half-life than either K₁ or MK-4.*

160 MCG / 60 TABLETS / P0993

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Vitamin K₂ (as Menaquinone-7) (MK-7) (MenaQ7®) (from chickpea)

** Daily Value not established

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending



300 MCG / 60 VEG CAPS / P0994

300 mca*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Vitamin K₂ (as Menaquinone-7) (MK-7) (MenaQ7®)

* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway, Patents granted and pending.

This extra strength product (300 mcg) has more vitamin K2 than our regular strength product (160 mcg).





E-400

Healthy Aging*

CODE: P0889 30 SOFTGELS / 400 IU CODE: P0906 120 SOFTGELS / 400 IU + SELENIUM

D-ALPHA WITH MIXED TOCOPHEROLS 268 MG (400 IU)

Vitamin E is essential for maintaining the integrity, function, and flexibility of cell membranes.* Vitamin E is also an important fat-soluble antioxidant.* Fat-soluble antioxidants help to protect cellular structures, especially membranes, from free radical attack.*

400 IU / 30 SOFTGELS / P0889

t Facts	
Amount Per Serving	% Daily Value
268 mg	1787%
	Amount Per Serving

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water], Soybean Oil (non-GMO), Organic Extra Virgin Olive Oil, Mixed Tocopherols (d-beta, d-delta, d-gamma) and Sunflower Oil.

Contains soy.

Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish or sesame ingredients.



400 IU + SELENIUM / 120 SOFTGELS / P0906

Supplement Serving Size 1 Softgel	Facts	
	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha Tocopherol)	268 mg	1787%
Selenium (from Selenium Yeast)	100 mcg	182%
Mixed Tocopherols (d-beta, d-gamma, d-delta)	48 mg	†
† Daily Value not established.		

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Soybean Oil, Beeswax and Soy Lecithin.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients.





GAMMA E TOCO COMPLEX

Healthy Aging*

CODE: P0818 90 SOFTGELS

ANTIOXIDANT PROTECTION OF VITAMIN E* WITH A FULL RANGE OF TOCOPHEROLS AND TOCOTRIENOLS

Gamma-tocopherol (Gamma-TOH) represents the primary dietary relative of vitamin E and recent scientific studies indicate that it possesses unique functions that distinguish it from other forms of vitamin E.* Gamma-TOH works within the vitamin E complex to trap and remove nitrogen radicals from the body and helps to balance the body's normal response to physiological stress.* Gamma E Toco Complex has the necessary full range of antioxidant protection of vitamin E, with a balance of tocopherols plus a full complement of tocotrienols.* The entire vitamin E complex acts to stabilize cell membranes, supports a healthy neurological system, and helps to maintain cardiovascular health.*

Serving Size 2 Softgels Servings Per	Container 45	
	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Vitamin E (as d-alpha Tocopherol)	300 mg	2000%
Total Tocopherols	600 mg	Ť
Gamma-Tocopherol	200 mg	t
Mixed Palm Tocotrienol Complex (Tocomin®)	10 ma	t

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob] and Rice Bran Oil.
Contains sov.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients.

Tocomin® is a registered trademark of Carotech Inc.

This product also has the following naturally occurring Mixed Tocopherols and Mixed Tocotrienols: delta-Tocopherol, beta-Tocopherol, gamma-Tocotrienol, alpha-Tocotrienol, delta-Tocotrienol, beta-Tocotrienol



5-METHYL FOLATE 1,000 / 5,000 MCG

Neurological Health*

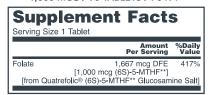
CODE: P0491 / 90 TABLETS / 1,000 MCG CODE: P0492 / 50 VEG CAPSULES / 5,000 MCG

METABOLICALLY ACTIVE FOLATE*
SUPERIOR BIOAVAILABILITY

Folate consumed in the diet or from supplements must be converted to its active form,

5-methyltetrahydrofolate (5-MTHF) to be used by the body. This is a multi-step biochemical process that, in some circumstances, may not be efficient enough to meet the body's needs. In addition, unlike folic acid, 5- MTHF can penetrate the bloodbrain barrier. This product utilizes a patented form of 5-MTHF with superior bioavailability.

1,000 MCG / 90 TABLETS / P0491



Other ingredients: Cellulose, Stearic Acid (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.

**MTHF = Methyltetrahydrofolate

V Non- KETO (H K

5,000 MCG / 50 VEG CAPS / P0492

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving %Daily Value Folate 8,333 mcg DFE** 2083% [5,000 mcg (6S)-5-MTHF***] [from (6S)-5-MTHF*** Glucosamine Salt]

Other ingredients: Cellulose Powder, Cellulose (capsule) and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Quatrefolic[®] is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.

**DFE = Dietary Folate Equivalent

***MTHF = Methyltetrahydrofolate

V Non- KETO (H K

LIQUID B-12 5,000 MCG

Neurological & Cardiovascular Health*/Energy Production*

CODE: P0452 NET VOL. 4 FL. OZ. (118 ML)

THREE FORMS OF B-12 FOR MAXIMUM UTILIZATION COMPLETE LIQUID B-COMPLEX HIGH IN FOLIC ACID-800 MCG VEGETARIAN-VEGAN NERVE HEALTH*

Vitamin B-12 is a water-soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins.* Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells.* In addition, adequate intake of vitamin B-12, along with folic acid and vitamin B-6, encourages healthy serum homocysteine levels, thereby supporting cardiovascular health.*

Because vitamin B-12 is found predominantly in animal products, strict vegetarians are at risk of developing vitamin B-12 deficiency and may benefit from supplementation.

This product is also formulated with the entire B-complex family of vitamins, which work together to support cellular energy production.*

Supplement Facts Serving Size 1 Teaspoon (5 mL) Servings Per Container about 24 Amount Per Serving % Daily Value Total Carbohydrate Thiamin (Vitamin B-1) (from Thiamin HCl) 3 mg 250% Riboflavin (Vitamin B-2) 3.4 mg 262% Niacin (Vitamin B-3) (as Niacinamide) 313% 50 mg 10 mg Vitamin B-6 (from Pyridoxine HCI) 588% 1,333 mcg DFE (800 mcg folic acid) Folate 333% 5 mg (5,000 mcg) 208,333% ylcobalamin (Co-enzyme Vitamin B-12 [as Cyanocobalamin, Methylcobalamin (Co-e Form) and Dibencozide (Co-enzyme Form)] 300 mca Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate) 1000% 50 mg * Percent Daily Values are based on a 2.000 calorie diet

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, Malic Acid, Natural Flavors, Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides), Potassium Sorbate (as preservative), Choline Bitartrate, Inositol, Grapefruit Fiber and Cinnamon Bark Oil.

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients.



B COMPLEX NEURO FACTORS

Neurological Health*/Energy Production*

CODE: P0406 **60 VEG CAPS**

WITH ALPHA-LIPOIC ACID AND COQ₁₀ **NERVOUS SYSTEM HEALTH*** ACTIVE CO-ENZYME FORMS VEGETARIAN-VEGAN

As co-factors in numerous biochemical reactions, B-complex vitamins are critical for energy production and the proper metabolism of carbohydrates, fats, and proteins.*

B vitamins are also important for the maintenance of normal nervous system function. blood cell production, and countless other metabolic processes.* Our B Complex Neuro Factors has a balanced combination of B vitamins in their activated coenzyme states.

	Amount Per Serving	% Dail Valu
Vitamin C (from Magnesium Ascorbate)	60 mg	679
Thiamin (Vit. B-1) (from Thiamin HCI and Cocarbox	ylase) 50 mg	41679
Riboflavin (as Riboflavin & from Riboflavin-5-Phosphate Sodium)	50 mg	38469
Niacin (Vitamin B-3) [from Inositol Hexanicoti and NAD (Nicotinamide Adenine Dinucleot		6259
Vit. B-6 (from Pyridoxine HCl and P-5-P Monohy	drate) 50 mg	29419
Folate [from Quatrefolic® (6S)-5-MTHF** 6 Glucosamine Salt] [400 mcg (6S)	880 mcg DFE 6)-5-MTHF**]	1709
Vit. B-12 (as Methylcobalamin and Dibencozi	de) 250 mcg	10,4179
Biotin	1,000 mcg	33339
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate and Pantethin	50 mg	10009
Choline (from Choline Bitartrate)	25 mg	59
Betaine Anhydrous	50 mg	
Alpha Lipoic Acid	50 mg	
PABA (Para-Aminobenzoic Acid)	25 mg	
Inositol	30 mg	

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

**MTHF = Methyltetrahydrofolate

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients

Quatrefolic $^{\circ}$ is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.







BIOTIN 5,000 MCG

Glucose Metabolism Support*

CODE: P0471 90 VEG CAPSULES

NORMAL GLUCOSE METABOLISM* **HEALTHY HAIR, SKIN & NAILS***

Biotin is a water-soluble vitamin necessary for cell growth, the production of fatty acids, and the metabolism of fats and amino acids.* It also plays key roles in gluconeogenesis and fatty acid synthesis, and is therefore critical for maintaining proper glucose and lipid metabolism.* Biotin is also known to be important for healthy skin, hair, and nails.*

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Biotin	5 mg (5,000 mcg)	16,667%

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



FLUSH-FREE NIACIN

Energy Production*

CODE: P0498 90 VEG CAPSULES

500 MG

HEXANICOTINATE FORM / FLUSH-FREE VEGETARIAN FORMULA

Niacin is a water-soluble B vitamin whose main role is to serve as a precursor for two essential biochemical coenzymes, NAD and NADP.* These two co-factors participate in virtually every aspect of energy production and metabolic processes.* NAD helps break down carbohydrates, fats, and proteins to produce energy.* Niacin is critical for DNA replication and repair.* Inositol hexanicotinate is a stable, non-flushing source of niacin. This superior source of niacin works to reduce the common "niacin flush" associated with high dose niacin supplements.

Supplement Facts

Serving Size 1 Veg Capsule	Amount Per Serving	% Daily
Niacin (Vitamin B-3) (from 640 mg of Inositol Hexanicotinate)	500 mg	3125%
Inositol (from 640 mg of Inositol Hexanicotinate)	135 mg	†
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Rice Flour and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Inositol hexanicotinate is a stable, non-flushing source of niacin. This superior source of niacin works to reduce the common "niac problems associated with high doses of niacin supplements.



METHYL-ACTION

WITHIN THE NORMAL RANGE*

Healthy Aging*

NEW UNIQUE FORMULA!

CODE: P0499 90 VEG CAPSULES

B COMPLEX WITH TRIMETHYLGLYCINE METHYLATION SUPPORT* HELPS MAINTAIN HOMOCYSTEINE LEVELS ALREADY

cardiovascular, eye, and bone health.*

Methyl-Action is formulated to support essential methylation with B-vitamins in their active forms.* Healthy methylation is vital for normal homocysteine metabolism.* Maintaining normal homocysteine levels promotes neurological,

Supplement Serving Size 2 Veg Capsules Servings Per Container 45	Facts	S
	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B-2) (from Riboflavin-5-Phosphate So	25 mg dium)	1923%
Vitamin B-6 (from Pyridoxal-5-Phosphate Mo	25 mg nohydrate)	1471%
Folate [588 mcc [from Quatrefolic® (6S)-5-MTHF*	1,000 mcg DFE g (6S)-5-MTHF**] Glucosamine Sa	250% ult]
Vitamin B-12 (as Methylcobalamin)	1,000 mcg	41,667%
Trimethylglycine (TMG) (Betaine Anhydrous)	1,000 mg	†
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

**MTHF = Methyltetrahydrofolate





METHYL B₁₂

Neurological & Cardiovascular Health*/Energy Production³

CODE: P0495 / 100 LOZENGES / 1,000 MCG CODE: P0496 / 60 LOZENGES / 5,000 MCG CODE: P0497 / 60 LOZENGES / 10,000 MCG

HEALTHY HOMOCYSTEINE METABOLISM* SUPPORTS HEALTHY NERVOUS SYSTEM* CELLULAR ENERGY PRODUCTION* NERVE HEALTH*

Vitamin B₁₂ has the largest and most complex chemical structure of all the vitamins. Most of its functions are related to its coenzyme activity, such as enzymes required for the production of DNA during cell division, as well as for the proper disposal of homocysteine.* B₁₂ is also necessary for the maintenance of a healthy nervous system.*

Protocol For Life Balance® offers three different potencies of this essential vitamin - 1,000, 5,000 and 10,000 mcg – in a highly absorbable lozenge form.

1,000 MCG / 100 LOZENGES / P0495

Supplement Facts Serving Size 1 Lozenge % Daily Value Amount Per Serving Vitamin B₁₂ 1 mg (1,000 mcg) (as Methylcobalamin)

Other ingredients: Fructose, Sorbitol, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Microcrystalline Cellulose, Citric Acid, Natural Flavors and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



5,000 MCG + 400 MCG FOLIC ACID 60 LOZENGES / P0496

Supple Serving Size	ement Fact	ts
	Amount Per Serving	% Daily Value
Folate [from Quatrefo	680 mcg DFE [400 mcg (6S)-5-MTHF**] blic® (6S)-5-MTHF** Glucosar	170% mine Salt]
Vitamin B-12 (as Methylco	5 mg (5,000 mcg) balamin)	208,333%

Other ingredients: Fructose, Sorbitol, Hydroxypropyl Cellulose, Microcrystalline Cellulose, Citric Acid, Stearic Acid (vegetable source), Natural Flavors and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.
**MTHF = Methyltetrahydrofolate

V(H/k)

10 000 MCC / (0 LOZENCES / B0407

10,000 11100 /	60 LOZENGES / PO	
	nent Fact	S
Serving Size 1	Lozenge	
	Amount Per Serving	% Daily Value

Other ingredients: Xylitol, Sorbitol, Cellulose, Citric Acid, Stearic Acid (vegetable source) and Natural

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

V(H/k)

NUTRI-DOSE™ B-12 10,000 MCG PORTABLE LIQUID VIALS Energy*

CODE: P0453 (BOX OF 12) 12:15 ML (0.5 FL. OZ.) VIALS

10,000 MCG OF VITAMIN B-12 & COMPLETE LIQUID B-COMPLEX

NO ADDED SUGARS - SWEETENED WITH XYLITOL & ERYTHRITOL

NO ARTIFICIAL COLORS

NATURAL FLAVOR BLEND OF RASPBERRY, STRAWBERRY & CHERRY

VIAL DELIVERY SYSTEM

VEGETARIAN-VEGAN

These convenient liquid vials are perfect for an on-the-go, high potency source of B-12.* Nutri-Dose[™] B-12 10,000 mcg is a convenient and palatable formula quickly absorbed by the body, delivering rapid, energizing nutrition.7

B vitamins are essential components in many major metabolic reactions as they play an important role in energy production, including the metabolism of lipids, carbohydrates, and proteins.*

Supplement Facts Amount Per Serving % Daily Value Calories Total <u>Carbohydrate</u> Total Sugars Includes 0 g Added Sugars Sugar Alcohols (Xylitol & Erythritol) Sugar Alcorols (xyllion & Erytillion) Thiamin (Vitamin B-1) (from Thiamin HCI) Riboflavin (Vitamin B-2) (from Riboflavin-5-Phosphate Sodium) Niacin (Vitamin B-3) (as Niacinamic Vitamin B-6 (from Pyridoxine HCI) Folate 680 mcg DFE 170% (400 mcg folic acid) 10 mg (10,000 mcg) 416,667% Vitamin B-12 (as Cyanocobalamin) 300 mcg Pantothenic Acid (from Calcium Pantother Choline (from Choline Bitartrate)

Other ingredients: De ionized Water, Vegetable Glycerin, Xylitol, Erythritol, Natural Flavors, Malic Acid and Potassium Sorbate (as a preservative) Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

V (H/k)



PANTETHINE 300 MG

Healthy Lipid Metabolism*

CODE: P0487 **60 SOFTGELS**

SUPPORTS HEALTHY SERUM LIPIDS ALREADY WITHIN HEALTHY RANGE* BIOLOGICALLY ACTIVE FORM OF VITAMIN B5*

Pantethine, a biologically active form of pantothenic acid (Vitamin B5), is the precursor of coenzyme A (CoA) and acyl-carrier protein (ACP), which are both essential cofactors in the metabolism of carbohydrates, lipids, and amino acids.*

Pantethine has been shown to promote liver and vascular health through its ability to support healthy lipid metabolism in these tissues.* Clinical and non-clinical studies suggest that pantethine can support healthy serum lipid levels that are already within the normal range.*

Supplement Facts Serving Size 1 Softgel

Amount Per Serving

Pantethine (Coenzyme A Precursor)

** Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Rice Bran Oil, Sunflower Lecithin and Beeswax.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.





C-1000 CAPS

Vitamin C / Immune Support*

CODE: P0690 120 VEG CAPSULES

WITH BIOFLAVONOIDS & RUTIN ANTIOXIDANT POWER OF VITAMIN C*

Vitamin C is an essential nutrient well known for its support of healthy immune system function.* As a powerful antioxidant, it can protect the body's structures from oxidative damage generated by cellular metabolism.* Vitamin C plays an important role in a number of metabolic functions, including the regeneration of vitamin E and the activation of folic acid.* Because vitamin C is a critical cofactor in the formation of collagen, it helps maintain the connective tissue that supports skin, bones, teeth, and arterial walls.*

t Fact	S
Amount Per Serving	% Daily Value
1 g (1,000 mg)	1111%
100 mg	†
25 mg Bud)	†
	Per Serving 1 g (1,000 mg) 100 mg 25 mg

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish,



C-1000 + ZINC-15

Vitamin C / Immune Support*

CODF: P1120 120 VEG CAPSULES

SEASONAL SUPPORT FORMULA* ANTIOXIDANT PROTECTION*

C-1000 + Zinc-15 combines vitamin C with zinc for powerful immune system support.* This product utilizes TRAACS™ Zinc Bisalvcinate, a form of zinc that has been shown in clinical studies to have superior bioavailability compared to other forms of supplemental zinc.

Supplement Serving Size 1 Veg Capsule	t Fact	S
	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	1 g (1,000 mg)	1111%
Zinc (from 75 mg Zinc Bisglycinate)	15 mg) (Albion™)	136%

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Albion $^{\text{\tiny{1M}}}$ is a trademark of Balchem Corporation or its subsidiaries.



PROTOSORB™ C 500

Vitamin C / Immune Support*

CODF: P0716 100 VEG CAPSULES

ANTIOXIDANT PROTECTION OF VITAMIN C* BUFFERED, NON-ACIDIC / ENHANCED CELLULAR ABSORPTION*

ProtoSorb™C is a unique formulation featuring Transport C-PLUS® Threonic Acid, which has been shown to enhance uptake of vitamin C.* This buffered, non-acidic vitamin C supplement also contributes alpha-lipoic acid, a free radical scavenger known to help regenerate both vitamin C and glutathione in the body.* Studies suggest that alpha-lipoic acid may further promote the body's utilization of vitamin C, by activating uptake into cells via the glucose transport pathways.* Bioflavonoids also participate at the cellular level to create a wellabsorbed, highly biologically available vitamin C supplement.* Vitamin C is required for the synthesis of collagen, a structural component of blood vessels, tendons, ligaments, and bone.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Servin % Daily Vitamin C (from Threonic Acid Enhanced Buffered Calcium Ascorbate) Calcium (from Buffered Calcium Ascorbate) 60 ma Fransport C-PLUS® (Trademarked blend of 650 mg Threonic Acid Enhanced Buffered Calcium Ascorbate and Alpha Lipoic Acid) 40 ma Alpha Lipoic Acid Citrus Bioflavonoid Complex 100 mg Acerola Powder (Malpighia punicifolia) (Fruit) 25 mg Rose Hips Powder (Rosa canina) (Fruit) 25 mg Rutin Powder (Sophora japonica) (Flower Bud) 25 mg † Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or the state of the control of the control





GLUCOSE BALANCE™

Blood Sugar Support*

CODE: P3318 90 VEG CAPSULES

SPECIALIZED FORMULA FOR GLUCOSE MANAGEMENT* WITH CHROMEMATE® & GLUCOFIT®

Glucose Balance™ has GlucoFit®, a dietary ingredient extracted from the herb banaba (Lagerstroemia speciosa). GlucoFit®'s active component, corosolic acid, has been scientifically shown to support healthy glucose levels already within the normal range.* Glucose Balance™ also features the clinically validated ingredient ChromeMate® (biologically active niacin-bound chromium), which enhances chromium utilization and has been shown to support healthy glucose metabolism.* This product also includes magnesium, thiamin, pantothenic acid, and biotin, as well as the herb Gymnema sylvestre, for their well-known roles in the support of glucose metabolism.*

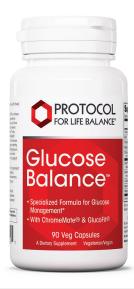
Pe	Amount Serving	% Dail Valu
Thiamin (from Thiamin HCI) (Vitamin B-1)	8 mg	6679
Biotin 1 mg (1,	000 mcg)	3,3339
Pantothenic Acid (from Calcium Pantothenate)	8 mg	160°
Magnesium (from Magnesium Oxide and Citrate)	67 mg	16°
Chromium (ChromeMate®) (from Chromium Polynicotinate)	133 mcg	380
GlucoFit® (from Lagerstroemia speciosa Extract) (Banaba) (Leaf) (min. 18% Corosolic Acid)	1.5 mg	†
Gymnema sylvestre Extract (Leaf) (GS4 PLUS®) (min. 25% Gymnemic Acid)	67 mg	†
L-Glutamine (Free-Form)	167 mg	†
Alpha Lipoic Acid	15 mg	†
Vanadium (from Vanadium Amino Acid Chelate)	167 mcg	

Other ingredients: Hypromellose (cellulose capsule), Rice Flour and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients

ChromeMate[®] is a Lonza trademark.; GlucoFit[®] is a registered trademark of Softgel Technologies, Inc.; GS4 PLUS[®] is a registered trademark of Sabinsa Corporation.





GLUCOSE MANAGEMENT WITH BERBERINE HCL

Blood Sugar Support*

CODE: P4600 90 SOFTGELS

SUPPORTS GLUCOSE AND LIPID LEVELS ALREADY WITHIN THE NORMAL RANGE*

OPTIMAL BERBERINE ABSORPTION AND GI TOLERABILITY

Berberine is a natural constituent of herbs such as goldenseal, Oregon grape, and barberry. Clinical studies have demonstrated that berberine helps to support already normal glucose and lipid metabolism.* Berberine is, however, known for its limited bioavailability; therefore, this product includes caprate (C10, a medium-chain triglyceride) to promote optimal absorption and maintenance of gastrointestinal comfort during berberine supplementation.*

Supplement F Serving Size 1 Softgel	0.0.0	
	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Saturated Fat	0.5 g	3%*
Berberine HCI (from <i>Berberis aristata</i> bark)	400 mg	†
MCT (Medium Chain Triglycerides) Oil	700 mg	†
Capric Acid (C10) (from MCT Oil)	238 mg	

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, caramel color), Beeswax and Sunflower Lecithin.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

NATUROKINETICS® (NK) is a compilation of scientific data that details how nutrients and natural substances are absorbed, distributed, metabolized by and eliminated from the body. Protocol For Life Balance® products are fully tested in our cGMP inspected facilities to meet or exceed label claims.



7-KETO® LEANGELS™

Body Composition*

CODE: P3022 60 SOFTGELS

HEALTHY WEIGHT MANAGEMENT*
WITH CLA, GREEN TEA EXTRACT & RHODIOLA

7-Keto-DHEA is a natural metabolite of dehydroepiandrosterone (DHEA) that peaks in early adulthood and declines with age.* 7-KETO® has been clinically shown to support healthy fat distribution and assist in the maintenance of a healthy weight when used alongside a healthy diet and exercise regimen.* In addition, 7-KETO® LeanGels™ combines 7-KETO® with green tea extract, acetyl-L-carnitine, and rhodiola extract to support cellular fat transport.*

Supplement Facts Serving Size 1 Softgel % Daily Value Amount Per Serving Calories Total Fat 0.5 g < 1% 7•KETO® (DHEA Acetate-7-one) 100 mg Conjugated Linoleic Acid (CLA) (from Safflower Oil) 400 mg Green Tea Extract (Camellia sinensis) (Leaf)** 75 mg Acetyl-L-Carnitine (from Acetyl-L-Carnitine HCI) Rhodiola Extract (Rhodiola rosea) (Root) 10 mg * Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax, Soy Lecithin and Sunflower Oil.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients.

** Has naturally occurring caffeine.

7-KETO® is a registered trademark of InterHealth Nutraceuticals Inc.

KETO

ADRENAL CORTISOL SUPPORT™

Body Composition*

CODE: P3344 90 VEG CAPSULES

SUPPORTS HEALTHY ADRENAL RESPONSE*
APPETITE MANAGEMENT*
WITH RELORA™
VEGETARIAN-VEGAN

Everyday life stress can impact adrenal production of cortisol and trigger stress-related eating. Adrenal Cortisol Support™ is a botanical and nutritional formulation that naturally supports a normal adrenal response and helps to promote healthy blood sugar management.* Adrenal Cortisol Support™ features Relora™, a proprietary herbal combination that has clinically demonstrated the ability to support healthy cortisol levels, temporarily relieve perceived daily stress, and help manage nervous appetite.*

Supplement Fa	cts	•
Serving Size 1 Veg Capsule		
Per	Amount Serving	% Daily Value
Vitamin C (from Calcium Ascorbate)	33 mg	37%
Pantothenic Acid (from Calcium Pantothenate)	10 mg	200%
Calcium (from Calcium Carbonate and Ascorbate)	12 mg	1%
Magnesium (from Magnesium Oxide)	8 mg	2%
Chromium (from Chromium Nicotinate Glycinate) (Albion™)	20 mcg	57%
Relora® (Proprietary blend of Magnolia officinalis bark extract and Phellodendron amurense bark	200 mg extract)	Ť
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf) [min. 50% EGCg (Epigallocatechin Gallate)]	90 mg	t
Ashwagandha Extract (<i>Withania somnifera</i>) (Root and Leaf)	20 mg	†
Holy Basil Extract (Ocimum tenuiflorum) (Leaf)	20 mg	†
Reishi Mushroom Powder (Ganoderma lucidum)	20 mg	t
Rhodiola Extract (Rhodiola rosea) (Root)	20 mg	t
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Relora® is a Lonza trademark, registered in USA. Albion $^{\text{\tiny M}}$ is a trademark of Balchem Corporation or its subsidiaries.

V KETO K





PURE MCT OIL LIQUID 16 / 32 FL. OZ.

Body Composition*

CODE: P2197 / NET VOL. 16 FL. OZ. (473 ML) CODE: P2199 / NET VOL. 32 FL. OZ. (946 ML) CODE: P2235 / NET VOL. 16 FL. OZ. (473 ML) (ORGANIC)

WEIGHT MANAGEMENT* METABOLIC SUPPORT* VEGETARIAN-VEGAN

MCTs (medium-chain triglycerides) are fats that are metabolized differently than most dietary fats.* Unlike longer-chain triglycerides, MCTs require little or no enzymatic breakdown and are easily absorbed across the wall of the small intestine and delivered straight to the liver where they can be used directly for energy production (instead of being stored as fat).* In essence, they act similarly to carbohydrates, but without the requirement of insulin and with no effect on blood sugar.*

Studies have demonstrated that MCT oil consumption along with a healthy diet can help to maintain a healthy body weight, while sparing lean tissue *

> 16 FL. OZ. LIQUID / P2197 32 FL. OZ. LIQUID / P2199

Supplement Facts Serving Size 1 Tablespoon (15 mL)

100 14 g 14 q	18%* 70%*
14 a	700/ *
14 y	70%
14 g apric Acid	† (C10)]
֡	Capric Acid

Other ingredients: None.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients

Protocol For Life Balance® MCT Oil is derived from coconut/palm kernel oil that is sustainably sourced to protect our planet and preserve native wildlife habitats.









16 FL. OZ. ORGANIC LIQUID / P2235

Supplement Facts Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 3	12	
	Amount Per Serving	% Daily Value
Calories	100	
Total Fat	14 g	18%**
Saturated Fat	14 g	70%**
Organic MCT Oil (Medium-Chain Triglycerides)	14 g (from Organic C	† oconut Oil)
**Percent Daily Values are based on a	2,000 calorie diet.	

Other ingredients: None

Certified Organic by QAI.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.

Typical C8 and C10 composition: 50%-80% Caprylic Acid (C8) 20%-50% Capric Acid (C10)

Protocol For Life Balance® regular and organic MCT Oils are derived from coconut oil that is sustainably sourced to protect our planet and preserve native wildlife habitats.









CARDIO TRI-PLEX

Cardiovascular Health*

CODE: P1675 120 SOFTGELS

RED YEAST RICE / CoQ₁₀ / OMEGA-3 FISH OIL CARDIOVASCULAR SUPPORT*

Red yeast rice (RYR) is a natural product that has been used by Asian traditional herbalists for centuries. It is produced by fermenting red yeast (Monascus purpureus) with rice. The red yeast rice in Protocol For Life Balance® Cardio Tri-Plex™ is carefully produced to avoid the presence of citrinin, an unwanted by-product of RYR fermentation process. This product is further enhanced with the addition of CoQ_{10} and omega-3 fish oil to support healthy cardiovascular function.*

Serving Size 2 Softgels Servings Per C	Container 60	
	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Natural Fish Oil Concentrate	2 g (2,000 mg)	Ť
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	360 mg	Ť
Docosahexaenoic Acid (DHA)	240 mg	t
Organic Red Yeast Rice (Monascus purpureus)	600 mg	Ť
CoQ ₁₀ (Coenzyme Q ₁₀)	60 mg	+

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax, Natural d-alpha Tocopherol and Soy Lecithin. Contains fish (sardines, anchovies, mackerel) and soy.

Not manufactured with wheat, gluten, milk, egg or shellfish



CLINICAL CARDIO-6

Cardiovascular Health*

CODE: P3383 90 VEG CAPSULES

CARDIOVASCULAR SUPPORT* HELPS MAINTAIN BLOOD PRESSURE ALREADY WITHIN THE HEALTHY RANGE* CLINICALLY VALIDATED INGREDIENTS

Clinical Cardio-6 is a powerful combination of targeted nutrients and botanicals known to promote optimal cardiovascular health.* Carnitine and CoQ₁₀ are meant to support energy production in the heart, while hawthorn and MegaNatural®-BP™ grape seed extract support healthy blood pressure already within the normal range.* MK-7 is completing this formula to help maintain arterial flexibility.*

25 mcg (1,000 IU) 125°	/itamin D (as D ₃ Cholecalciferol)
	(from Lanolin)
250 mg †	-Carnitine (Carnipure®) (from 373 mg L-Carnitine Tartrate)
150 mg † na) (Leaf & Flower) "-O-rhamnoside)	Hawthorn Extract (Crataegus laevigata and/or monog (Standardized to min. 1.8% Vitexin-
™) 75 mg † 90% Polyphenols)	Grape Seed Extract (MegaNatural®-BF (Vitis vinifera) (Standardized to min.
50 mg †	Coenzyme Q10 (CoQ10)

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

 $\label{eq:MegaNatural} \mbox{\tt MegaNatural} \mbox{\tt BP}^{\mbox{\tt mad}} \mbox{\tt its logo are trademarks of California Natural Color a division of E&J Gallo Winery.}$

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

Carnipure® is a Lonza trademark.







CoQ₁₀ 100/200/400/600 MG

Cardiovascular Health*

CODE: P3208 / 90 SOFTGELS / 100 MG CODE: P9932 / 30 VEG CAPSULES / 200 MG CODE: P3198 / 60 SOFTGELS / 400 MG CODE: P3182 / 60 SOFTGELS / 600 MG

SUPPORTS HEALTHY HEART MUSCLE*
PROMOTES CELLULAR ENERGY PRODUCTION*

Coenzyme Ω_{10} , also called ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of coenzyme Ω_{10} (Co Ω_{10}) are found in the heart, where constant chemical energy availability is imperative.*

In addition to its benefits for cardiac function through energy production, CoQ10 also functions as a powerful fat soluble free radical scavenger, providing protection against free radical attack for vascular structures, as well as for other tissues.*

Protocol For Life Balance® CoQ_{10} is a Pharmaceutical Grade natural, all-**trans** form produced by fermentation.

100 MG / 90 SOFTGELS / P3208

Supplement Facts Serving Size 1 Softgel Amount Per Serving Coenzyme Q₁₀ (CoQ₁₀) 100 mg** "Daily Value not established.

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color)], Organic Extra Virgin Olive Oil, Mixed Tocopherols (from sunflower oil), Sunflower Lecithin and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients.



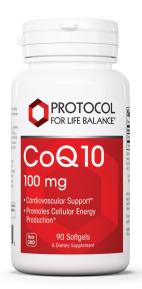
200 MG / 30 VEG CAPSULES / P9932

	,,,,
Supplement Fac	ets
Serving Size 1 Veg Capsule	
Amount Per Serving	
Coenzyme Q ₁₀ (CoQ ₁₀) (Ubiquinone)	200 mg**
** Daily Value not established.	

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients. PEG free.





400 MG / 60 SOFTGELS / P3198

Supplement Fac Serving Size 1 Softgel	cts	
	Amount Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%**
Vitamin E (as d-alpha Tocopherol) (soy-free)	20 mg	133%
Coenzyme Q ₁₀ (CoQ ₁₀)	400 mg	t
Sunflower Lecithin	35 mg	t
** Percent Daily Values are based on a 2,000 calorie of Daily Value not established.	liet.	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, organic caramel color], Organic Extra Virgin Olive Oil and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or sesame ingredients. PEG free.



600 MG / 60 SOFTGELS / P3182

Supplement Fa	acts	
Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	0.5 g	< 1%**
Total Carbohydrate	< 1 g	< 1%**
Vitamin E (as d-alpha Tocopherol)	20 mg	133%
Coenzyme Q ₁₀ (CoQ ₁₀)	600 mg	t
Soy Lecithin	50 mg	†
** Percent Daily Values are based on a 2,000 calorie	diet. † Daily Value no	t established.

Other ingredients: Rice Bran Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, annatto extract, zinc oxide] and Beeswax Not manufactured with wheat, gluten, corn, milk, egg, fish or shellfish ingredients. PEG-free.

This product has more ${\rm CoQ}_{10}$ (600 mg per softgel) than our regular strength product (60 mg per softgel).



CODE: P1814 90 TABLETS

GARLIC 5000

5,000 MCG OF ALLICIN ODOR CONTROLLED ENTERIC COATED VEGETARIAN-VEGAN

This garlic product is standardized to yield allicin and allicin precursors, which convert to allicin when ingested. It is enteric coated so that this conversion occurs in the upper intestine for optimal absorption, while it avoids the release of garlic's pungent odor in the stomach. Allicin precursor levels are achieved through a special process that keeps garlic's moisture low. This process maintains allicin precursors while preserving all of the natural goodness of whole fresh garlic. Enjoy the benefits of this odor-controlled garlic tablet!

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Odor-Controlled Garlic 500 mg⁻¹ (*Allium sativum*) (Bulb) (min. 5,000 mcg Allicin potential per tablet)

* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Enteric Coating, Croscarmellose Sodium, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

V Non-





NATTOKINASE

Cardiovascular Health*

CODE: P3140 60 VEG CAPSULES

2,000 FUs OF ACTIVITY
CARDIOVASCULAR HEALTH*
HELPS MAINTAIN NORMAL BLOOD FLOW*
VEGETARIAN-VEGAN

Nattokinase is an enzyme isolated from natto, a traditional Japanese fermented soy food that has been consumed for thousands of years for its numerous health promoting properties.* More recently, both clinical and non-clinical studies have demonstrated that nattokinase can promote heart and circulatory health by helping to maintain normal blood fluidity.* Each serving of Protocol For Life Balance® non-GMO nattokinase has 2,000 FU (Fibrinolytic Units) for the maintenance of proper blood flow.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Nattokinase (2,000 FU) 100 mg* (enzyme from Natto Extract) (Non-GMO soy derived)

* Daily Value not established.

Other ingredients: Cellulose Powder, Cellulose (capsule), Stearic Acid (vegetable source) and Silica. Contains soy.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

Contains no Vitamin K.

V<u>k</u>



RED YEAST RICE EXTRACT

Cardiovascular Health*

CODE: P3500 90 VEG CAPSULES

MADE WITH CERTIFIED ORGANIC RED YEAST RICE 600 MG

VEGETARIAN FORMULA

Red yeast rice is a natural product that has been used by Asian traditional herbalists since approximately 800 A.D. Produced by fermenting red yeast (*Monascus purpureus*) with white rice, red yeast rice is commonly used in cooking applications to enhance the color and flavor of foods.

Protocol For Life Balance® Red Yeast Rice Extract is carefully produced to avoid the presence of citrinin, an unwanted by-product of the fermentation process.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving

Organic Red Yeast Rice 1.2 g (1,200 mg)³ (Monascus purpureus)

Daily Value not established.

Other ingredient: Vegetable Polysaccharide (capsule). Certified Organic by QAI.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



RED YEAST RICE PLUS

Cardiovascular Health*

CODE: P3321 90 VEG CAPSULES

WITH CoQ10, MILK THISTLE & ALPHA-LIPOIC ACID CARDIOVASCULAR SUPPORT* SUPPORTS LIVER FUNCTION*

Red yeast rice (RYR) is a natural product that has been used by Asian traditional herbalists for centuries and is produced by fermenting red yeast (Monascus purpureus) with rice. It is commonly used in cooking to enhance the color and flavor of foods. Red Yeast Rice Plus includes alpha-lipoic acid and CoQ10 for free radical protection, as well as silymarin to support healthy liver function.* CoQ10 is also known for its cardiovascular supporting properties.*

This product is carefully produced to avoid the presence of citrinin, an unwanted byproduct of RYR fermentation process.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving

Amount Per Serving

Organic Red Yeast Rice (Monascus purpureus)

Milk Thistle Extract (Silybum marianum) (Fruit/Seeds) (Standardized to 168 mg Silymarin Flavonoids - equivalent 80%)

100 mg*

60 mg

Alpha-Lipoic Acid
CoQ₁₀ (Coenzyme Q₁₀) (as Ubiquinone)

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.

Natural trans-form of CoQ₁₀.

Daily Value not established.



D-RIBOSE POWDER

Cardiovascular Health*

CODE: P2147 NET WT. 8 OZ. (227 G)

ENERGY PRODUCTION AND STORAGE* SUPPORTS HEALTHY HEART FUNCTION* PURE POWDER

Ribose is a pentose sugar found in all living cells and is a structural component of nucleotides such as DNA, RNA, and ATP.* ATP is the ultimate source of energy for all cells and is necessary for all muscle movement.* Ribose has been clinically researched for its role in the support of adenosine triphosphate (ATP) production within skeletal muscle and for the maintenance of healthy cardiac energy metabolism.* These studies indicate that ribose can help to sustain ATP production in these vital tissues.*

Supplement Facts

Serving Size 1½ Level Teaspoons (5 g)

eervinger or eeritainer ase	- at 10	
	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%**
Total Sugars	5 g	†
D-Ribose Powder (Bioenergy RIBOSE®)	5 g (5,000 mg)	†

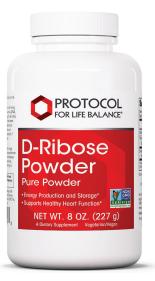
** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: None.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Bioenergy RIBOSE® is a registered trademark of Bioenergy Life Science, Inc. Use of ribose is licensed by Bioenergy Life Science, Inc. under U.S. patents and foreign patents issued and pending.





UBIQUINOL 100/200 MG

Cardiovascular Health*

CODE: P3142 / 60 SOFTGELS / 100 MG CODE: P3144 / 60 SOFTGELS / 200 MG

ENHANCED BIOAVAILABILITY CARDIOVASCULAR SUPPORT*

Ubiquinol is the active form of CoQ_{10} produced naturally within the body that plays a central role in cellular energy production.* Ubiquinol is known for its powerful free radical neutralizing activity, which is important for the protection of biological membranes against oxidative stress, as well as for regenerating antioxidants such as vitamin C and vitamin E.* Scientific studies indicate that Ubiquinol can help to support normal cardiovascular and neuronal functions.* Ubiquinol has superior bioavailability to other forms of CoQ_{10} , as shown in clinical trials.

100 MG / 60 SOFTGELS / P3142

Supplement Facts Serving Size 1 Softgel Amount Per Serving Ubiquinol (Kaneka Ubiquinol™) 100 mg* (Reduced Form CoQ₁₀) * Daily Value not established.

Other ingredients: MCT Oil (medium chain triglycerides), Softgel Capsule (bovine gelatin, glycerin, water, carob) and Beeswax.

MCT Oil from coconut/palm kernel oil.

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

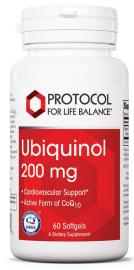
Protocol For Life Balance® CoQ_{10} products contain only the natural, all-*trans* form of CoQ_{10} produced by fermentation.

 $Q+^{\otimes}$, Kaneka Ubiquinol™ and the quality seal™ are registered or pending trademarks of Kaneka Corp.

200 MG / 60 SOFTGELS / P3144

200 MG / 60 SOFTGELS / P3 144		
Supplement	Facts	
Serving Size 1 Softgel		
Amount Per Serving		
Ubiquinol (Kaneka Ubiquinol™) (Reduced Form CoQ ₁₀)	200 mg*	
* Daily Value not established.		

Other ingredients: MCT Oil (medium chain triglycerides), Softgel Capsule (bovine gelatin, glycerin, water, carob) and Beeswax.



CALCIUM D-GLUCARATE 500 MG

Detoxification Support*

CODE: P3097 90 VEG CAPSULES

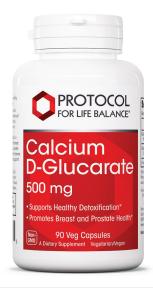
SUPPORTS HEALTHY DETOXIFICATION*
PROMOTES BREAST AND PROSTATE HEALTH*

Naturally found in certain fruits and vegetables, calcium-d-glucarate is a biochemical compound that supports healthy glucuronidation, a natural process in which normal cells eliminate microscopic waste and the by-products of detoxification.* In this way it is especially helpful in promoting cellular health in liver, prostate and breast tissues.* Taken as a supplement, calciumd-glucarate encourages elimination of typical environmental toxins and normal hormone metabolites through its support of healthy detoxification mechanisms.*

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose and Stearic Acid (vegetable source)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.





DIM 200 PLUS CDG 100

Detoxification Support*

CODE: P3049 90 VEG CAPSULES

DIINDOLYLMETHANE PLUS CALCIUM D-GLUCARATE

PROMOTES HEALTHY HORMONE METABOLISM*

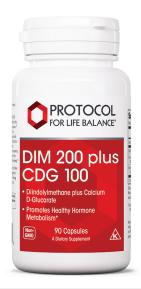
Protocol For Life Balance® DIM 200 plus CDG 100 promotes healthy hormone metabolism by supporting your body's normal detoxification processes.* The featured ingredient, diindolylmethane (DIM), is a phytochemical that's a metabolite of certain compounds found in cruciferous vegetables such as broccoli, Brussels sprouts, and cabbage. We've also included calcium D-glucarate (CDG) to support the glucuronidation process, an important mechanism of detoxification, aiding in the elimination of certain environmental toxins from the body.*

Supplement Serving Size 1 Veg Capsule	Facts	3
	Amount Per Serving	% Daily Value
Calcium (from Calcium D-Gluca	rate) 12 mg	1%
DIM (3,3'-Diindolylmethane)	200 mg	†
Calcium D-Glucarate (Tetrahydrate Form)	100 mg	†
Sodium Copper Chlorophyllin (Chlorophyll)	20 mg	†
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





LIVER DETOX SUPPORT

Detoxification Support*

CODE: P2448 90 VEG CAPSULES

PROMOTES LIVER HEALTH*
COMPREHENSIVE DETOXIFICATION SUPPORT*

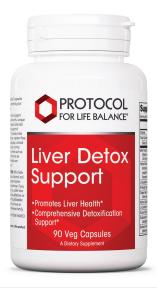
Liver Detox Support combines milk thistle extract with a unique herb-enzyme blend to create a balanced botanical formula for the support of healthy liver function.* This product also features glutathione, a potent free radical scavenger that also plays a critical role in maintaining the body's normal elimination pathways.* Nutrients such as N-acetyl cysteine and methionine are included to support the body's own production of glutathione.*

Serving Size 3 Veg Capsules Serving	ings Per Con	tainer 30
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	< 1 g	3%*
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit/Seeds) 240 mg Silymarin Flavonoids - ec		
Herbal Blend of: Artichoke (<i>Cynara scolymus</i>) (Lea <i>vulgaris</i>) (Root), Raspberry (<i>Rubu</i>		
Glutathione (Reduced)	200 mg	†
Grape Seed (Standardized Extract) (Vitis vinifera) (Standardized for P	100 mg olyphenols)	†
Alpha Lipoic Acid	100 mg	†
L-Carnitine (from L-Carnitine Tartrate	e) 50 mg	†
Baikal Skullcap (Root) (Scutellaria baicalensis)	50 mg	†
Schisandra (Fruit) (Schisandra chinensis)	100 mg	†
Barberry (Root Bark) (Berberis vulgaris)	30 mg	†
Organic Turmeric (Root) (Curcuma longa)	30 mg	†
I -Methionine	20 mg	t

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Silicon Dioxide, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Ascorbyl Palmitate.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





MILK THISTLE EXTRACT

Detoxification Support*

CODE: P4739 90 VEG CAPSULES

WITH ARTICHOKE & DANDELION LIVER SUPPORT FORMULA*

Studies abroad and in the U.S. have indicated that the constituents in silymarin may help to support healthy liver function.*

Milk thistle (Silybum marianum) has been used by traditional herbalists for centuries. Silymarin, an extract of milk thistle, is composed of a family of flavonoids, including silybin, with smaller amounts of silydianin and silychristin. Milk thistle has been shown to support the production of glutathione by the liver.* Studies indicate that the constituents in silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of artichoke & dandelion for additional support.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving		
Milk Thistle Extract	300	mg*
(Silybum marianum) (Fruit/Seed) (Standardi		
240 mg Silymarin Flavonoids - equivalent 8	0%)	
Dandelion Boot (Taraxacum officinale)	100	ma*

Dandelion Root (*Taraxacum officinale*) 100 mg**

Artichoke (*Cynara scolymus*) (Leaf) 50 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Silicon Dioxide and Magnesium Stearate (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



ORTHOFLORA YEAST SUPPORT™

Detoxification Support*

CODE: P3308 90 VEG CAPSULES

WITH PAU D'ARCO, OREGANO OIL, BLACK WALNUT & CAPRYLIC ACID

SUPPORTS HEALTHY BALANCE OF INTESTINAL FLORA*

OrthoFlora Yeast Support™ is a unique formula with nutritional and traditional herbal ingredients that may help to support a healthy balance of intestinal flora.* Candida albicans is a naturally occurring yeast that typically resides in the gut as part of the normal gut flora.* It is well known that a proper composition of intestinal organisms is critical to healthy digestive and immune system function, as well as for the support of proper detoxification processes.* Although OrthoFlora Yeast Support™ is not meant to clear Candida albicans from the gut, it can help to support a healthy balance of intestinal flora, a healthy immune system, proper detoxification, and overall digestive well-being.*

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 45 Amount Per Servin % Daily Calories Total Fat 0.5 g 0.5 g Saturated Fat Total Carbohydrate 2,000 mcg 6667% Magnesium (from Magnesium Caprylate) 45 mg 300 mg Pau D'Arco (Tabebuia heptaphylla) (Bark) Black Walnut (Juglans nigra) (Hull) Oregano Oil Powder (Origanum vulgare) 300 mg

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source), Ascorbyl Palmitate and Silicon Dioxide.

Contains tree nut (walnut hulls).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.







ALOE VERA GELS

Digestive Support*

CODE: P3036 100 SOFTGELS

10,000 MG EQUIVALENCY PER SOFTGEL BIOACTIVE MUCOPOLYSACCHARIDES* SUPPORTS THE BODY'S HEALING PROCESSES*

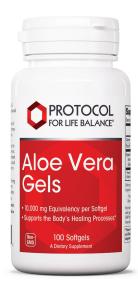
Aloe vera offers a variety of nutrients, including vitamins, minerals, enzymes, and amino acids. In addition, aloe vera has mucopolysaccharides, also known as glycosaminoglycans (GAGs), which are thought to be its most important constituent components. Numerous scientific studies have demonstrated the ability of aloe to support the body's natural healing processes.* It has also been shown to promote healthy digestive function.*

Suppleme		•
Serving Size 2 Softgels	Servings Per Con	tainer 50
	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Organic Aloe Vera (<i>Aloe barbadensis</i>) (Inno (Equivalent to 20,000 m		† Gel)
* Percent Daily Values are base † Daily Value not established.	ed on a 2,000 calorie diet	

Other ingredients: Organic Extra Virgin Olive Oil, Softgel Capsule (bovine gelatin, glycerin, water) and Silica.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a





BIOCORE® ENHANCED ENZYMES™

Digestive Support*

CODE: P2958 90 VEG CAPSULES

MAXIMUM FOOD UTILIZATION*
SCIENTIFICALLY TESTED ENZYMES
ALSO HELPS BEAN AND CABBAGE DIGESTION*
VEGETARIAN-VEGAN

Digestive enzymes are essential to the body's absorption and full use of food. The capacity of the body to make enzymes diminishes with age in some individuals, and therefore the efficiency of digestion may decline. BioCore® Enhanced Enzymes™ offers a blend of fungal-derived enzymes that will aid in the digestion of most foods, including beans and cruciferous vegetables.* The vegetarian enzymes in BioCore® Enhanced Enzymes™ have been tested in a controlled laboratory study using a digestive model for their activity throughout the entire pH range of the digestive system and have been shown not to be degraded by acid in the stomach.*

Supplement Facts	
	Container 45
Amount Per Serving	
BioCore Optimum™	200 mg**
Amylase (from Aspergillus oryzae)	7,000 DU**
Protease (from Aspergillus oryzae)	42,000 HUT**
Protease (from Aspergillus oryzae)	8,000 PC**
Protease (from Aspergillus oryzae)	4 AP**
Protease (from Aspergillus niger)	100 SAPU**
Glucoamylase (from Aspergillus niger)	10 AGU**
Invertase (from Saccharomyces cerevisiae)	800 SU**
Diastase (from Aspergillus oryzae)	3,000 DP°**
Lipase (from Candida rugosa, Aspergillus niger and Rhizopus oryzae)	1,000 FIP**
Alpha-galactosidase (from A. niger) (300 GalU)	30 mg**
** Daily Value not established	

Other ingredients: Rice Bran, Hypromellose (cellulose capsule), Rice Maltodextrin and Silicon Dioxide.

Not manufactured with milk, egg, fish, shellfish, tree nut or sesame ingredients.

BioCore Optimum $^{\scriptscriptstyle{\mathrm{IM}}}$ is a trademark of National Enzyme Company.





CHLOROPHYLL

Digestive Support* / Detoxification Support*

CODE: P2645 90 VEG CAPSULES

SUPPORTS HEALTHY DETOXIFICATION*
INTERNAL FRESHENER*

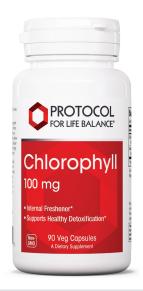
Chlorophyll is the green pigment that plants and algae use for photosynthesis. Some reports indicate that chlorophyll supplements can act as an internal deodorant.* Scientific studies show that chlorophyll may help to support healthy cellular reproduction cycles and liver function, and can help to encourage proper detoxification mechanisms.*

Supplement Factoring Size 1 Veg Capsule	ts
Amount Per Serving	
Sodium Copper Chlorophyllin (Chlorophyll)	100 mg**
Alfalfa Powder (Medicago sativa) (Leaf) (Non-GMO)	250 mg**
**Daily Value not established.	

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





ENZYMES-HCL™

Digestive Support*

CODE: P2963 120 CAPSULES

FORMULATED WITH ENZYMES & BETAINE HOL **OPTIMIZES NUTRIENT BIOAVAILABILITY***

Protocol For Life Balance® Enzymes-HCl™ is a comprehensive enzyme formula designed to support both gastric and intestinal digestive functions.* The inclusion of betaine HCl helps to start digestion by the stomach and provides the correct pH to stimulate intestinal function.* A full spectrum of proteases further assists the intestine in the complete breakdown of food for enhanced absorption.*

Supplement Fact Serving Size 1 Capsule	S
Amount Per Serving	
Betaine HCI	200 mg**
Ox Bile Extract (min. 45% Total Cholic Acids)	100 mg**
Papaya Fruit Powder	45 mg**
Pancreatin 11X Supplying: Amylase 37,000 USP Units Protease 37,000 USP Units Lipase 2,960 USP Units	134 mg**
Bromelain (from Pineapple) (120 GDU)	40 mg**
Acid Stable Protease (Aspergillopepsin) (50 SAF	PU) 10 mg**
Papain (from Papaya) (100,000 FCC PU)	2 mg**
Cellulase (10 CU)	0.1 mg**
** Daily Value not established.	

Other ingredients: Microcrystalline Cellulose, Gelatin (capsule), Magnesium Stearate (vegetable source) and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

GI GUARD

Digestive Support*

CODE: P3345 **60 TABLETS**

CLINICAL STRENGTH SUPPORTS GASTRIC HEALTH AND COMFORT* WITH PEPZIN GI™ & MASTIC GUM

GI Guard[™] is a formulation for GI health using the clinically validated ingredient, PepZin GI™, a proprietary form of zinc complexed with L-carnosine.* PepZin GI™ is slowly absorbed in the stomach, where it promotes normal mucous secretion, combats free radicals, and supports stable cell membranes.* PepZin GI™ thereby helps to maintain the integrity of the stomach lining and its proper immune responses to the typically harsh gastric environment.* Numerous clinical studies have demonstrated that PepZin GI™ can help to support GI health and promote gastric comfort.*

Supplement Facts Serving Size 1 Tablet % Daily Value Calcium (from Calcium Carbonate) Zinc (from PepZin GI™) 73% PepZin GI™ (Zinc-L-Carnosine Complex) 37.5 mg Mastic Gum Powder (Pistacia lentiscus) (Sap) 100 mg Slippery Elm (Ulmus rubra) (Bark)

Other ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid (vegetable source), Vegetarian Coating, Silicon Dioxide and Magnesium Stearate (vegetable source). Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

PepZin GI™ is a registered trademark of Hamari Chemicals, Ltd.





OREGANO OIL

Digestive Support*

CODE: P4732 90 SOFTGELS

INTESTINAL SUPPORT* MIN. 55% CARVACROL **ENTERIC COATED**

Oregano (Origanum vulgare) is a perennial herb with a long history of traditional use. Oregano oil possesses powerful, free radical-neutralizing compounds, some of which support healthy, normal immune system responses.*

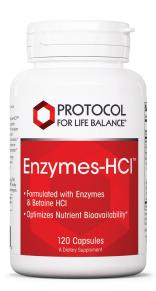
Modern studies indicate that oregano oil may also help maintain healthy intestinal flora balance.* Protocol For Life Balance® Oregano Oil Softgels are standardized to ensure a minimum of 55% carvacrol, one of oregano's active constituents, and are enteric coated for release in the small intestine.

Supplement Facts Serving Size 1 Softgel

Amount Per Serving	
Oregano Oil (<i>Origanum vulgare</i>) (min. 55%	0.2 mL / 181 mg* Carvacrol)
Ginger Oil (Zingiber officinale)	0.02 mL / 17.6 mg*
Fennel Oil (Foeniculum vulgare)	0.02 mL / 19.3 mg*
* Daily Value not established.	

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, enteric coating, carob) and Extra Virgin Olive Oil.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.





PEPPERMINT OIL G.I.™

Digestive Support*

CODE: P4727 90 SOFTGELS

ENTERIC COATED
WITH GINGER & FENNEL OILS

Peppermint Oil G.I.™ features peppermint oil with naturally occurring menthol, a potent compound that has been used for centuries to help encourage optimal health and wellness.* Most notably, at the 0.2 mL amount used in clinical tests, peppermint oil has the ability to support digestive system health.* Traditionally, many have relied on this extract to freshen breath, support healthy digestion, and temporarily calm mild gastrointestinal upset.* The enteric-coated gels withstand stomach acid and release the peppermint oil directly into the intestinal tract.

Supplement Facts Serving Size 2 Softgels Servings Per Container 45 Amount Per Serving Peppermint Oil (Mentha piperita) 0.4 mL / 362 mg*

Peppermint Oil (*Mentha piperita*) 0.4 mL / 362 mg*
Ginger Oil (*Zingiber officinale*) 0.04 mL / 35.2 mg*
Fennel Oil (*Foeniculum vulgare*) 0.04 mL / 38.6 mg*

* Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, enteric coating, carob) and Soybean Oil.

Not manufactured with yeast, wheat, gluten, milk, egg, fish or shellfish ingredients.





PROTOZYMES™

Digestive Support*

CODE: P2957 90 CHEWABLES

DIGESTIVE HEALTH*
BROAD SPECTRUM CHEWABLE ENZYMES
NATURAL BERRY FLAVOR
VEGETARIAN FORMULA

ProtoZymes™ is a broad spectrum digestive enzyme formulation designed to support optimal breakdown and absorption of proteins, fats, and carbohydrates, including lactose, to ensure maximum nutritional value for you and your children.* ProtoZymes™ has been designed especially for children, but it can also be used by adults to enhance bioaccessibility of nutrients consumed in foods.*

Supplement Fact	S	
Serving Size 2 Chewables Servings F		ainer 45
	Amount Serving	% Daily Value
Total Carbohydrate	1 g	< 1%**
Total Sugars	< 1 g	†
Includes < 1g Added Sugars		1%**
BioCore® Vegetarian Enzymes	144 n	ng †
Amylase (from Aspergillus oryzae)	3,500 D	DU †
Protease (from Aspergillus oryzae)	21,000 HL	JT †
Protease (from Aspergillus oryzae)	4,000 F	C †
Lactase (from Aspergillus oryzae)	1,000 AL	
Glucoamylase (from Aspergillus niger)	5 AG	
Protease (from Aspergillus niger)	50 SAF	
Invertase (from Saccharomyces cerevision		
Lipase (from Candida rugosa, Aspergillu niger and Rhizopus oryzae)	s 500 F	IP †
Diastase (from Aspergillus oryzae)	1,500 DI	
Protease (from Aspergillus oryzae)	2 A	AP †
Acid-Stable Protease (from Aspergillus nige	<i>er</i>) 25 n	ng †
** Percent Daily Values are based on a 2,000 calc † Daily Value not established.	orie diet.	

Other ingredients: Fructose, Hydroxypropyl Cellulose, Natural Flavors, Maltodextrin, Magnesium Stearate (vegetable source), Citric Acid, Beet Root Powder and Silicon Dioxide.

BioCore® is a registered trademark of Deerland Probiotics Not manufactured with milk, egg, fish, shellfish, tree nut or sesame ingredients.

Vĸ



ASHWAGANDHA EXTRACT 450 MG

Energy*

CODE: P4603 90 VEG CAPSULES

AYURVEDIC ADAPTOGEN*
IMMUNE SYSTEM SUPPORT*

Ashwagandha (Withania somnifera) is an herb used extensively in traditional Indian Ayurveda. Ashwagandha's historic use as a general tonic is primarily due to its adaptogenic properties, which help the body adapt to temporary physical and emotional stress.* Modern scientific data suggest that ashwagandha may also support healthy immune system function.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Ashwagandha Extract (Withania somnifera) (Root) (min. 2.5% Total Withanolides - 11 mg)

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Rice Flour.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



**Daily Value not established.

ORTHO THYROID™

Energy*

CODE: P3368 90 VEG CAPSULES

SUPPORTS HEALTHY THYROID FUNCTION*
NUTRIENTS FOR HEALTHY METABOLISM*
FREE OF ANIMAL GLANDULARS

Ortho Thyroid™ has been carefully formulated to naturally support thyroid and glandular activity, which are key factors to support optimal brain function and the production of energy.* With L-tyrosine and iodine, the two constituent nutrients of thyroid secretions, combined with specific B vitamins, zinc, selenium, and other trace minerals, this formula represents a comprehensive nutritional supplement for the support of healthy thyroid function.* Ashwagandha extract has also been included to complement the nutritional components of this formula.*

Serving Size 2 Capsules Servings Per Container 45		
	Amount Per Serving	% Da Val
Vitamin B-6 (from Pyridoxine HCI)	2 mg	118
Folate (40	680 mcg DFE 0 mcg folic acid)	170
Vitamin B-12 (as Methylcobalamin)	60 mcg	2500
lodine (from Potassium Iodide)	225 mcg	150
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex	:) 25 mg	227
Selenium (from L-Selenomethionine)	50 mcg	91
Copper (from Copper Amino Acid Chelate)	1 mg	111
L-Tyrosine (Free-Form)	1 g (1,000 mg)	
Ashwagandha (Withania somnifera) (Root and Leaf Standardized Extract (min. 2.5% Withanolides)) 125 mg	

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

L-OptiZinc® is a Lonza trademark.



BORAGE / GLA

Fatty Acids/Women's Health

CODE: P1720 60 SOFTGELS

EXPELLER PRESSED AND HEXANE FREE 240 MG GLA SKIN HEALTH*

Gamma-linolenic acid (GLA) is a fatty acid that is naturally found in borage oil. Although GLA can be produced in the body, it can be more easily utilized when supplied directly through dietary sources. Through its role in normal immune system function, GLA helps to maintain the integrity of the skin barrier and supports a healthy vascular system.* Furthermore, GLA has been shown to be important for lung, joint, and eye health.* Research has determined that borage oil does not contain harmful levels of pyrrolizidine alkaloids (PAs). The borage oil in this product is expeller pressed and hexane free.

Supplement Serving Size 1 Softgel		
	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	0.6 g	†
Borage Oil (<i>Borago officinalis</i>) (Seed)	1 g (1,000 mg)	Ť
Gamma Linolenic Acid (GLA)	240 mg	Ť

Other ingredients: Softgel Capsule (bovine gelatin, water, alveerin).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shell fish ingredients.





DHA-500 FISH OIL

Fatty Acids

CODE: P1612 120 SOFTGELS

500 DHA / 250 EPA SUPPORTS BRAIN HEALTH* EYE HEALTH SUPPORT* MOLECULARLY DISTILLED & ENTERIC COATED

DHA (docosahexaenoic acid) is recognized as a physiologically essential nutrient in the brain where it is required in high concentrations for facilitating optimal mental performance (neuronal functioning) and in the retina where it is critical for visual acuity.* DHA exerts its most crucial functions at the level of the cell membrane, where it is known to significantly affect many of its basic properties including fluidity, permeability, and interactions with key signaling and regulatory molecules.* The natural fish oil concentrate used in this softgel is tested to be free of potentially harmful levels of contaminants (i.e., mercury and other heavy metals, PCBs, dioxins, and other contaminants). Those who experience nausea or reflux from other fish oils should find this enteric-coated, odor-controlled softgel easier to tolerate.

Supplement Facts Serving Size 1 Softgel Amount Per Serving % Daily Value Calories 10 10 Total Fat Polyunaturated Fat 1g 1g 1%** 1g 1 1%** Polyunaturated Fat 1g (1,000 mg) † 1 Omega-3 Fatty Acids: 0mega-3 Fatty Acids: Docosahexaenoic Acid (DHA) 500 mg 1 Eicosapentaenoic Acid (EPA) 250 mg 1 **** ****Percent Daily Values are based on a 2,000 calorie diet † **** ***Part Daily Value not established. ****

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, enteric coating (pharmaceutical glaze, ethyl alcohol, ammonium hydroxide, glycerin, sunflower lecithin, medium chait triglycerides), water] and d-alpha Tocopherol (from sunflower).

Contains fish (anchovies, sardines, tuna).

Fish oil is product of Peru, Morocco, China

Not manufactured with yeast, wheat, gluten, soy, milk, egg, shellfish or sesame ingredients.

shellfish or sesame ingredients



DHA-1000 FISH OIL

Fatty Acids

CODE NUMBER: P1614 90 SOFTGELS

EXTRA STRENGTH 1,000 MG DHA PER SOFTGEL SUPPORTS BRAIN HEALTH*

Supplement	Facts	5
Serving Size 1 Softgel		
	Amount Per Serving	% Dail Value
Calories	15	
Total Fat	1.5 g	2%**
Fish Oil Concentrate	1.3 g (1,300 mg)	†
Docosahexaenoic Acid (DHA)	1 g (1,000 mg)	†

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and d-alpha Tocopherol (from sunflower oil). Contains fish (anchovies, tuna).

Contains fish (anchovies, tuna)

Fish oil is product of Seychelles, Peru, Mauritius.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or sesame ingredients.



FLAX SEED OIL 1,000 MG

Fatty Acids

CODE: P1770 120 SOFTGELS

CARDIOVASCULAR SUPPORT*
MADE WITH CERTIFIED ORGANIC FLAX OIL
COLD PRESSED & UNREFINED / 1,000 MG

Flax seed oil has an abundance of alpha-linolenic acid an omega-3 fatty acid that can be converted into eicosapentaenoic acid (EPA). Omega-3 fatty acids are essential nutrients that are poorly represented in the modern diet. These important fatty acids help to support a healthy and balanced immune system, are important for cardiovascular health, and promote the maintenance of healthy skin.* This flax seed oil has been cold processed to be as close to the original seed oil composition as possible. Care has been taken to bring this product to market in softgels, a delivery form that hermetically seals the oil and protects it from oxidation and contamination. No preservatives, additives, bleaches, or fillers are used with this oil.

Serving Size 3 Softgels Servings Pe	r Container 40	
	Amount Per Serving	% Daily Value
Calories	25	
Total Fat	3 g	4%**
Saturated Fat	< 0.5 g	2%**
Polyunsaturated Fat	2 g	t
Monounsaturated Fat	0.5 g	t
Organic Flax Seed Oil (Linum usitatissimum) (Cold-Pressed, Uni	3 g (3,000 mg) refined)	Ť

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, caramel color).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

Each serving may also have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats: Linolenic Acid (Omega-9) 55%; Linoleic Acid (Omega-6) 14%; Oleic Acid (Omega-9) 19%; Other (Saturated) 12%





KRILL OIL 500 / 1,000 MG

Fatty Acids

CODE: P1625 / 60 SOFTGELS / 500 MG CODE: P1627 / 60 SOFTGELS / 1,000 MG

CARDIOVASCULAR SUPPORT³ 500 & 1,000 MG PER SOFTGEL PHOSPHOLIPID-BOUND OMEGA-3 SUPPORTS JOINT HEALTH*

Krill oil is known for its unique fatty acid (FA) profile, which includes EPA and DHA, plus phospholipids. In addition, krill oil naturally has astaxanthin, a powerful free radical scavenger and immune-supporting carotenoid.* Clinical studies have shown that NKO® krill oil can help to support joint comfort, healthy blood lipid levels already within normal range, and may help to maintain healthy feminine balance.* The phospholipid-bound forms of EPA and DHA from krill oil have also demonstrated exceptionally high bioavailability.*

500 MG / 60 SOFTGELS / P1625

Supplement Serving Size 2 Softgels Serving	Facts s Per Container 3	n
COLANIA OFFICE TO COLANIA	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Krill Oil (NKO®)	1 g (1,000 mg)	t
Omega-3 Fatty Acids	250 mg	†
Eicosapentaenoic Acid (EPA)	135 mg	†
Docosahexaenoic Acid (DHA)	60 mg	†
Phospholipids	450 mg	†
Esterified Astaxanthin	360 mcg	t
*** Percent Daily Values are based on a 2,0 † Daily Value not established.	00 calorie diet.	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water]. Contains shellfish (krill).

Not manufactured with yeast, wheat, gluten, soy, milk, egg or fish

 $\rm NKO^{\otimes}$ is a registered trademark of Aker BioMarine Antarctic AS. US Patent No.: 8,278,351.



1,000 MG / 60 SOFTGELS / P1627

- 1,000 Ma / 00 301 TGEE3 / 1 TGE7		
Supplement Serving Size 1 Softgel	Facts	
	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Krill Oil (NKO®)	1 g (1,000 mg)	†
Omega-3 Fatty Acids	250 mg	†
Eicosapentaenoic Acid (EPA)	135 mg	†
Docosahexaenoic Acid (DHA)	60 mg	†
Phospholipids	450 mg	†
Esterified Astaxanthin	360 mcg	†
**Percent Daily Values are based on a 2,0 † Daily Value not established.	00 calorie diet.	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water]. Contains shellfish (krill).

Not manufactured with yeast, wheat, gluten, soy, milk, egg or fish ingredients.

This double strength product has twice the krill oil (1,000 mg per softgel) than our regular strength product (500 mg per

NKO® is a registered trademark of Aker BioMarine Antarctic AS. US Patent No.: 8.278.351.







OMEGA-3 FISH OIL 1,000 MG Fatty Acids

CODE: P1649 / 30 SOFTGELS CODE: P1650 / 100 SOFTGELS

CARDIOVASCULAR SUPPORT* MOLECULARLY DISTILLED 180 EPA / 120 DHA PER SOFTGEL

Fish oils are naturally abundant in the omega-3 fatty acids (FAs), EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). EPA and DHA are important structural components of cell membranes, affecting membrane fluidity, flexibility, and permeability, as well as the efficiency and character of cellular signaling.* Omega-3 FAs are especially critical for proper immune system function, and help to maintain cardiovascular and joint health.* Omega-3 FAs are concentrated in eye and brain tissues, where they help to promote proper function of the central nervous system and support eye health.*

1,000 MG / (P1649-30 SOFTGELS) (P1650-100 SOFTGELS)

3 2 2 3 3 3 3 3 3 3 3 3 3	Per Container 50	
	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0.5 g	†
Fish Oil Concentrate	2 g (2,000 mg)	t
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	360 mg	
Docosahexaenoic Acid (DHA)	240 mg	+

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and d-alpha Tocopherol (from sunflower)

Contains fish (anchovies, sardines, tuna)

Fish oil is product of Peru, Morocco, Mauritius, Malaysia.

Not manufactured with yeast, wheat, gluten, soy, milk, egg,









OMEGA 3-6-9 1,000 MG

CODE: P1835 100 SOFTGELS

ESSENTIAL FATTY ACIDS BLEND OF FIVE NUTRITIONAL OILS HEXANE FREE

Omega 3-6-9 is a blend of flax seed, evening primrose, canola, black currant and pumpkin seed oils. This product combines these wellknown nutritional oils with balanced proportions of omega-3, omega-6 and omega-9 fatty acids. The omega-3, alpha-linolenic acid (ALA), and the omega-6, GLA, play important roles in the maintenance of healthy skin and immune system function.* Dietary oleic acid, a monounsaturated omega-9 fatty acid, has been associated with healthy cardiovascular function.*

Serving Size 2 Softgels Servings P	er Container 5	0
	Amount Per Serving	% Dail Value
Calories	20	
Total Fat	2 g	3%**
Saturated Fat	< 0.5 g	2%**
Polyunsaturated Fat	1.5 g	†
Monounsaturated Fat	< 0.5 g	†
Flax Seed Oil (cold-pressed, organic)	1.4 g (1,400 mg)	†
Evening Primrose Oil (cold-pressed) (seed)	300 mg	†
Canola Oil (cold-pressed, non-GMO) (seed)	260 mg	†
Black Currant Oil (cold-pressed) (seed)	20 mg	†
Pumpkin Seed Oil (cold-pressed)	20 mg	†

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, caramel color, carob powder].

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

Each serving may also have the following naturally occurring amounts of polyunsaturated fats and monounsaturated fats Omega-3 [Alpha-Linolenic Acid (ALA)] 45%; Omega-6 [Linoleic Acid and Gamma-Linolenic Acid (GLA)] 26.5%; Omega-9 [Oleic Acid] 17.5%; Other (short chain fatty acids, saturated fats, phospholipids, etc) 11%





ULTRA OMEGA-3

CODE: P1661 / 90 SOFTGELS CODE: P1662 / 180 SOFTGELS

CARDIOVASCULAR SUPPORT* CENTRAL NERVOUS SYSTEM HEALTH* MOLECULARLY DISTILLED 500 FPA / 250 DHA PER SOFTGEL

Fish oils are naturally abundant in the omega-3 fatty acids (FAs), EPA (eicosapentaenoic acid), and DHA (docosahexaenoic acid). EPA and DHA are important structural components of cell membranes, affecting membrane fluidity, flexibility, and permeability, as well as the efficiency and character of cellular signaling.* Omega-3 FAs are especially critical for proper immune system function and help to maintain cardiovascular and joint health.* Omega-3 FAs are concentrated in eye and brain tissues, where they help to promote proper function of the central nervous system and support eye health.*

> 1,000 MG / (P1661-90 SOFTGELS) (P1662-180 SOFTGELS)

	Amount Per Serving	% Daily Value
Calories	10	Jaide
Total Fat	1 g	1%**
Saturated Fat	< 0.5 g	< 1%**
Polyunsaturated Fat	1 g	
Monounsaturated Fat	< 0.5 g	t
Natural Fish Oil Concentrate	1 g (1,000 mg)	†
Omega-3 Fatty Acids:		
Eicosapentaenoic Acid (EPA)	500 mg	t
Docosahexaenoic Acid (DHA)	250 mg	†

Other ingredients: Softgel Capsule (bovine gelatin (BSE-free), glycerin, enteric coating (pharmaceutical glaze, ethyl alcohol, ammonium hydroxide, glycerin, sunflower lecithin, medium-chain triglycerides), water] and d-alpha Tocopherol (from sunflower).

Fish oil is product of Peru, Morocco, Mauritania, South Africa.

Contains fish (anchovies, sardines). d-alpha Tocopherol from non-GMO soy.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, shellfish





ULTRA OMEGA 3-D™

Fatty Acids

CODE: P1663 90 FISH SOFTGELS

600 EPA / 300 DHA PER SOFTGEL 1,000 IU VITAMIN D₃ SUPPORTS CARDIOVASCULAR HEALTH* IMMUNE SYSTEM HEALTH* MOLECULARLY DISTILLED

Fish oils are naturally abundant in the omega-3 fatty acids (FAs), EPA (eicosapentaenoic acid), and DHA (docosahexaenoic acid). These FAs are concentrated in eye and brain tissues, where they help to promote proper function of the central nervous system and support eye health.* Omega-3 FAs are also critical for proper immune system function, and help to maintain cardiovascular and joint health.* Ultra Omega 3-D™ is our most potent omega-3 formula, with 600 mg EPA and 300 mg DHA per softgel. This product is flavored with lemon oil and also provides 1,000 IU vitamin D₃.

Supplement Facts Serving Size 1 Softgel % Daily 2%** Total Fat 1.5 g < 5 mg Cholestero 1% 25 mcg (1,000 IU) 125% (as D₃ Cholecalciferol) (from Lanolin) Natural Fish Oil Concentrate 1.2 g (1,200 mg) Omega-3 Fatty Acids Eicosapentaenoic Acid (EPA) Docosahexaenoic Acid (DHA) 300 mg ** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (fish gelatin, glycerin, water), Lemon Oil and d-alpha Tocopherol (from sunflower). Contains fish oil (anchovies, sardines) and fish gelatin

Fish oil is product of Peru, Morocco, Mauritania, South Africa. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, shellfish or sesame ingredients.





ALPHA-LIPOIC ACID 250 / 600 MG

Healthy Aging*

CODE: P3042 / 90 VEG CAPSULES / 250 MG CODE: P3046 / 90 VEG CAPSULES / 600 MG

SUPPORTS GLUTATHIONE PRODUCTION* UNIVERSAL FREE RADICAL QUENCHER* VEGETARIAN-VEGAN

Alpha-lipoic acid (ALA) is naturally produced in the human body in very small amounts, but is also available in some foods. ALA is unique in that it can function in both aqueous (water) and lipid (fat) environments, which allows it to easily cross biological membranes to exert its actions.* ALA is known to recycle vitamins C and E and some other free radical quenchers, extending their activities.* ALA also supports glutathione production, participates in healthy glucose metabolism, helps to support healthy neural tissues, and promotes healthy vascular function.*

ALA 250 MG / 90 VEG CAPSULES / P3042

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving	
Alpha-Lipoic Acid	250 mg*
** Daily Value not established	

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.



ALA 600 MG + BIOPERINE® 60 VEG CAPSULES / P3046

Supplement Facts

Serving Size 1 Veg Capsule	
Amount Per Serving	
Alpha-Lipoic Acid (Granules)	600 mg**
Grape Seed Extract (Vitis vinifera) (Standardized for Polypheno	30 mg**
Black Pepper Fruit Extract (Bioperine®)	5 mg**
** Daily Value not established.	

Other ingredients: Hypromellose (cellulose capsule), Calcium Laurate and Silicon Dioxide

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients

Bioperine® is a registered trademark of Sabinsa Corporation.



ASTAXANTHIN 10/12 MG

Healthy Aging*

CODE: P2251/ 60 SOFTGELS / 10 MG CODE: P2253/ 60 SOFTGELS / 12 MG

CELLULAR PROTECTION* POTENT FREE RADICAL SCAVENGER*

Astaxanthin is a member of the carotenoid family derived from non-GMO Haematococcus pluvialis microalgae. Due to its unique chemical structure, astaxanthin can stabilize cellular and mitochondrial membrane structures and thus protect them against free radical attack originating both inside and outside of the cell.*

10 MG / 60 SGELS / P2251

Supplement Facts Serving Size 1 Softgel Amount Per Serving % Daily Value Calories 5 Natural Astaxanthin 10 mg (from Haematococcus pluvialis Extract) (AstaReal® † Daily Value not established.

Other ingredients: Organic Extra Virgin Olive Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water] and Mixed Tocopherols (from sunflower/rapeseed oil)...

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

AstaReal® is a registered trademark of Fuji Chemical Industries Co., Ltd.



12 MG / 60 SGELS / P2253

ent Fac	ts
e Softgel	
Amount % Dail Per Serving Value	
12 mg s pluvialis Extract) (As	† staReal®)
	Amount Per Serving

Other ingredients: Vegetarian Softgel Capsule [modified corn starton-(non-GMO), glycerin, water, carrageenan, sorbitol], Organic Extra Virgin Olive Oil, d-alpha Tocopherol (from sunflower seed oil) and Mixed Tocopherols (from rapeseed/sunflower seed oil).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish

This extra strength product has more Astaxanthin (12 mg per softgel) than our regular strength product (10 mg per softgel) AstaReal® is a registered trademark of Fuji Chemical Industries Co., Ltd.





EGCG / GREEN TEA **EXTRACT**

Healthy Aging*

CODE: P4704 90 VEG CAPSULES

SUPPORTS CELLULAR HEALTH* 200 MG EGCG / 80% CATECHINS

Green tea has been extensively studied and researchers have found its active constituents to be a family of polyphenols called catechins.* One catechin in particular, epigallocatechin-3-gallate (EGCg) has demonstrated extraordinary free radical quenching power in laboratory studies.* One capsule of Protocol For Life Balance® EGCg possesses the phytonutrient content equal to about 2-3 cups of green tea.

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving

Green Tea Extract (*Camellia sinensis*) (Leaf) 400 mg (Standardized Extract) (min. 80% Total Catechins and 50% EGCg (Epigallocatechin Gallate) (200 mg)] (up to 4 mg of naturally occurring caffeine) Decaffeinated Green Tea (Camellia sinensis) (Leaf) 50 mg*

Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



GLUTATHIONE 500 MG

Healthy Aging*/Detoxification*

CODE: P0104 **60 VEG CAPSULES**

REDUCED ACTIVE FORM FREE RADICAL PROTECTION* WITH MILK THISTLE EXTRACT & ALPHA-LIPOIC ACID

Glutathione is a small peptide molecule composed of three amino acids: glutamic acid, cysteine, and glycine. It is synthesized by every cell of the body for the proper detoxification of metabolic waste products and is essential for healthy immune system function.* Glutathione also plays a critical role in the body's defense system against oxidative stress by acting directly to neutralize free radicals, as well as by maintaining the activity of vitainins C and E.* This product has glutathione in its reduced, active form for optimum bioavailability and includes milk thistle extract and alpha-lipoic acid as complementary ingredients.*

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving Glutathione (Reduced Form) Milk Thistle Extract 100 ma* (Silybum marianum) (Fruit/Seeds) (Standardized to 80 mg Silymarin Flavonoids - equivalent 80%)

Alpha Lipoic Acid * Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Our glutathione is a high quality material manufactured to rigorous standards. The term "reduced" refers to the non-oxidized stable form of glutathione.



GRAPE SEED OPC

Healthy Aging*/Cardiovascular Support*

90 VEG CAPSULES

90% POLYPHENOLS INCLUDING OPCS (OLIGOMERIC PROANTHOCYANIDINS) CARDIOVASCULAR HEALTH* POWERFUL FREE RADICAL SCAVENGER*

Grape Seed OPC is a highly concentrated natural extract with a minimum of 90% polyphenols, including OPCs (oligomeric proanthocyanidins), the powerful free radical scavenger compounds found in grape seeds.* Grape seed extract and OPCs have been the subject of numerous scientific studies demonstrating their efficacy in the support of cardiovascular health.* In addition, preliminary studies have shown that grape seed extract may protect healthy brain and nerve tissues.*

Supplement Facts

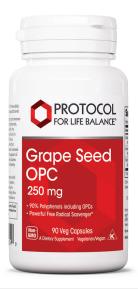
Serving Size 1 Veg Capsule

Amount Per Serving Grape Seed Extract (*Vitis vinifera*) (min. 90% Total Polyphenols) Amla Extract (Fruit) 60 mg** (Phyllanthus emblica) Rutin Powder 50 mg** (from Sophora japonica Flower Bud)

*Daily Value not established. Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





EXTRA STRENGTH POO

Healthy Aging*

CODE: P3073 50 VEG CAPSULES

40 MG PQQ WITH 200 MG ALPHA-LIPOIC ACID MITOCHONDRIAL SUPPORT*

Pyrroloquinoline quinone (PQQ) is a B vitamin-like compound that not only helps to protect mitochondria from free radicals, it also promotes the production of new mitochondria within cells.* Mitochondria are the parts of the cell that produce energy. While all cells have them, the heart and brain are especially dense with mitochondria due to their high energy demands. PQQ may thus help to maintain robust cellular energy production, support heart health, and promote normal cognitive function.* Extra Strength PQQ includes alpha-lipoic acid to complement its free radical scavenging abilities.*

Supplement Serving Size 1 Veg Capsule	Facts
Amount Per Serving	
PQQ (Pyrroloquinoline Quinone) (as PQQ disodium salt)	40 mg**
Alpha-Lipoic Acid	200 mg**
** Daily Value not established.	

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

This extra strength product has twice the PQQ (40 mg per capsule) as in our regular strength product (20 mg per capsule).



PROTOCOL FOR LIFE BALANCE

Extra Strength

With 200 mg Alpha-Lipoic Acid

drial Support

50 Veg Capsules

40 mg

PQQ COMPLEX

Healthy Aging*

CODE: P3168 30 VEG CAPSULES

MITOCHONDRIAL HEALTH* WITH CoQ_{10} & ACETYL-L-CARNITINE

PQQ Complex is formulated for the support of optimal mitochondrial health and energy production.* PQQ (pyrroloquinoline quinone) is a vitamin-like nutrient that activates cell signaling pathways directly related to cellular energy production.* PQQ also promotes the formation of new mitochondria within cells and helps to protect mitochondria from free radicals generated during normal cellular respiration.* PQQ Complex includes CoQ_{10} and acetyl-L-carnitine, two nutrients that also play critical roles in mitochondrial energy production.*

Supplement F Serving Size 1 Veg Capsule	acts	
	Amount Per Serving	
Vitamin B-12 (as Methylcobalamin)	1,000 mcg	41,667%
PQQ (Pyrroloquinoline Quinone) (as PQQ disodium salt)	20 mg	Ť
Acetyl-L-Carnitine (from Acetyl-L-Carnitine HCI)	200 mg	†
Coenzyme Q ₁₀ (CoQ ₁₀)	30 mg	t
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.



PROTOCOL FOR LIFE BALLANCE BAL

RESVERATROL

Healthy Aging*/Cardiovascular Support*

CODE: P3353 60 VEG CAPSULES

200 MG TRANS-RESVERATROL FREE RADICAL SCAVENGER* CARDIOVASCULAR SUPPORT* VEGETARIAN-VEGAN

Resveratrol is a polyphenol that is naturally found in the skin of red grapes, certain berries, and other plants. Recent research has shown that resveratrol can support healthy cardiovascular function through its ability to suppress reactive oxygen species, as well as through its ability to promote a healthy response to biological stress.* In addition, some studies indicate that resveratrol may help to maintain a healthy cardiovascular function.*

Supplement Fac	ts
Serving Size 1 Veg Capsule	
Amount Per Serving	
Polygonum cuspidatum Extract (Root/Rhizome) (Japanese Knotweed) (trans-Resveratrol - 200 mg)	400 mg**
Red Wine Extract (Alcohol-Free) (<i>Vitis vinifera</i>) (Fruit) (Standardized for Polyphenols)	10 mg**
**Daily Value not established.	

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Maltodextrin (non-GMO), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Contains sulfites.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





A-BIOTIC[®]

Immune Support*

CODE: P1811 60 SOFTGELS

WITH GARLIC EXTRACT

WITH OLIVE LEAF EXTRACT, ELDERBERRY & OREGANO OIL

A-Biotic™ is a botanical formula with garlic designed to support healthy immune system function.* Garlic has been used for centuries by traditional herbalists. The A-Biotic™ formula also includes elderberry concentrate, standardized olive leaf extract, ImmunEnhancer™ (a proprietary larch extract), oregano, and rosemary oils.

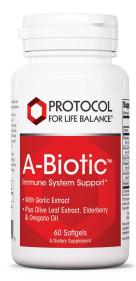
	Amount Per Serving	% Dail Value
Calories	5	
Elderberry (<i>Sambucus nigra</i>) (Fruit/Berry) (50:1 Concentrate) (Equivalent to 2,50		†
Olive Leaf Extract (<i>Olea europaea</i>) (min. 18% Oleuropein)	40 mg	†
Garlic Extract (Allium sativum) (Bulb)	40 mg	†
Oregano Oil (<i>Origanum vulgare</i>) (min. 55% Carvacrol)	40 mg	†
ImmunEnhancer™ [Arabinogalactan from Larch Tree (<i>Larix Iaricina</i>)]	10 mg	†
Rosemary Oil (Rosmarinus officinalis)	5 mg	+

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, enteric coating, water, carob], Rice Bran Oil, Beeswax and Soy Lecithin.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients

ImmunEnhancer™ is a trademark of Lonza.





A-BIOTIC IMMUNE+

Immune Support*

CODE: P1818 60 SOFTGELS

SEASONAL IMMUNE SUPPORT*

WITH VITAMINS C & D, ZINC, GARLIC & OLIVE LEAF EXTRACTS

- New, extended version of our best-selling A-Biotic[™]. Both products give excellent seasonal support for immune function.*
- Has double the amount of carvacrol, the active ingredient in oregano oil. This is highly potent and only from the species Origanum vulgare, the preferred form of oregano oil. Ours is steam distilled from wild-crafted oregano from Eastern Europe. We specify a minimum 60% carvacrol in our oregano oil and recent lots have had as high as 75% carvacrol content.
- Contains 100 mg vitamin C per softgel and 1,000 IU (25 mcg) vitamin D
- Contains 6 mg zinc as highly absorbable glycinate form. We are completely transparent in our labeling of minerals; we fully disclose the total zinc glycinate (37.5 mg) as well as elemental zinc potency (6 mg per softgel). Our zinc glycinate is also specifically manufactured by the world's leading quality mineral source, Albion Laboratories.
- Has 50 mg of garlic extract per softgel, or 25% more than in our regular A-Biotic™. The garlic active allicin is the origin of the name A-Biotic™.
- Has 50 mg of standardized olive leaf extract with a minimum of 18% oleuropein. This is also 25% more than in our regular A-Biotic™.
- It also has the same great North American larch tree extract, ImmunEnhancer™, a proprietary ingredient made only by the global giant Lonza. Also known as ResistAid®, this ingredient is an arabinogalactan with immune supporting properties.*

Pei	Amount Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	100 mg	111%	
Vitamin D ₃ (as Cholecalciferol) 25 mcg ((from Lanolin)	1,000 IU)	125%	
Zinc (elemental) (from 37.5 mg Zinc Bisglycinate) (TRA/	6 mg ACS™)	55%	
Oregano Oil (<i>Origanum vulgare</i>) 73 mg (min. 60% Carvacrol) (Leaf and Twig)			
Garlic Extract (Allium sativum) (Bulb)	50 mg	†	
Olive Leaf Extract (<i>Olea europaea</i>) (min. 18% Oleuropein)	50 mg	†	
ImmunEnhancer™ [Arabinogalactan from Larch Tree (Larix laricina)]	10 mg	†	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free) glycerin, vegetarian enteric coating (ethyl cellulose, sodium alginate, ammonium hydroxide, MCT (medium-chain triglycerides), oleic acid, stearic acid), water, organic caramel color], Organic Extra Virgin Olive Oil, Beeswax and Sunflower Lecithin.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.



CORDYCEPS 750 MG

Immune Support*

CODE: P3005 90 VEG CAPSULES

HEALTHY IMMUNE SUPPORT*
FREE RADICAL SCAVENGER*

Cordyceps sinensis is a fungus that has been used by traditional Chinese herbalists for its energizing and adaptogenic properties for centuries.* Cordyceps has numerous bioactive compounds, including polysaccharides and nucleosides, which have been studied for their broad range of biological activities.* Modern scientific studies have shown that cordyceps constituents possess free radical scavenging properties and suggest that they may also support a healthy immune system and promote normal vascular function.*

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 45 Amount Per Serving Organic Cordyceps (Cordyceps sinensis) (Mycelium) ** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





33 mg*

MYCEL IMMUNE PLUS™

Immune Support*

CODE: P3055 90 VEG CAPSULES

HEALTHY IMMUNE SYSTEM RESPONSE*
MUSHROOM BLEND WITH ASTRAGALUS EXTRACT

Mycel Immune Plus™ is a combination of our specialized mushroom blend and astragalus extract that has been specifically formulated to support a healthy immune system.* Our potent blend of eight "super" mushrooms has been optimized for bioactive polysaccharides that are characteristic of mushrooms, known as beta-glucans.* Mushroom beta-glucans have been studied for their remarkable ability to support a balanced immune system response.* Astragalus has been included to complement the immune-supporting properties of our unique blend of mushrooms.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Organic Mycelial Biomass and Mushroom Blend 200 mg**
[Blend of King Trumpet (*Pleurotus eryngil*), Turkey Tail
(*Trametes versicolor*), *Cordyceps militaris*, Reishi
(*Ganoderma lucidum*), *Agaricus blazei*, Lion's Mane
(*Hericium erinaceus*), Maitake (*Grifola frondosa*) and
Antrodia camphoratal (Cultured on organic oat substrate)
(Has naturally occurring Polysaccharides)

Astragalus Root Extract 200 mg**
(Astragalus membranaceus) (min. 70% Polysaccharides)

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Cassava Maltodextrin, Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with yeast, wheat, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





SAMBUCUS BLACK ELDERBERRY LIQUID

Potent, Free Radical Scavenging Anthocyanins*

CODE: P4852 NET VOL. 8 FL. OZ.

10:1 CONCENTRATE 500 MG PER TEASPOON

Black elderberry (Sambucus nigra) fruit has a long history of use as a tonic in traditional European herbal systems.* Black elderberries are known to possess a variety of natural compounds that help to maintain health and well-being, such as potent, free radical-scavenging anthocyanins, and other beneficial nutrients.*

Protocol For Life Balance® Sambucus Black Elderberry Liquid Concentrate is a non-GMO supplement formulated with a 10:1 elderberry concentrate that delivers 500 mg per teaspoon serving.

Supplement Facts

Servings Size 1 Teaspoon (5 mL)

Servings Per Container about	47	
	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%*
Black Elderberry (Sambucus nigra) (Fruit) (10:	500 mg 1 Concentrate	†
* Percent Daily Values are based on a 2 † Daily Value not established.	,000 calorie diet.	

Other ingredients: Vegetable Glycerin, De-ionized Water, Citric Acid and Potassium Sorbate (as preservative).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients.

V Mon-

SERRAPEPTASE 60,000 Units of Activity

CODE: P2973 60 VEG CAPSULES

HEALTHY IMMUNE FUNCTION*
PROMOTES RESPIRATORY HEALTH*

Serrapeptase (serratiopeptidase) is a protein-digesting enzyme isolated from the friendly bacterium Serratia marcescens.* Studies indicate that serrapeptase is absorbed intact from the digestive tract and that it acts systemically to support healthy immune system functions and promote the body's normal healing processes.* Some evidence suggests that serrapeptase may support respiratory health by helping to maintain normal mucus secretions.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

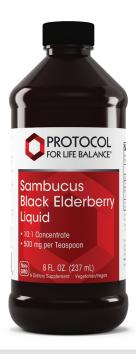
Serrapeptase (60,000 Serratiopeptidase Units)

* Daily Value not established.

Other ingredients: Rice Bran, Microcrystalline Cellulose and Hypromellose (cellulose capsule).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.







ACHE ACTION™

Joint, Bone, Muscle Health*

CODF: P3122 **120 VEG CAPSULES**

FOR OCCASIONAL MINOR ACHES & PAINS OF OVEREXERTION*

ADVANCED FORMULA WITH APRÈSFLEX®

Ache Action™ is a blend of complementary herbs that may help to support a healthy response to normal physiological stress.* Maintenance of a normal balance of key immune mediators has been shown to play a key role in healthy cardiovascular function, as well as in joint health.* By helping to support a balanced response to these signals, the herbal components of Ache Action™ may assist in the maintenance of healthy joints and may help to relieve occasional minor pain resulting from overexertion or stress.*

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 60 Amount Per Serving Willow Bark Extract (Salix spp.) (min. 14% Salicin) Ginger Root Extract 250 mg* (Zingiber officinale) (min. 5% Gingerols) AprèsFlex® - Boswellia serrata Extract 53 ma² (Indian Frankincense) (Gum Resin) [Standardized to 10 mg 3-O-Acetyl-11-Keto-β-Boswellic Acid (AKBA)]

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

AprèsFlex $^{\otimes}$ is a registered trademark of PLT Health Solutions-Laila Nutraceuticals, LLC.





BONE SUPPORT FORMULA

Joint, Bone, Muscle Health*

CODE: P1228 180 CAPSULES

MCHA FOR BONE & TEETH STRUCTURE* WITH ADDITIONAL MINERALS FOR COMPREHENSIVE SUPPORT*

Microcrystalline hydroxyapatite (MCHA) is a natural compound that makes up the crystalline matrix of bone and teeth, and is the substance that gives them their rigidity.* MCHA is a source of highly absorbable calcium and phosphorus, which are the major mineral components of bone.* It also contains magnesium and trace minerals, as well as vitamins C, D and K_2 to aid in the synthesis and maintenance of bone tissue.*

	Amount Per Serving	% Dai Valu
Calories	5	
Protein (from MCHA and Amino Acid Chelates)	1 g	
Vitamin C (from Magnesium Ascorbate)	133 mg	1489
Vitamin D ₃ (as Cholecalciferol) 16	.68 mcg (667 IU)	83%
Thiamin (Vitamin B1) (from Thiamin HCI)	3 mg	2509
Calcium (from MCHA)	620 mg	48%
Phosphorus (from MCHA)	287 mg	23%
Magnesium (from Magnesium Oxide and Ascorbate) 400 mg	95%
Zinc (from Zinc Amino Acid Chelate)	7 mg	64%
Copper (from Copper Amino Acid Chelate)	0.7 mg	78%
Manganese (from Manganese Amino Acid Chelate)	2 mg	87%
Horsetail Herb (Equisetum arvense) (Aerial Parts)	67 mg	Ť
Boron (from Boron Amino Acid Chelate)	467 mcg	†
Vitamin K ₂ (as Menaguinone-4) (MK-4)	67 mcg	+

Other ingredients: Bovine Gelatin (BSE-free) (capsule), Magnesium Stearate (vegetable source), Silicon Dioxide, Glucosamine Potassium Sulfate Complex, Stearic Acid (vegetable source) and Microcrystalline Cellulose.

Contains shellfish (crab, shrimp, lobster, crayfish). MCHA = Microcrystalline Hydroxyapatite

Not manufactured with wheat, gluten, soy, milk, egg or fish ingredients.

BOSWELLIA EXTRACT 500 MG

Joint, Bone, Muscle Health*

CODE: P4936 90 SOFTGELS

BALANCED IMMUNE RESPONSE* 65% STANDARDIZED EXTRACT IN MCT OIL BASE

Extracts from the gum resin of Boswellia serrata have been valued by Ayurvedic herbalists for centuries. Modern scientists have since discovered that boswellia and some of its constituents, including boswellic acids, can affect signaling cascades that mediate critical immune system functions.* Through these pathways, boswellia may support balanced immune system responses to typical everyday challenges, thus helping to naturally maintain normal, healthy tissues.*

Supplement Serving Size 1 Softgel	Facts	5
	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	< 1%*
Boswellia Extract (<i>Boswellia serrai</i> (Gum Resin) (min. 65% Organic including Boswellic Acid)		†
* Percent Daily Values are based on a 2,0 † Daily Value not established.	000 ca l orie diet.	

Other ingredients: MCT Oil (medium-chain triglycerides), Softgel Capsule (bovine gelatin, glycerin, water, carob), Sunflower Lecithin and Beeswax.

MCT Oil from coconut/palm kernel oil.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish or shellfish ingredients







BROMELAIN

Joint, Bone, Muscle Health*

CODE: P2943 90 VEG CAPSULES

PROTEIN-DIGESTING ENZYME* 2400 GDU/G 500 MG

Bromelain is a proteolytic (protein digesting) enzyme derived from the pineapple plant.* It is functional throughout a wide pH range and does not lose its activity as it goes through the acidic environment of the stomach.* Scientific studies indicate that bromelain is highly bioavailable and may help to alleviate normal transient pain and discomfort associated with occasional overexertion.* This product has 500 mg of natural bromelain per capsule and is suitable for vegetarians.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Bromelain (2400 GDU/g)† (from Pineapple) 500 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

† Gelatin Digesting Units – a measure of proteolytic (protein digesting) activity.





CurcuFRESH™

Standardized Turmeric Root Juice

CODE: P4937 60 VEG CAPSULES

FROM FRESH TURMERIC JUICE
UP TO 40X BETTER BIOAVAILABILITY VS. STANDARD
CURCUMIN EXTRACTS

VEGETARIAN-VEGAN

Curcumin from dried turmeric root is widely used but is well known for its poor solubility and bioavailability. CurcuFRESH™ is a curcumin preparation from fresh turmeric rhizome that is never dried or extracted using solvents. The resulting curcumin remains in its native complexed form and, when ingested, leads to dramatically higher circulating levels of the beneficial, unmetabolized, free curcuminoids – up to 40 times higher than what is expected from standard curcumin extracts.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Standardized Turmeric Juice Powder 500 m (Derived from Fresh Turmeric Rhizome Juice) (*Curcuma longa*) (CurcuFRESH™) (20 mg Total Curcuminoids)

* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source), Silicon Dioxide and Magnesium Stearate (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.

CurcuFRESH™ is a trademark of Akay USA LLC.



CURCUMIN 665 MG

Turmeric Root Extract

CODE: P4638 60 VEG CAPSULES

STANDARDIZED TURMERIC ROOT EXTRACT 95% CURCUMINOIDS

Curcumin is the principle bioactive constituent present in the roots of turmeric (*Curcuma longa*), a plant belonging to the ginger family. Turmeric has a long history of use in traditional Ayurvedic herbalism, and it has been extensively researched by modern scientists. This product is standardized to 95% curcuminoids, including curcumin, demethoxycurcumin, and bisdemethoxycurcumin.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Turmeric Root Extract (*Curcuma longa*) 665 mg* [Standardized to min. 95% Curcuminoids (630 mg) (including Curcumin, Demethoxycurcumin and Bisdemethoxycurcumin)]

* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Calcium Laurate and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.





CURCUMIN PC

Joint, Health*

CODE: P4642 60 VEG CAPSULES

BIO-ENHANCED TURMERIC ROOT EXTRACT SUPPORT FOR HEALTHY JOINTS* INCREASED BIOAVAILABILITY POWERFUL FREE RADICAL SCAVENGER*

Curcumin, the active component in turmeric, has been demonstrated to support joint mobility and flexibility.* It is known to be a potent free radical scavenger and supports balanced immune system function responses to normal metabolic stress.* However, due to its limited bioavailability, curcumin typically requires high dosage. Curcumin PC is a unique form of curcumin complexed with phosphatidyl choline that clinically demonstrates curcuminoid absorption that is 29 times higher than a standard curcumin mixture.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

urcumin Phytosome 500 mg** (Turmeric Rhizome Extract (*Curcuma longa*)/Phosphatidyl Choline Complex) (Meriva® Turmeric Phytosome) (Standardized to min. 18% Curcuminoids - 90 mg)

** Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (cellulose capsule), Microcrystalline Cellulose, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Meriva® is a registered trademark of Indena S.p.A., Italy.





D-FLAME™

Joint Health*

CODE: P3121 90 VEG CAPSULES

FOR OCCASIONAL MINOR ACHES & PAINS DUE TO OVEREXERTION*

D-Flame™ is a blend of complementary herbs that may help to support a healthy response to normal physiological stress through its ability to support the proper activity of cellular signaling molecules.* Maintenance of a normal balance of these mediators has been shown to play a key role in healthy cardiovascular function, as well as in joint health.* By helping to support a balanced response to these signals, the herbal components of D-Flame™ may assist in the maintenance of healthy joints and may help to relieve occasional minor pain resulting from over-exertion or stress.*

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 45 Amount Per Serving Holy Basil Extract (*Ocimum sanctum*) (Leaf) (Standardized to min. 2% Ursolic Acid) Ursolic Acid (from Holy Basil Extract) 5 mg* Turmeric Extract (Curcuma longa) (Rhizome) (min 95% Total Curcuminoids) 100 mg³ 100 mg* Ginger Extract (Zingiber officinale) (Rhizome) (min. 5% Gingerols) Green Tea Extract (Camellia sinensis) (Leaf) 100 mg* 100 mg* Boswellia Extract** (Boswellia serrata) (Gum Resin) Bromelain (2,400 GDU/g) 100 mg* Baikal Skullcap (*Scutellaria baicalensis*) (Root) (4:1 Extract) 50 mg* Resveratrol (from Polygonum cuspidatum Root Extract) 10 mg* Berberine (from Berberis aristata Root Extract)

Other ingredients: Cellulose (capsule), Cellulose Powder and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

** Boswellin® Boswellia Extract. Boswellin® is a registered trademark of Sabinsa Corp.





GLUCOSAMINE & CHONDROITIN

Joint Support*

CODE: P3243

SUPPORTS HEALTHY JOINT FUNCTION*
SUPPORTS JOINT COMFORT AND FLEXIBILITY*

Glucosamine & chondroitin are naturally occurring structural components that have recently enjoyed growing popularity. Glucosamine is an amino sugar derived from the chitin of shellfish and is used by the body to support healthy joint structures.* Chondroitin complements glucosamine, working harmoniously to provide optimal nutritional joint support.*

Supplement Serving Size 2 Tablets Serving		
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	110 mg	5%
Glucosamine Sulfate (from Glucosamine Potassiu	1.5 g (1,500 mg) m Sulfate Complex)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†
* Percent Daily Values are based on a 2, † Daily Value not established.	000 calorie diet.	

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source), Silica and Vegetarian Coating.

Contains shellfish (crab, shrimp, lobster, crayfish).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients.



GLUCOSAMINE & CHONDROITIN WITH MSM

Joint Health*

CODE: P3170 / 90 VEG CAPSULES CODE: P3172 / 180 VEG CAPSULES

JOINT HEALTH*

JOINT MOBILITY AND COMFORT*

Protocol For Life Balance® Glucosamine & Chondroitin with MSM combines three of the best known nutrients available for the support of healthy joints in one dietary supplement.* Scientific studies have demonstrated that glucosamine and chondroitin can promote normal joint mobility and comfort.* MSM is present as a naturally occurring sulfur compound for optimal nutritional support for the production of healthy joint structures.*

Serving Size 3 Veg Capsules Servings Per Container 60				
	Amount Per Serving	% Daily Value		
Calories	10			
Total Carbohydrate	2 g	< 1%**		
Sodium	150 mg	7%		
Glucosamine Sulfate 1.1 g (1,100 mg) † (from 1,500 mg Glucosamine Potassium Sulfate Complex)				
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	t		
MSM (Methylsulfonylmethane)	300 mg	t		

Other ingredients:Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, tree nut or sesame ingredients.



LIQUID GLUCOSAMINE & CHONDROITIN WITH MSM

Joint Support*

CODE: P3175 NET VOL. 16 FL. OZ. (473 ML)

JOINT MOBILITY & COMFORT* CITRUS FLAVOR

Liquid Glucosamine & Chondroitin with MSM combines three well-known joint support ingredients with nutritional components in an easy-to-swallow liquid.* This liquid formula has glucosamine and chondroitin, which have been shown to support proper joint mobility and comfort.* Also, this product includes MSM, a naturally occurring sulfur compound, as well as manganese and vitamin C, which nutritionally support the production of joint tissue components.* Together, these complementary ingredients can help to support healthy joint structure and function.*

Supplement Facts

Serving Size 1 Tablespoon (15 mL)

	Amount Per Serving	% Daily Value	
Calories	15		
Total Carbohydrate	4 g	1%**	
Vitamin C (as Ascorbic Acid)	100 mg	111%	
Manganese 4 mg 174% (from Manganese Amino Acid Chelate)			
Sodium	95 mg	4%	
Glucosamine HCI	750 mg	†	
Chondroitin Sodium Sulfate (from Bovine Cartilage)	600 mg	†	
MSM (Methylsulfonylmethane)	150 mg	†	

Other ingredients: De-ionized Water, Vegetable Glycerin, Fructose, Natural Flavors, Malic Acid, Citric Acid, Xanthan Gum, Potassium Sorbate (as preservative) and Natural Beta-Carotene.

Contains shellfish (crab, shrimp, lobster, crayfish). Natural Beta-Carotene contains refined soy oil.

Not manufactured with wheat, gluten, milk, egg, fish or sesame ingredients.



HYALURONIC ACID 100 MG

Joint, Skin Health*

CODE: P3155 60 VEG CAPSULES

JOINT SUPPORT*
WITH PROLINE, ALPHA-LIPOIC ACID & GRAPE
SEED EXTRACT
STRUCTURAL COMPONENT OF SKIN*
VEGETARIAN FORMULA

Hyaluronic acid (HA) is a naturally occurring glycosaminoglycan that is found in every tissue in the body. HA is particularly concentrated in the eyes, skin, and synovial fluid, where it functions as one of the body's main lubricating components.* HA also plays a critical role in the formation of cartilage, as well as in the maintenance of healthy skin.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving % Daily Value Sodium (from Sodium Hyaluronate) 10 mg < 1%</td> Hyaluronic Acid (from Sodium Hyaluronate) 100 mg † L-Proline (Free-Form) 100 mg †

Alpha Lipoic Acid 50 mg †
Grape Seed Extract (Vitis vinifera) 25 mg †
(Standardized for Polyphenols)
† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Rice
Flour, Magnesium Stearate (vegetable source) and Silicon

Not manufactured with soy, milk, egg, fish, shellfish, tree nut or sesame ingredients



JOINT-UC™

Joint Health*

CODE: P3134 60 VEG CAPSULES

UNDENATURED TYPE II COLLAGEN
WITH AQUAMIN® SEAWEED DERIVED MINERALS
JOINT HEALTH*

SUPPORTS JOINT MOBILITY AND FLEXIBILITY*
SUPPORTS A BALANCED RESPONSE TO TYPICAL
JOINT STRESS*

UC-II® is an undenatured (native) type II collagen that is derived from chicken sternum. Due to its unique configuration, it is capable of interacting with the normal immune system when administered orally.* UC-II® has been clinically validated for its ability to help maintain healthy joints through the support of a balanced immune system response to everyday wear and tear.* Joint-UC™ is enhanced with Aquamin® Seaweed Derived Minerals, a natural form of calcium and over 70 trace minerals.

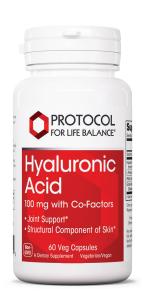
Supplement Facts Serving Size 1 Veg Capsule				
	Amount Per Serving	% Daily Value		
Calcium (from Aquamin®)	80 mg	6%		
UC-II® Standardized Chicken Cartilage (Providing 10 mg Total Collagen, including Undenatured Type II Collager	40 mg	†		
Aquamin® (Seaweed Derived Minerals) (Lithothamnium spp.) (Whole Plant)	250 mg	†		
† Daily Value not established.				

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Corn Starch (non-GMO), Potassium Chloride (stabilizer), Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

UC-II® is a Lonza trademark, registered in the EU and/or USA. Aquamin® is a registered trademark of Marigot Limited.

Non-GMO (H K





MSM 1,000 MG

Joint, Bone, Muscle Health*

CODE: P2120 180 VEG CAPSULES

BIOAVAILABLE SULFUR FOR CONNECTIVE TISSUE* SUPPORTS HEALTHY JOINTS*

MSM (methylsulfonylmethane) is a natural form of bioavailable sulfur found in all living organisms. Sulfur is critical for the formation of collagen, keratin, and elastin, which are proteins that make up most of the body's structural tissues, including hair, skin, nails, bone, cartilage, and ligaments.* Sulfur is also necessary for glutathione, lipoic acid, and SAMe production.* Clinical studies demonstrate that MSM may help to maintain healthy joint tissues.*

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 90

Amount Per Serving

MSM (Methylsulfonylmethane)

2 g (2,000 mg)*

* Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Magnesium Stearate (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.





RAW MACA 750 MG

Men's Health*

CODE: P4777 90 VEG CAPSULES

HEALTHY SEXUAL FUNCTION*
PERUVIAN MACA

The herb maca (Lepidium meyenii) is native to the Andes region of Peru, where it has a long history of use both as a food and a general energy tonic.* Modern scientific studies indicate that natural constituents in maca may help to support healthy sexual activity in males, without exerting any direct effect on endocrine function.* Protocol For Life Balance® Raw Maca is gelatinized to remove starch for a more concentrated product.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Organic Raw Maca Root (6:1 Concentrate) 750 mg* (Lepidium meyenii) (Gelatinized - vegetarian)† (Equivalent to 4,500 mg of fresh Maca Root)

Other ingredients: Hypromellose (cellulose capsule), Hydroxypropyl Cellulose, Silicon Dioxide and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

†Gelatinization is a completely vegetarian process that removes starch from maca to yield a more concentrated product. Gelatinization does not refer to "gelatin," and no animal derived ingredients are incorporated into this process.





ORTHO PROSTATE™

Men's Health*

CODE: P3340 90 SOFTGELS

WITH STANDARDIZED SAW PALMETTO, STINGING NETTLE & LYCOPENE SUPPORTS HEALTHY PROSTATE FUNCTION*

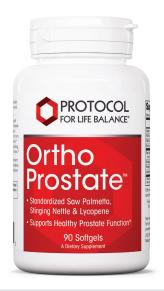
Ortho Prostate™ is a blend of botanical and nutritional ingredients known to support healthy prostate function and normal urine flow.* Extracts of saw palmetto and stinging nettle root may help to support normal activity of aromatase enzymes, and in turn, help to maintain the healthy function of prostate cells.* Lycopene is included to support proper cellular signaling, normal genetic expression, and healthy prostate function.*

Supplement Facts Serving Size 2 Softgels Servings Per Container 45				
	Amount Per Serving	% Daily Value		
Calories	10			
Total Fat	1 g	1%**		
Vitamin B-6 (from Pyridoxine HCI)	10 mg	588%		
Zinc (from Zinc Gluconate)	15 mg	136%		
Saw Palmetto Extract (Berry) (Serenoa repe (min. 85% Fatty Acids)	ens) 160 mg	†		
Stinging Nettle Root Extract (Urtica dioica)	300 mg	†		
Pumpkin Seed Oil	1 g (1,000 mg)	†		
Lycopene (from Tomato Extract) (LYC-O-MA	NTO®) 3 mg	t		
** Percent Daily Values are based on a 2,000 calorie † Daily Value not established.	diet.			

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, carob, water] and Beeswax.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

LYC-O-MATO® is a registered trademark of LycoRed Natural Products Ltd.



PROSTATE-B™

Men's Health*

CODE: P3348 90 SOFTGELS

CLINICAL STRENGTH
TARGETED FOR PROSTATE HEALTH*
WITH CLINICAL STRENGTH BETA-SITOSTEROL,
LYCOPENE & SAW PALMETTO

Clinical Strength Prostate-B™ combines the botanical ingredients saw palmetto extract, lycopene, and beta-sitosterol at clinical doses, with prostate supporting nutrients such as zinc, selenium, quercetin, and vitamin D₃.* This versatile formula promotes optimal urinary tract function, provides targeted nutritional and free radical scavenger support for the prostate, and helps to maintain healthy prostate tissue.*

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
Vitamin D-3 (as Cholecalciferol)	10 mcg (400 IU)	50%
Zinc (from Zinc Bisglycinate) (Albion™)	15 mg	136%
Selenium (from Selenium Glycinate) (Albion™)	70 mcg	127%
Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids)	320 mg	t
Phytosterols (Plant Sterols) (with Beta-Sitostero	ol) 850 mg	t
Stinging Nettle Root Extract (Urtica dioica)	240 mg	t
Quercetin (from Quercetin Dihydrate)	200 mg	t
Turmeric Root Extract (Curcuma longa) (min. 95% Curcuminoids)	100 mg	t
Pumpkin Seed Oil	1 g (1,000 mg)	t
Lycopene (LYC-O-MATO® Tomato Extract)	10 mg	t
Green Tea Extract (Camellia sinensis) (Leaf) (min. 50% EGCg)	100 mg	t
Pomegranate Extract (Punica granatum) (Fruit)	100 mg	t
Trans-Resveratrol [from Japanese Knotweed Extract (Polygonu	10 mg m cuspidatum) († Root)]
LinumLife® Complex (Flax Seed Lignan Extract) (Linum usitatissimum) (Seed Coat)	25 mg	Ť

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Sunflower Oil, Sunflower Lecithin and Beeswax.

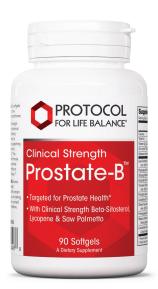
Phytosterols from soy (highly refined).

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or sesame ingredients.

Albion™ is a trademark of Balchem Corporation or its subsidiaries LYC-O-MATO® is a registered trademark of LycoRed Natural Products Ltd.

LinumLife® is a registered trademark of Frutarom Netherlands B.V. or its affiliates.





VIRILITY FOR MEN

Men's Health*

CODE: P2168 60 VEG CAPSULES

SUPPORTS HEALTHY MALE REPRODUCTIVE FUNCTION*

WITH ZMA® & LJ100® TONGKAT ALI

Virility for Men features LJ100®, a potent standardized extract of *Eurycoma longifolia*, commonly known as tongkat ali or long jack. LJ100® has bioactive eurypeptides, the active constituents of tongkat ali. LJ100® may support male reproductive function and healthy gonadal function.* Tribulus is another herbal ingredient that can promote a man's normal glandular function.* This formula also contains ZMA®, a unique formula of zinc and magnesium for the support of healthy immune, reproductive and neuromuscular function.* This combination of ingredients in Virility offers enhanced energy levels, as well as overall support for men's health.*

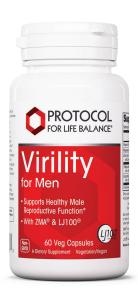
Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish

 ${\rm ZMA}^{\scriptsize (B)}$ is a registered trademark of SNAC System, Inc. San Carlos, CA 94070

LJ100[®] is a registered trademark of HP Ingredients





IRON

Essential Mineral

CODE: P1444 90 VEG CAPSULES

FERROCHEL™ IRON FOR SUPERIOR BIOAVAILABILITY* HIGH POTENCY 36 MG

Iron is a necessary component of hemoglobin, a protein that transports oxygen to the body's tissues, and of myoglobin, which stores oxygen for use in muscle tissues.* Because it is required for electron transport in mitochondria, normal iron status is critical for energy production and body temperature regulation.* Immune system function and neurological health are also affected by iron status.* This product features Ferrochel™, a form of iron that has clinically demonstrated superior bioavailability and is unlikely to cause Gl distress or constipation.*

Other ingredients: Rice Flour, Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

Ferrochel[™] is a registered trademark of Albion Laboratories. Inc.





MAGNESIUM CITRATE

Essential Mineral

CODE: P1290 100 TABLETS

CARDIOVASCULAR SUPPORT*
CRITICAL FOR ENZYME FUNCTION*
NERVOUS SYSTEM SUPPORT*

Magnesium is a mineral that is essential for a wide range of fundamental cellular functions; it is a cofactor in at least 300 different enzymatic reactions.* Magnesium is well known for its role in healthy cardiovascular function through its involvement in the body's maintenance of normal blood pressure and heart rhythm.* Magnesium also contributes significantly to bone formation and mineralization.* It plays a critical role in the regulation of muscle contraction and nerve activity through its influence on cell membrane permeability, as well as by helping to maintain the charge balance of bodily fluids.* In addition, magnesium is essential for the production of cellular energy from the metabolism of carbohydrate and fat.*

Supplement Facts

Serving Size 2 Tablets Servings Per Container 50)	
	Amount Per Serving	% Daily Value
Magnesium (from 2,667 mg Magnesiu	400 mg ım Citrate)	95%

Other ingredients: Hydroxypropyl Cellulose, Microcrystalline Cellulose, Vegetarian Coating, Stearic Acid (vegetable source), Croscarmellose Sodium and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

This magnesium citrate is a fully reacted mineral supplement.



MAGNESIUM CITRATE PLUS GLYCINATE & MALATE FORMS

CODE: P1298 180 SOFTGELS

Supplement Facts

Serving Size 3 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	20	
Total Fat	2 g	3%**
Magnesium (from Magnesium Citrate, Magne	400 mg esium Glycinate	95%
and Magnesium Malate)		

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Rice Bran Oil, Softgel Capsule [bovine gelatin (BSE-free), glycerin, water], Beeswax and Sunflower Legithin

Not manufactured with wheat, gluten, soy, milk, egg, fish or shell fish ingredients.



SELENIUM 200 MCG

Essential Minera

CODE: P1485 90 VEG CAPSULES

L-SELENOMETHIONINE VEGETARIAN FORMULA HIGH BIOAVAILABILITY

Selenium is an essential trace mineral that is necessary for the production of the enzyme glutathione peroxidase, a potent free radical scavenger.* Selenium is important for endocrine health and is especially critical for proper thyroid and prostate function.* It is also known to support the maintenance of normal immune system function and colon health.* This product is in its naturally-occurring form and is appropriate for vegetarians.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving % Daily Value
Selenium (elemental) 200 mcg 364%

Other ingredients: Rice Flour, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

(from 40 mg L-Selenomethionine)

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



ZINC GLYCINATE

Essential Mineral

CODE: P1554 120 SOFTGELS

SUPPORTS HEALTHY IMMUNE FUNCTION*
REPRODUCTIVE HEALTH*
SUPERIOR BIOAVAILABILITY
30 MG ALBION® TRAACS® ZINC

Zinc is an essential mineral that is involved in many aspects of cellular metabolism.* Zinc is a key cofactor in hundreds of enzymatic reactions and plays a critical role in protein synthesis, the maintenance of cellular structures, and cell signaling.* Because of these varied functions, zinc is necessary for the maintenance of skeletal, neurological, reproductive, and immune system health.* Although dietary bioavailability of zinc is relatively poor, zinc glycinate has been shown to achieve superior absorption and bioavailability.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving % Daily Value

Zinc (from 150 mg Zinc Bisglycinate) 30 mg (TRAACS*)

Pumpkin Seed Oil (Cold-Pressed) 250 mg †

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax and Soy Lecithin.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients.

U.S. Patent 7,838,042 and patents pending, and the trademark TRAACS® are used under license from Albion Laboratories, Inc.

5-HTP 100 / 200 MG

Mood*/Sleep*

CODE: P0105 / 90 VEG CAPSULES / 100 MG CODE: P0108 / 60 VEG CAPSULES / 200 MG

NATURAL SOURCE SUPPORTS POSITIVE MOOD* PROMOTES HEALTHY SLEEP PATTERNS* VEGETARIAN-VEGAN

5-HTP is the intermediate precursor in the natural synthesis of serotonin, a neurotransmitter that helps to regulate mood, appetite, and sleep/wake cycles.* 5-HTP readily crosses the blood-brain barrier, and clinical studies suggest that 5-HTP can support healthy serotonin levels.* Serotonin is associated with positive mood and provides a substrate for the production of melatonin.* 5-HTP is extracted from the bean of the African plant *Griffonia simplicifolia*, a natural vegetable source.

5-HTP 100 MG / 90 VEG CAPSULES / P0105

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

5-HTP (5-hydroxytryptophan) 100 mg* (from *Griffonia simplicifolia* Extract) (Seed)

* Daily Value not established.

Other ingredients: Rice Flour and Hypromellose (cellulose capsule).

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.



5-HTP 200 MG / 60 VEG CAPSULES / P0108

Supplement Facts Serving Size 1 Veg Capsule Amount % Da Amount % Da

Pe	Amount er Serving	% Daily Value
Niacin (as Niacinamide) (Vitamin B-3	3) 20 mg	125%
Vitamin B-6 (from Pyridoxine HCI)	2 mg	118%
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i> Extract	200 mg (Seed)	†
Glycine (Free-Form)	100 mg	†
Taurine (Free-Form)	100 mg	†
Inositol	100 mg	†
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



CLINICAL STRESS RELIEF WITH LACTIUM® & **ASHWAGANDHA**

Mood & Neurological Health*

CODE: P2375 60 VEG CAPSULES

MOOD & SLEEP SUPPORT* SUPPORT FOR EVERYDAY STRESS*

Clinical Stress Relief features Lactium®, a clinically tested milk protein derivative. Lactium® has been shown to support healthy cortisol levels and thus, can help to relieve the symptoms of stress from everyday life.* In addition, it can help to bring on sleep more quickly, maintain uninterrupted sleep, and promote better overall sleep quality.* Ashwagandha has been included as an "adaptogen", which helps the body adapt to typical daily stress.*

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving	
Casein Hydrolysate	150 mg**
(Bioactive Milk Peptides) (Lactium®)	
Ashwagandha Extract	300 mg**
(Withania somnifera) (Root and Leaf)	

(min. 2.5% Total Withanolides)

** Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Stearic Acid (vegetable source) and Silicon Dioxide

Not manufactured with yeast, wheat, gluten, soy, egg, fish, shellfish, tree nut or sesame ingredients

Lactium® is a registered trademark of Ingredia.



MELATONIN 3 / 10 / 20 MG

Sleep*/GI support*

CODE: P3258 / 120 LOZENGES / 3 MG CODE: P3557 / 100 VEG CAPSULES / 10 MG CODE: P3558 / 90 VEG CAPSULES / 20 MG

HEALTHY SLEEP CYCLE* VEGETARIAN-VEGAN

Melatonin is a potent free radical scavenger naturally produced in the pineal gland and the GI tract.* It is involved in many of the regulatory processes of the body, including regulation of glandular secretory functions related to the maintenance of normal sleep/wake cycles, maintenance of GI health, and aspects of immune system function.* Supplemental melatonin has been shown to support healthy sleep patterns especially when travelling across time zones or for shift workers.*

3 MG + B-6 / 120 LOZENGES / P3258

Supplement F Serving Size 1 Lozenge	acts	
	Amount Per Serving	% Daily Value
Vitamin B ₆ (from Pyridoxine HC) 3 mg	176%
Melatonin	3 mg	†
† Daily Value not established.		

Other Ingredients:Fructose, Microcrystalline Cellulose, Stearic Acid (vegetable source), Mannitol, Natural Peppermint Flavor, Sorbitol and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



10 MG EXTRA STRENGTH / 100 VEG CAPSULES

Supplement Facts

Serving Size 1 Veg Capsule Amount Per Serving Melatonin 10 mg* *Daily Value not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source)

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish, tree nut or sesame ingredients

This Extra Strength Melatonin 10 mg has over three times the Melatonin as in our 3 mg product.

V Non- (H k

20 MG MAXIMUM STRENGTH / 90 VEG CAPSULES / P3558

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving Melatonin ** Daily Value not established

Other ingredients: Magnesium Citrate, Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

This Maximum Strength Melatonin 20 mg has twice the Melatonin as in our Extra Strength 10 mg product.



MYO-INOSITOL POWDER

Practitione Choice

Mood & Neurological Health*

CODE: P0529 NET WT. 1 LB. (454 G)

HEALTHY MOOD, **EMOTIONAL WELLNESS* HEALTHY OVARIAN FUNCTION***

Inositol is a necessary component of all cellular membranes.* It is a member of the B-vitamin family that contributes to muscular and nerve function, and participates in the metabolism of fats in the liver.* Myo-inositol is the most abundant form of this nutrient, with its highest concentrations being found in the brain and central nervous system. Myo-inositol in particular is a versatile nutrient for the promotion of emotional and mental wellness, healthy eating patterns, and restful sleep through the critical role it plays in neurotransmitter messaging systems.* In addition, it is a critical nutritional element for the maintenance of ovarian health and blood sugar maintenance, especially in women.*

Supplement Facts

Serving Size 2 Level Teaspoons (approx. 6 g) Servings Per Container about 76

Amount Per Serving

6 g (6,000 mg)** Inositol Powder (Myo-Inositol) ** Daily Value not established.

Other ingredients: None.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

This product is sold by weight not volume.



SAMe 200 / 400 MG

Mood & Neurological Health*/Joint Support*

CODE: P0127 / 60 VEG CAPSULES / 200 MG CODE: P0141 / 60 TABLETS / 400 MG

NERVOUS SYSTEM SUPPORT* SUPPORTS JOINT HEALTH* STABILIZED FORM NO ENTERIC COATING NEEDED

SAMe (S-adenosylmethionine), a compound native to the body, is a critical component of many biochemical reactions, including those that affect brain biochemistry and joint health.* Numerous studies have indicated that SAMe can help to alleviate transient normal aches and pains resulting from overexertion or stress.* In addition, because SAMe is also necessary for the synthesis of neurotransmitters, it plays an important role in the maintenance of a positive mood.*

200 MG / 60 VEG CAPSULES / P0127

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine) (from S-Adenosyl-L-Methionine Disulfate Tosylate)

Daily Value not established

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Silicon Dioxide and Stearic Acid (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



400 MG / 60 TABLETS / P0141

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

SAMe (S-Adenosyl-L-Methionine) (from S-Adenosyl-L-Methionine Disulfate Tosylate)

*Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source), Pharmaceutical Glaze, Magnesium Stearate (vegetable source), Silicon Dioxide, Glycerin, Sodium Alginate and L-Arginine.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

400 mg**

SCELETIUM EXTRACT NEW! AS ZEMBRIN®

Mood & Neurological Health*

CODE: P2396 60 VEG CAPSULES

CALM AND ALERTNESS* WITH GABA

Zembrin® is an extract of *Sceletium tortuosum*, an herb traditionally used in South Africa for centuries to support emotional and mental well-being.* Modern clinical studies have demonstrated that Zembrin® can promote a feeling of calm while enhancing mental alertness.* In effect, it can help maintain emotional stability while enhancing certain cognitive functions, such as memory and mental flexibility.* Zembrin® may also help you get to sleep faster by promoting mental relaxation, but not drowsiness.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Zembrin® [Sceletium tortuosum (Aerial Parts) Extract] GABA (Gamma-Aminobutyric Acid) 300 mg** ** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Maltodextrin (non-GMO), Stearic Acid (vegetable source), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Zembrin® is a registered trademark of HG&H Pharmaceuticals (Pty) Limited.





ORTHO MULTI™ GREENS

Multiple Vitamin & Mineral

CODE: P3788 180 VEG CAPSULES

IRON-FREE SUPERFOOD CONCENTRATES WITH DIGESTIVE ENZYMES

Ortho Multi™ Greens offers a complete spectrum of vitamins and minerals with an array of green superfoods that are often missing from the typical diet. Nutritional imbalances due to incomplete diet may affect general well-being.*

Supplement Fact	S	
Serving Size 2 Veg Capsules Servings	Per Cont	ainer 90
Amo	unt Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene) 3	,750 mcg	417%
Vitamin C (from Calcium Ascorbate)	250 mg	278%
Vitamin D (as Ergocalciferol) 2.5 mcg	(100 IU)	13%
Vitamin E (from d-alpha Tocopheryl Succinate		447%
Thiamin (Vitamin B-1) (from Thiamin HCI)	25 mg	2083%
Riboflavin (Vitamin B-2)	25 mg	1923%
Niacin (Vitamin B-3) (as Niacinamide)	25 mg	156%
Vitamin B-6 (from Pyridoxine HCI)	25 mg	1471%
(400 mcg		170%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4167%
Biotin	50 mcg	167%
Pantothenic Acid (from Calcium Pantothenate)	25 mg	500%
Choline (from Choline Bitartrate)	25 mg	5%
Calcium (from Calcium Ascorbate, Carbonate and Citrate)	50 mg	4%
lodine (from Kelp)	75 mcg	50%
Magnesium (from Mag. Oxide and Citrate)	50 mg	12%
Zinc (from Zinc Picolinate)	7.5 mg	68%
Selenium (from L-Selenomethionine) Copper (from Copper Bisglycinate) (TRAACS™)	25 mcg	45%
Manganese (from Manganese Bisglycinate)	0.25 mg 2.5 mg	28% 109%
_(TRAACS™)		
Chromium (from Chromium Picolinate) Molybdenum (from Sodium Molybdate)	50 mcg	143%
Potassium (from Potassium Chloride)	25 mcg 12.5 mg	< 1%
Potassium (nom Potassium Chionde)	12.5 Hig	< 176
Organic Spirulina	125	mg †
Organic Chlorella (Broken Cell Wall)	50	mg †
Alfalfa Juice Concentrate	50	mg †
Green Tea Extract (Leaf)	25	mg †
Inositol	25	mg †
PABA (Para-Aminobenzoic Acid)		mg †
Panax Ginseng (Root)		mg †
Citrus Bioflavonoid Complex		mg †
Rutin Powder (Sophora japonica)	12.5	<u> </u>
(Flower Bud)	ala) 00	ma +
Bromelain (2400 GDU/g) (from Pineapp		mg †
Papain (2000 USP/mg) (from Papaya)	12.5	
Protease Blend (2000 SAP/g & 200 LAP		
Lipase (80,000 LU/g)	12.5	
Amylase (5000 SKB/g)	5	mg †
† Daily Value not established.		

Other ingredients: Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source), Silicon Dioxide, Microcrystalline Cellulose and Stearic Acid (vegetable source).

Vitamin E from non-GMO soy.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients.

TRAACS™ is a trademark of Albion Laboratories, Inc.



ORTHO MULTI™ SOFTGELS WITH FLAX

Multiple Vitamin & Mineral

CODE: P3816 90 SOFTGELS

COMPLETE MULTI-VITAMIN AND MULTI-MINERAL WITH LUTEIN & LYCOPENE WITH ORGANIC FLAX SEED OIL

Protocol For Life Balance® Ortho Multi™ Softgels is a complete vitamin and mineral complex fortified with lutein, lycopene, and flax seed oil. It provides all the daily required vitamins and minerals in bioavailable forms to support general health and well-being.*

Supplement Fa		
Serving Size 2 Softgels Servings F		
Pe	Amount Serving	% Daily Value
Calories	10	
Total Fat	1 g	1%**
	,000 mcg	333%
(60% as Beta-Carotene and 40% as F Vitamin C (as Ascorbic Acid)	300 ma	mitate) 333%
		50%
Vitamin E (as d-alpha Tocopherol)	268 ma	1787%
Thiamin (from Thiamin HCI) (Vitamin B-		4167%
Riboflavin (Vitamin B-2)	25 mg	1923%
Niacin (as Niacinamide) (Vitamin B-3)	50 mg	313%
Vitamin B-6 (from Pyridoxine HCI)	50 mg	2941%
(800 mcg		340%
Vitamin B-12 (as Cyanocobalamin)	100 mcg	4167%
Biotin	300 mcg	1000%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	1000%
Calcium (from Calcium Carbonate, Calcium Citrate and Calcium AAC***)	100 mg	8%
Iron (from Ferrous Bisglycinate) (Ferrochel™)	9 mg	50%
lodine (from Potassium Iodide)	150 mcg	100%
Magnesium (from Magnesium Oxide and Magnesium Citrate)	100 mg	24%
Zinc (from Zinc AAC***)	15 mg	136%
Selenium (from L-Selenomethionine)	70 mcg	127%
Copper (from Copper AAC***)	1 mg	111%
Manganese (from Manganese AAC***)	2 mg	87%
Chromium (from Chromium AAC***)	120 mcg	
Molybdenum (from Sodium Molybdate)		56%
Potassium (from Potassium Chloride)	25 mg	<1%
Organic Flaxseed Oil (Linum usitatissimum)	800 mg	†
Alpha Lipoic Acid	30 mg	+
PABA (Para-Aminobenzoic Acid)	50 mg	Ť
Inositol	25 mg	
Boron (from Boron Citrate)	500 mcg	
Lutein (from Marigold Flowers Extract) (Tagetes erecta)		†
Lycopene (from Tomato Extract)	250 mcg	+
Vanadium (from Vanadyl Sulfate)	25 mcg	+
** Percent Daily Values are based on a 2,00 † Daily Value not established.	Ü	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Beeswax, Soy Lecithin and Vanilla Extract.

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients.

AAC*** = Amino Acid Chelate

Ferrochel™ is a trademark of Albion Laboratories, Inc.

ORTHO MULTI™ SOFTGELS FOR MEN

Multiple Vitamin, Mineral & Men's Health*

CODE: P3880 90 SOFTGELS

WITH SAW PALMETTO, PLANT STEROLS, LYCOPENE, PUMPKIN SEED OIL & TRAACS™ MINERALS

IRON FREE

EASIER TO SWALLOW AND ABSORB

Ortho Multi™ Softgels for Men delivers balanced nutrition for the support of optimal wellness and vitality.*

Serving Size 2 Softgels Servings Per Container 45	Supplement Fact	ts	
Vitamin A [60% as Beta-Carotene 3,000 mcg 333% (Betatene®) and 40% as Retinyl Palmitate Vitamin C (from Calcium Ascorbate) 250 mg 278% Vitamin D-3 (as Choleacliefron) 25 mcg (1,000 IU) 125% Vitamin E (as d-alpha Tocopherol) 100 mg 667% Vitamin K-1 (as Phytonadione) 35 mcg 29% Vitamin B-10 (from Thiamin HCl) 25 mg 2083% Riboflavin (Vitamin B-3) (as Niacinamide) 35 mg 219% Vitamin B-6 [from Pyridoxine HCl and 25 mg 1471% Pyridoxal-5-Phosphate (P-5-P) Folate			ner 45
Retatene® and 40% as Retinyl Palmitate		Amount	% Daily
Vitamin D-3 (as Cholecalciferol) 25 mcg (1,000 IU) 125% Vitamin E (as d-alpha Tocopherol) 100 mg (67%) 667% Vitamin K-1 (as Phytonadione) 35 mcg (29%) Thiamin (Vitamin B-1) (from Thiamin HCI) 25 mg (283%) Riboflavin (Vitamin B-2) (as Niacinamide) 25 mg (1923%) Niacin (Vitamin B-3) (as Niacinamide) 35 mg (219%) Vitamin B-6 [from Pyridoxine HCI and Pyridoxal-5-Phosphate (P-5-P)] 680 mcg DFE (400 mcg folic acid) 1471% Vitamin B-12 (as Methylcobalamin) 120 mcg (100%) 5000% Biotin 300 mcg (1000%) 1000% Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate) 50 mg (1000%) 55 mg (100%) Calcium (from Choline Bitartrate) 25 mg (5%) 55 mg (4%) 6% Calcium (from Cal. Ascorbate, Aquamin® Seawed Derived Minerals and Calcium Pantothenate) 25 mg (5%) 6% Iodine (from Potassium Iodide) 225 mg (5%) 150% 6% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg (5%) 6% Zinc (from Zinc Picolinate) 15 mg (136%) 15 mg (36%) Selenium (from Seanium Glycinate) 200 mcg (364%			333%
Vitamin E (as d-alpha Tocopherol) 100 mg 667% Vitamin K-1 (as Phytonadione) 35 mcg 29% Thiamin K-1 (as Phytonadione) 35 mcg 29% Thiamin (Vitamin B-1) (from Thiamin HCl) 25 mg 2083% Riboflavin (Vitamin B-2) 25 mg 1923% Niacin (Vitamin B-3) (as Niacinamide) 35 mg 219% Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P)) 50 mg 1471% Folate (400 mcg folic acid) 170 mcg 5000% Biotin 300 mcg 1000% 1000% Vitamin B-12 (as Methylcobalamin) 120 mcg 5000% Biotin 300 mcg 1000% Pantothenic Acid (Vitamin B-5) 50 mg 1000% (from Calcium Pantothenate) 25 mg 5% Calcium (from Choline Bitartrate) 25 mg 5% Calcium (from Cal. Ascorbate, Aquamin® 55 mg 4% Seawed Derived Minerals and Calcium Pantothenate) 25 mg 5% Iodine (from Potassium Idde) 225 mg 150% Magnesium (from Magnesium Citrate and Aqua	Vitamin C (from Calcium Ascorbate)	250 mg	278%
Vitamin K-1 (as Phytonadione) 35 mcg 29% Thiamin (Vitamin B-1) (from Thiamin HCl) 25 mg 2883% Riboflavin (Vitamin B-2) 25 mg 1923% Niacin (Vitamin B-3) (as Niacinamide) 35 mg 219% Vitamin B-6 (from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P)) 25 mg 1471% Folate 680 mcg DFE (400 mcg folic acid) 170% Vitamin B-12 (as Methylocbalamin) 120 mcg 5000% Biotin 300 mcg 1000% Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate) 50 mg 1000% Choline (from Choline Bitartrate) 25 mg 5% Galcium (from Coline Bitartrate) 25 mg 5% Galcium (from Choline Bitartrate) 25 mg 4% Seaweed Derived Minerals and Calcium Pantothenate) 10dine (from Potassium Iodide) 225 mg 6% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 15 mg 136% Selenium (from Selenium Glycinate 200 mcg 364% Complex (Albion™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) 2 m	Vitamin D-3 (as Cholecalciferol) 25 mcg	(1,000 IU)	125%
Thiamin (Vitamin B-1) (from Thiamin HCl)			
Riboflavin (Vitamin B-2) 25 mg 1923% Niacin (Vitamin B-3) (as Niacinamide) 35 mg 219% Vitamin B-6 [from Pyridoxine HCI and Pyridoxal-5-Phosphate (P-5-P)] 580 mog DFE (400 mcg folic acid) 170% Folate 680 mog DFE (400 mcg folic acid) 170 mcg folic acid) 5000% Biotin 300 mcg 1000% 1000% Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate) 50 mg 1000% 1000% Choline (from Choline Bitartrate) 25 mg 5% 5% Calcium (from Cal. Ascorbate, Aquamin® Seawed Derived Minerals and Calcium Pantothenate) 55 mg 4% 4% Iodine (from Potassium Iodide) 225 mg 5% 5% 4% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 6% 364% Zinc (from Zinc Picolinate) 15 mg 136% 364% Selenium (from Selenium Glycinate Complex) (Albion™) 200 mcg 364% 364% Complex) (Albion™) 0.5 mg 56% 37% Manganese (from Manganese Bisglycinate) (TRAACS™) 0.5 mg 56% 37% Manganese (from Molybdenum Glycinate) (TRAACS™) 120 mcg 343% 37% Chromium (from C		35 mcg	
Niacin (Vitamin B-3) (as Niacinamide) 35 mg 219% Vitamin B-6 [from Pyridoxine HCl and 25 mg 1471% Pyridoxal-5-Phosphate (P-5-P)] Folate		25 mg	2083%
Vitamin B-6 [from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P)]		25 mg	1923%
Pyridoxal-Š-Phosphate (P-5-P) Folate		35 mg	
Witamin B-12 (as Methylcobalamin) (400 mcg folic acid) 5000% Biotin 300 mcg 5000% Biotin 300 mcg 1000% Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate) 50 mg 1000% Choline (from Choline Bitartrate) 25 mg 5% Calcium (from Cal. Ascorbate, Aquamin® 55 mg 4% Seaweed Derived Minerals and Calcium Pantothenate) Iodine (from Potassium Iodide) 225 mg 6% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 6% Zinc (from Zinc Picolinate) 15 mg 136% Selenium (from Selenium Glycinate 200 mcg 364% Complex) (Albion™) 2 mg 87% Manganese (from Manganese Bisglycinate) 2 mg 87% Manganese (from Manganese Bisglycinate) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Saw Palmetto Extract (Berry) 160 mg 1 Giycinate) (TRAACS™) 160 mg †	Pyridoxal-5-Phosphate (P-5-P)]		
Biotin	(400 mcg	folic acid)	
Pantothenic Acid (Vitamin B-5) 50 mg 1000% (from Calcium Pantothenate) 25 mg 5%			
(from Calcium Pantothenate) 25 mg 5% Choline (from Choline Bitartrate) 25 mg 5% Calcium (from Cal. Ascorbate, Aquamin® Seaweed Derived Minerals and Calcium Pantothenate) 15mg 150% Magnesium (from Potassium Iodide) 225 mg 150% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 36% Zinc (from Zinc Picolinate) 15 mg 136% Selenium (from Selenium Glycinate Complex) (Albion™) 200 mcg 364% Copplex) (Albion™) 2 mg 87% Chromium (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Molybdenum (from Potassium Chloride) 25 mg 1 % Saw Palmetto Extract (Berry) 160 mg † (Serenoa repens) (min. 85% Fatty Acids) 50 mg † Phytosterols (Plant Sterols) (with Beta-Sitosterol) 25 mg † Alpha Lipoic Acid <td></td> <td></td> <td></td>			
Calcium (from Cal. Ascorbate, Aquamin® Seaweed Derived Minerals and Calcium Pantothenate) 55 mg 4% Seaweed Derived Minerals and Calcium Pantothenate) 225 mg 150% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 6% Selenium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 36% Selenium (from Selenium Glycinate) 200 mcg 364% Complexy (Albion™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Saw Palmetto Extract (Berry) 160 mg 1 Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids) 50 mg † Phytosterols (Plant Sterols) (with Beta-Sitosterol) 25 mg † Alpha Lipoic Acid 25 mg 25 mg † Grape Seed Extract (Vitis vinifera) 25 mg † Inositol 10 mg † Lycopene (from Tomato Extract) (CYC-O-MATO®) 3 mg <td>(from Calcium Pantothenate)</td> <td></td> <td></td>	(from Calcium Pantothenate)		
Seaweed Derived Minerals and Calcium Pantothenate) Seaweed Incidence (from Potassium Indiad) 225 mcg 150% Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 6% Zinc (from Zinc Picolinate) 15 mg 136% Selenium (from Selenium Glycinate Complex) (Albion™) 200 mcg 364% Copper (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Potassium (from Potassium Chloride) 25 mg 1% Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids) 160 mg † Phytosterols (Plant Sterols) (with Beta-Sitosterol) 50 mg † Alpha Lipoic Acid 25 mg † Grape Seed Extract (Vitis vinifera) 25 mg † Inositol 10 mg † COQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) (YC-O-MATO*) 3 mg † Lutein (from Marigold Flowers Extract) (FloraGLO*) 500 mcg <t< td=""><td></td><td></td><td></td></t<>			
Magnesium (from Magnesium Citrate and Aquamin® Seaweed Derived Minerals) 25 mg 6% Aquamin® Seaweed Derived Minerals) Zinc (from Zinc Picolinate) 15 mg 136% Selenium (from Selenium Glycinate Complex) (Albion™) 200 mcg 364% Copper (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Potassium (from Potassium Chloride) 25 mg < 1%	Seaweed Derived Minerals and Calcium Pa	intothenate)	
Aquamin® Seaweed Derived Minerals) Inc (from Zinc Picolinate) 15 mg 136% Selenium (from Selenium Glycinate Complex) (Albion™) 200 mcg 364% Copper (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Chromium (from Molybdenum (from Molybdenum (from Molybdenum (from Potassium Chloride) 25 mg 160 mg Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids) 160 mg † Phytosterols (Plant Sterols) (with Beta-Sitosterol) 50 mg † Alpha Lipoic Acid 25 mg † Alpha Lipoic Acid 25 mg † Inositol 10 mg † COQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) (FloraGLC™) 500 mcg † (Yageles erecta) (FloraGLC™) 45 mcg †			
Selenium (from Selenium Glycinate Complex) (Albion ™) 200 mcg 364% Complex) (Albion ™) Copper (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Potassium (from Potassium Chloride) 25 mg < 1%	Aquamin® Seaweed Derived Minerals)	25 mg	6%
Complex) (Albion™) Copper (from Copper Bisglycinate) (TRAACS™) 0.5 mg 56% Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Potassium (from Potassium Chloride) 25 mg < 1%	Zinc (from Zinc Picolinate)	15 mg	136%
Manganese (from Manganese Bisglycinate) (TRAACS™) 2 mg 87% Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% Molybdenum (from Molybdenum Glycinate) (TRAACS™) 75 mcg 167% Potassium (from Potassium Chloride) 25 mg < 1%		200 mcg	364%
(TRAACS™) Chromium (from Chromium Nicotinate Glycinate) (TRAACS™) 120 mcg 343% and 3	Copper (from Copper Bisglycinate) (TRAACS™)	0.5 mg	56%
Glycinate) (TRAACS™) Molybdenum (from Molybdenum (glycinate) (TRAACS™) Potassium (from Potassium Chloride) Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids) Phytosterols (Plant Sterols) (with Beta-Sitosterol) Alpha Lipoic Acid Grape Seed Extract (Vitis vinifera) Local (as Ubiquinone) Lycopene (from Tomato Extract) (Tageles erecta) (FloraGLO™) Vitamin K-2 (as Menaquinone) 167% mg 167% mg <1% 160 mg ↑ 160 mg ↑ 160 mg ↑ 170 mg ↑ 1	Manganese (from Manganese Bisglycinate) _(TRAACS™)	2 mg	87%
Glycinate) (TRAACS fm) Potassium (from Potassium Chloride) Saw Palmetto Extract (Berry) (Serenoa repens) (min. 85% Fatty Acids) Phytosterols (Plant Sterols) Alpha Lipoic Acid Grape Seed Extract (Vitis vinifera) Inositol CoQ10 (as Ubiquinone) Lycopene (from Tomato Extract) (YC-O-MATO*) Lutein (from Marigold Flowers Extract) (Tageles erecta) (FloraGLO*) Vitamin K-2 (as Menaquinone) 45 mcg 106 25 mg † 10 mg	Chromium (from Chromium Nicotinate Glycinate) (TRAACS™)	120 mcg	343%
Saw Palmetto Extract (Berry) 160 mg (Serenoa repens) (min. 85% Fatty Acids) Phytosterols (Plant Sterols) 50 mg † (with Beta-Sitosterol) Alpha Lipoic Acid 25 mg † Inositol 25 mg † Inositol 10 mg † CoQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) 3 mg † (LYC-O-MATO*) Lutein (from Marigold Flowers Extract) 500 mcg † (Tagetes erecta) (FloraGLO*) Vitamin K-2 (as Menaquinone) 45 mcg †		75 mcg	167%
(Serenoa repens) (min. 85% Fatty Acids) Phytosterols (Plant Sterols) (with Beta-Sitosterol) Alpha Lipoic Acid 25 mg † (Grape Seed Extract (Vitis vinifera) 25 mg † (Grape Seed Extract (Vitis vinifera) 10 mg † (Grape Seed Extract (Vitis vinifera) 10 mg † (Grape Seed Extract (Vitis vinifera) 10 mg † (Grape Seed Extract) 3 mg † (LYC-O-MATO*) Lutein (from Marigold Flowers Extract) 500 mcg † (Tageles erecta) (FloraGLO*) Vitamin K-2 (as Menaquinone) 45 mcg †	Potassium (from Potassium Chloride)	25 mg	< 1%
Phytosterols (Plant Sterols) (with Beta-Sitosterol) Alpha Lipoic Acid 25 mg † Grape Seed Extract (Vitis vinifera) 25 mg † Inositol 10 mg † CoQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) (1YC-O-MATO*) Lutein (from Marigold Flowers Extract) (7agetes erecta) (FloraGLO*) Vitamin K-2 (as Menaquinone) 45 mcg †			†
Alpha Lipoic Acid 25 mg † Grape Seed Extract (Vitis vinifera) 25 mg † Inositol 10 mg † CoQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) 3 mg † (LYC-O-MATO®) † * Lutein (from Marigold Flowers Extract) 500 mcg † (Tageles erecta) (FloraGLO®) * * Vitamin K-2 (as Menaquinone) 45 mcg †	Phytosterols (Plant Sterols)		†
Grape Seed Extract (Vitis vinifera) 25 mg † Inositol 10 mg † CoQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) 3 mg † (LYC-O-MATO*) † * Lutein (from Marigold Flowers Extract) 500 mcg † (Tageles erecta) (FloraGLO*) * * Vitamin K-2 (as Menaquinone) 45 mcg †		OE :	
Inositol			
CoQ10 (as Ubiquinone) 10 mg † Lycopene (from Tomato Extract) 3 mg † (LYC-O-MATO®) ** ** Lutein (from Marigold Flowers Extract) 500 mcg † (Tagetes erecta) (FloraGLO®) ** ** Vitamin K-2 (as Menaquinone) 45 mcg †			
Lycopene (from Tomato Extract) 3 mg † (LYC-O-MATO®) 1 tutein (from Marigold Flowers Extract) 500 mcg † (Tagetes erecta) (FloraGLO®) Vitamin K-2 (as Menaquinone) 45 mcg †			
(LYC-O-MATO®) Lutein (from Marigold Flowers Extract) 500 mcg † (Tagetes erecta) (FloraGLO®) Vitamin K-2 (as Menaquinone) 45 mcg †			
(Tagetes erecta) (FloraGLO®) Vitamin K-2 (as Menaquinone) 45 mcg †	(LYC-O-MATO®)	3 mg	†
Vitamin K-2 (as Menaquinone) 45 mcg †		500 mcg	†
		45 mcg	†
		- 3	·

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Pumpkin Seed Oil, Sunflower Lecithin, Beeswax and Cinnamon Bark Powder.

Contains sov.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or sesame ingredients.

Albion™ and TRAACS™ are trademarks of Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited; LYC-O-MATO® is a registered trademark of LycoRed Products Ltd.; FloraGLO® is a registered trademark of Kemin Industries, Inc.; Betatene® is a registered trademark of BASF SE.



ORTHO MULTI™ SOFTGELS FOR WOMEN

Multiple Vitamin, Mineral & Women's Health*

CODE: P3802 90 SOFTGELS

WITH EVENING PRIMROSE OIL, CRANBERRY, GREEN TEA & TRAACS™ MINERALS

EASIER TO SWALLOW AND ABSORB

Supplement Facts

Ortho Multi™ Softgels for Women offers balanced nutrition for the support of total body wellness.*

Serving Size 3 Softgels Serving	s Per Conta	iner 30
	Amount Per Serving	% Daily Value
Calories	25	
Total Fat	2 g	3%**
Protein	1 g	
Vitamin A (100% as Beta-Carotene) (Betatene®)	1,500 mcg	167%
Vitamin C (from Calcium Ascorbate)	200 mg	222%
Vitamin D-3 (as Cholecalciferol) 25 mg	cg (1,000 IU)	125%
Vitamin E (as d-alpha Tocopherol)	100 mg	667%
Vitamin K-1 (as Phytonadione)	35 mcg	29%
Thiamin (Vit. B-1) (from Thiamin HCI)	25 mg	2083%
Riboflavin (Vitamin B-2)	25 mg	1923%
Niacin (Vitamin B-3) (from Niacinamide and Inositol Hexanicotinate)	e 25 mg	156%
Vitamin B-6 [from Pyridoxine HCl and Pyridoxal-5-Phosphate (P-5-P)]	25 mg	1471%
Folate 1,3	60 mcg DFE	340%
(800 m	cg folic acid)	
Vitamin B-12 (as Methylcobalamin)	120 mcg	5000%
Biotin	300 mcg	1000%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	50 mg	1000%
Choline (from Choline Bitartrate)	25 mg	5%
Calcium (from Aquamin® Seaweed Derived Minerals, Calcium Carbonate Calcium Ascorbate, Calcium Pantothe		11%
Iron (from Ferrous Bisglycinate) (Ferrochel™)	6 mg	33%
Iodine (from Potassium Iodide)	225 mcg	150%
Magnesium (from Mag. Citrate, Mag. Oxide and Aquamin® Seaweed	100 mg d Derived Min	24% erals)
Zinc (from Zinc Bisglycinate) (TRAACS	S™) 15 mg	136%
Selenium (from Selenium Glycinate) (Albid		g 364%
Copper (from Copper Bisglycinate) (TRA		
Manganese (from Manganese Bisglycinate (TRAACS™)		
Chromium (from Chromium Nicotinate Glycinate) (TRAACS™)	120 mc	
Molybdenum (from Molybdenum Glycinate) (TRAACS™)	75 mc	
Potassium (from Potassium Chloride)	25 m	g < 1%
Evening Primrose Oil (Oenothera biennis)	(Seed) 500 m	g t
Cranberry Concentrate (Vaccinium macrocarpon) (Fruit)	100 m	<u> </u>
Horsetail Extract (<i>Equisetum arvense</i>) (Aerial Parts) (min. 8% Silica)	50 m	g t
Alpha Lippic Acid	25 m	n t

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Flax Seed Oil, Soy Lecithin and Beeswax.

25 mg

25 mg

25 mg 25 mg

10 mg

500 mcg

500 mcg

45 mcg

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or sesame ingredients.

Albion TM , Ferrochel TM and TRAACS TM are trademarks of Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited; LYC-O-MATO® is a registered trademark of LycoRed Natural Products Ltd.; FloraGLO® is a registered trademark of Kemin Industries, Inc.; Betatene® is a registered trademark of BASF SE.



Alpha Lipoic Acid

Grape Seed Extract (Vitis vinifera)

Lycopene (from Tomato Extract)
(LYC-O-MATO®)

Vitamin K-2 (as Menaquinone)

Green Tea Extract (Camellia sinensis) (Leaf)

CoQ10 (Coenzyme Q10) (as Ubiquinone)

Lutein (from Marigold Flowers Extract) (Tagetes erecta) (FloraGLO®)

** Percent Daily Values are based on a 2,000 calorie dief † Daily Value not established.

PRE-NATAL MULTIVITAMIN WITH DHA

Multiple Vitamin, Mineral & Women's Health*

CODE: P3809 90 SOFTGELS

250 MG DHA PER SERVING TO SUPPORT HEALTHY **FYE & BRAIN DEVELOPMENT***

PLUS BORAGE OIL (GLA)

Protocol For Life Balance® Prenatal Softgels with DHA offer a balanced blend of vitamins, minerals, and DHA specifically formulated for women during pregnancy and/or lactation. DHA is an essential fatty acid known to be critical during pregnancy and post-natal for the optimal development of your infant's eyes and brain.* Current research indicates an optimal average daily intake of at least 200 mg of DHA.

Serving Size 3 Softgels Servings		
Pe	Amount Serving	%Dail Value*
Calories	15	
Total Fat	1.5 g	2%*
Vitamin A (100% as Beta-Carotene) 1	500 mcg	1159
Vitamin C (from Calcium Ascorbate)	120 mg	1009
Vitamin D-3 (as Cholecalciferol) 10 mcg	(400 IU)	679
Vitamin E (as d-alpha Tocopheryl Acetate)	67 mg	3539
Vitamin K-1 (as Phytonadione)	15 mcg	179
Thiamin (from Thiamin HCI) (Vitamin B-1) 5 mg	3579
Riboflavin (Vitamin B-2)	5 mg	3139
Niacin (as Niacinamide) (Vitamin B-3)	13 mg	729
Vitamin B-6 (from Pyridoxine HCI)	10 mg	5009
Folate 1,360 r (800 mcg f	ncg DFE olic acid)	2279
Vitamin B-12 (as Methylcobalamin)	500 mcg 1	7,8579
Biotin	300 mcg	8579
Pantothenic Acid (from Calcium Pantothenate)	20 mg	2869
Choline (from Choline Bitartrate)	10 mg	29
Calcium	400 mg	319
[from Calcium Carbonate (Aquamin® S Minerals), Calcium Citrate and Calcium		erived
Iron (from Ferrous Bisglycinate) (Ferrochel™)	27 mg	1009
lodine (from Potassium lodide)	150 mcg	529
Magnesium (from Magnesium Oxide, Aquamin® Seaweed Derived Minerals and		509 n Citrat
Zinc (from Zinc Bisglycinate) (TRAACS™		115%
Selenium (from Selenium Glycinate) (Albion™)	70 mcg	1009
Copper (from Copper Bisglycinate) (TRAACS™)	2 mg	1549
Manganese (from Manganese Bisglycir (TRAACS™)	ate) 2 mg	779
Chromium (from Chromium Nicotinate Glycinate) (TRAACS™)	120 mcg	2679
Molybdenum (from Molybdenum Glycinate) (TRAACS™)	75 mcg	150%
Potassium (from Potassium Chloride)	25 mg	<19
Fish Oil Concentrate	650 mg	
DHA (Docosahexaenoic Acid)	250 mg	
EPA (Eicosapentaenoic Acid)	90 mg	
Borage Oil (Seed)	125 mg	
GLA (Gamma-Linolenic Acid)	25 mg	
Inositol Lutein (from Marigold Flowers Extract)	10 mg 500 mcg	
(Tagetes erecta)	2E0 m	
Lycopene (from Tomato Extract)	350 mcg	
Vitamin K-2 (as Menaguinone)	20 mcg	

Other ingredients: Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, carob], Rice Bran Oil, Beeswax, Soy Lecithin and Lemon Oil

Contains fish (tuna, anchovies) and soy

Not manufactured with wheat, gluten, milk, egg, shellfish or sesame ingredients

Albion $^{\text{TM}}$, Ferrochel $^{\text{TM}}$ and TRAACS $^{\text{TM}}$ are trademarks of Albion Laboratories, Inc.; Aquamin® is a registered trademark of Marigot Limited.



BRAIN REGAIN™

Neurological Health*

CODE: P3303 90 VEG CAPSULES

SUPPORTS HEALTHY COGNITIVE & NEUROLOGICAL FUNCTION*

WITH GINKGO BILOBA, ROSEOX & PHOSPHATIDYL SERINE

VEGETARIAN-VEGAN

Although Eastern herbalists have relied on *Ginkgo biloba* for centuries, its biological activities have only more recently been identified. *Ginkgo biloba* is now recognized as a potent free radical scavenger that can support healthy vascular function.* Brain Regain™ also uses a complementary combination of RoseOx®, a standardized extract of rosemary, phosphatidyl serine, and other nutrients for the support of healthy neurological function.*

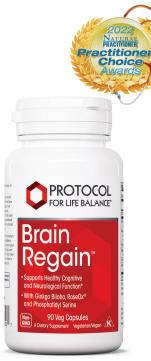
	Amount Per Serving	% Dail Value
Choline (from Choline Bitartrate)	50 mg	9%
Ginkgo Extract (<i>Ginkgo biloba</i>) (Leat (min. 24% Ginkgoflavonglycoside		† golides)
RoseOx® (Standardized Rosemary Leaf Ex (Rosmarinus officinalis) (min. 6%		†
Phosphatidyl Serine	15 mg	t
Huperzine Complex (Huperzia serrata) (Moss)	25 mcg	†
L-Glutamine (Free-Form)	125 mg	t
Gotu Kola (<i>Centella asiatica</i>) (4:1 Extract) (L	125 mg	†

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Contains soy (phosphatidyl serine from soy lecithin) (non-GMO). Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients.

 $RoseOx^{\circledast}$ is a registered trademark of Hauser Inc.





COGUMIN SLCP™

Neurological Health*

CODE: P2395 50 VEG CAPSULES

400 MG LONGVIDA® OPTIMIZED CURCUMIN COGNITIVE SUPPORT*
PENETRATES THE BLOOD-BRAIN BARRIER*
CIRCULATING FREE CURCUMIN

Curcumin has long been studied for its neurological support properties; however, it is also known to exhibit generally poor bioavailability, especially with respect to the brain.* Cogumin SLCP™ features Longvida® Optimized Curcumin, which utilizes Solid Lipid Curcumin Particle (SLCP™) Technology. SLCP™ allows for the absorption and circulation of free, unmetabolized curcumin, which is generally unavailable from generic or soluble forms of curcumin. SLCP™ allows free curcumin to penetrate the blood-brain barrier, where it helps to protect brain tissue from free radical attack and supports normal cognitive function.*

Supplement Facts Serving Size 1 Veg Capsule

Amount Per Serving

Longvida® Optimized Cur cumin Extract [from Curcuma longa (Turmeric) Root] (Rhizome) (min. 20% Curcuminoids)

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source), Silicon Dioxide, Rice Flour and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients.

LONGVIDA® extract is patented under US 9192644 & EP 1993365 (other patents pending) and LONGVIDA® is a registered trademark of Verdure Sciences Inc. SLCP $^{\infty}$ is a trademark of Verdure Sciences Inc.





GINKGO BILOBA 60/120 MG

Neurological Health*/Vascular Health*

CODE: P4683 / 100 VEG CAPSULES / 120 MG CODE: P4686 / 60 VEG CAPSULES / 60 MG

24% / 6% STANDARDIZED EXTRACT

Ginkgo biloba is grown and extracted under the highest quality standards and is standardized to min. 24% ginkgoflavonglycosides and min. 6% terpene lactones, including ginkgolide B, ginkgolides A, C and bilobalide. A long history of traditional use and modern scientific research have indicated that ginkgo can help to promote optimal circulation and support brain health.*

120 MG + ELEUTHERO / 100 VEG CAPS / P4683

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Ginkgo Extract (*Ginkgo biloba*) (Leaf) 120 mg* (50:1 Standardized Extract, min. 24% Ginkgoflavonglycosides and 6% Terpene Lactones)
Organic Eleuthero 250 mg* (*Eleutherococcus senticosus*) (Root)

*Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.



60 MG / 60 VEG CAPS / P4686

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Ginkgo Extract (*Ginkgo biloba*) (Leaf) 60 mg**
(50:1 Standardized Extract, min. 24%
Ginkgoflavonglycosides and 6% Terpene Lactones)
Ginkgo Powder (*Ginkgo biloba*) (Leaf) 200 mg**

** Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Magnesium Stearate (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



MAGTEIN®

Neurological Health*

CODE: P2390 90 VEG CAPSULES

MAGTEIN® MAGNESIUM L-THREONATE
DELIVERS MAGNESIUM TO THE NERVOUS SYSTEM*
PROMOTES HEALTHY COGNITIVE FUNCTION*
VEGETARIAN-VEGAN

Magnesium (Mg) is known to play a major role in cellular metabolism and is critical for normal nervous system function.* Recent research has demonstrated that Mg also helps to regulate neuronal synapse density and that availability of Mg in the brain is necessary for the stability and adaptability of these neuronal connections.* Magtein® (Magnesium L-Threonate) is a patented form of Mg that crosses the blood-brain barrier and is readily utilized in the brain.* Preclinical studies indicate that Magtein® may support healthy cognitive function, learning, and memory, and may promote a relaxed mood.*

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Magtein® is protected under a family of US patents, pending patents, and is protected worldwide. Magtein® is a trademark o Magceutics®, Inc. and is distributed exclusively by AIDP, Inc.





MUCUNA EXTRACT

Neurological Health*

CODE: P3092 90 VEG CAPSULES

400 MG – MUCUNA EXTRACT NERVOUS SYSTEM SUPPORT* 15% NATURALLY OCCURRING L-DOPA

Mucuna is a legume widely used in traditional Ayurvedic herbalism. Mucuna is known to naturally possess the direct dopamine precursor, L-Dopa.* Dopamine is a neurotransmitter that helps to maintain normal brain and nervous system function and promotes a positive mood.* Unlike dopamine, L-Dopa can penetrate the blood-brain barrier and can be used by the brain to produce dopamine.* This product is standardized to a minimum of 15% L-Dopa.

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving	
Mucuna Extract (<i>Mucuna spp.</i>) (Seed) (min. 15% L-Dopa, naturally o	800 mg** occurring)
L-Dopa	120 mg**
**Daily Value not established.	

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose and Stearic Acid (vegetable source)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.



CLINICAL STRENGTH PHOSPHATIDYL SERINE 300 MG Neurological Health*

CODE: P2392 50 SOFTGELS

COGNITIVE & NEUROLOGICAL SUPPORT*
FACILITATES INTERCELLULAR COMMUNICATION*

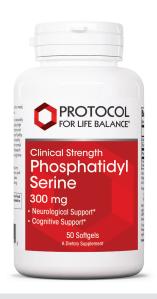
Phosphatidyl serine (PS) is a naturally occurring phospholipid that is found in especially high concentrations in the cellular membranes of brain and nerve tissues.* PS supports neuronal membrane fluidity and facilitates intercellular communication for healthy neurocognitive function.* PS thus supports the normal utilization of neurotransmitters in the brain.* Research shows that PS supplementation can promote cognitive function and mental acuity.*

Other ingredients: MCT Oil (Medium-Chain Triglycerides), Softgel Capsule [bovine gelatin (BSE-free), glycerin, water, caramel color], Sunflower Lecithin and Silicon Dioxide.

Phosphatidyl Serine from soy.

Not manufactured with yeast, wheat, gluten, corn, milk, egg, fish, shellfish or sesame ingredients.





PLANT PROTEIN COMPLETE

Nutritional Support

CODE: P2129 NET WT. 2 LBS. (907 G)

22 G PROTEIN / NON-GMO VEGAN PROTEIN BLEND OF PEA, HEMP, QUINOA

SOY & DAIRY FREE, VANILLA FLAVOR

Plant Protein Complete is specifically formulated to provide a complete source of plant protein that is both easy to digest and abundant in amino acids. Our proprietary blend consists of non-GMO vegan protein from pea, hemp, and quinoa sources.

Nutrition Facts About 24 servings per container Serving size 1 level scoop (38g) Amount per serving **Calories** % Daily Value **Total Fat 2g** 3% Saturated Fat 0a 0% Trans Fat 0g Cholesterol 0mg 0% 13% Sodium 300mg Total Carbohydrate 7g 3% Dietary Fiber 0g 0% Total Sugars 0g Includes 0g Added Sugars 0% Xylitol 2g Protein 22g Vit. D 0mcg 0% • Calcium 20mg 2% Potas, 138mg 2% Iron 1ma 6% Typical Amino Acid Profile (example) (per serving)** Essential Amino Acids mg Per 38 g Serving L-Histidine 544 L-Isoleucine** 1000 L-Leucine*** 1832 1634 L-Lysine L-Methionine 204 L-Phenylalanine 1203 L-Threonine 857 L-Tryptophan 195 L-Valine*** 1084 Non-Essential Amino Acids L-Alanine 897 L-Arginine 1876 L-Aspartic Acid 2576 L-Cysteine 330 L-Glutamic Acid 3927 Glycine 912 L-Proline 957 L-Serine 1143

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, ORGANIC STEVIA LEAF EXTRACT, XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

814

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients.

***Branched-Chain Amino Acids

** subject to natural variability

This product is sold by weight not volume.



L-Tyrosine

STEVIA LIQUID EXTRACT

Nutritional Support

CODE: P6955 NET VOL. 2 FL. OZ. (59 ML)

ZERO-CALORIE SWEETENER SUGAR FREE, ASPARTAME FREE, SACCHARIN FREE GLUTEN FREE / VEGETARIAN-VEGAN DOES NOT AFFECT BLOOD SUGAR LEVELS

Our stevia is a zero-calorie, low-glycemic, natural sweetener that makes a perfectly healthy substitute for table sugar and artificial sweeteners. Unlike chemical sweeteners, our stevia has pure stevia extract and our proprietary processing method improves taste and sweetness.

Nutrition Facts About 454 servings per container Serving size 4 drops (0.13mL) Amount per serving Calories % Daily Value Total Fat 0g 0% Sodium 0mg Total Carbohydrate 0g 0% Total Sugars 0g Includes 0g Added Sugars 0% Protein 0g Not a significant source of saturated fat, *trans* fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium.

INGREDIENTS: DE-IONIZED WATER, ORGANIC STEVIA LEAF EXTRACT, 11% ORGANIC CANE ALCOHOL.

V Non-



WHEY PROTEIN ISOLATE UNFLAVORED

Nutritional Support

CODE: P2172 NET WT. 2 LBS. (907 G)

MICROFILTERED & ULTRAFILTERED FOR IMPROVED BCAA PROFILE EASILY DIGESTED UNFLAVORED

Whey protein isolate, the purest form of whey protein available, delivers all of the essential amino acids [including branched-chain amino acids (BCAAs)] without adding significant amounts of fat or carbohydrate to the diet. Our whey protein isolate mixes instantly, contains no artificial sweeteners or flavors, and is easily digested.

Nutrition Facts About 32 servings per container
Serving size 1 level scoop (28g)
Amount per serving
Calories 110
% Daily Value*
Total Fat 0.5g <1%
Saturated Fat 0g 0%
Trans Fat 0g
Cholesterol 10mg 3%
Sodium 45mg 2%
Total Carbohydrate <1g <1%
Dietary Fiber 0g 0%
Total Sugars 0g
Includes 0g Added Sugars 0%
Protein 25g 50%
Vit. D 0mcg 0% • Calcium 121mg 10%
Iron 0mg 0% • Potas. 155mg 4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHEY PROTEIN ISOLATE, SUNFLOWER LECITHIN (< 1%). CONTAINS MILK.

Typical Amino Acid Profile				
(example) (per serving)**				
Essential	mg Per			
Amino Acids	Serving			
L-Histidine	420			
L-Isoleucine***	1568			
L-Leucine***	2716			
L-Lysine	2716			
L-Methionine	560			
L-Phenylalanine	812			
L-Threonine	1708			
L-Tryptophan	448			
L-Valine***	1288			
Non-Essential Amino Acids				
L-Alanine	1288			
L-Arginine	588			
L-Aspartic Acid	2716			
L-Cysteine	728			
L-Glutamic Acid	4788			
Glycine	448			
L-Proline	1540			
L-Serine	1036			
L-Tyrosine	756			
**subject to natural variability				

***Branched-Chain Amino Acids Not manufactured with yeast, wheat, gluten, soy, corn, egg, fish, shellfish, tree nut or sesame ingredients.

Soy Free







CLINICAL STRENGTH OCU SUPPORT™

Ocular Support*

CODE: P3301 90 VEG CAPSULES

SUPPORTS MACULAR HEALTH*
COMPREHENSIVE OCULAR NUTRIENT FORMULA*
10 MG LUTEIN

Clinical Strength Ocu Support™ represents a comprehensive formula to meet the nutritional needs of the eyes.* This product features 10 mg (per serving) of bioavailable lutein, a critical pigment that accumulates in the retina of the eye.* Lutein's function in the eye is to protect against the damaging effects of free radicals produced by sunlight.* Clinical Strength Ocu Support™ also includes a full complement of essential nutrients known to support overall eye health and function, such as beta-carotene, zinc, taurine, and zeaxanthin.*

Supplement F	acts
--------------	------

Serving Size 3 Veg Capsules Servings Per Container 30

	Amount Per Serving	% D Va	aily
Vitamin A (100% as Beta-Carotene) (Betatene®)	3,000 mcg	33	33%
Vitamin C (as Ascorbic Acid)	250 mg	27	′8%
Vitamin E	67 mg	44	17%
(as d-alpha Tocopheryl Succinate)			
Riboflavin (Vitamin B-2)	15 mg		54%
Vitamin B-6 (from Pyridoxine HCI)	10 mg		88%
Vitamin B-12 (as Methylcobalamin)	100 mcg	416	37%
Zinc (from L-OptiZinc® Zinc-L-Methionine)	7.5 mg	6	88%
Selenium (from L-Selenomethionine)	50 mcg	9	1%
Chromium (from ChromeMate® Chromium Polynicotinate)	50 mcg	14	13%
Citrus Bioflavonoid Complex	100) mg	†
Rutin Powder (Sophora japonica) (Flower Bud)	100	mg	†
Eyebright (Aerials)	100) mg	†
Green Tea Extract (Camellia sinens (Leaf) (up to 4 mg of naturally occ		mg e)	†
Taurine	50) mg	†
N-Acetyl Cysteine (NAC)	50) mg	†
Bilberry Extract (<i>Vaccinium myrtillus</i> (Fruit) (min. 25% Total Anthocyan	s) 25 ins)	mg	†
Alpha-Lipoic Acid	25	mg	†
Grape Seed Extract (Vitis vinifera) (Standardized for Polyphenols)	25	mg	†
Ginkgo biloba Extract (Leaf) (min. 24% Ginkgoflavonglycosides Terpene Lactones)) mg	†
CoQ10 (Coenzyme Q10) (Ubiquinor	ne) 10) mg	†
Lutein (from Marigold Flowers Extra (Tagetes erecta) (FloraGLO®)	ct) 10) mg	†

Other ingredients: Hypromellose (cellulose capsule), Microcrystalline Cellulose, Magnesium Stearate (vegetable source) and Silicon Dioxide.

Vitamin F from non-GMO soy

Zeaxanthin (from Marigold Flowers Extract) 500 mcg

2.5 mg †

(Tagetes erecta) (FloraGLO®)
L-Glutathione (Reduced-Form)

† Daily Value not established.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients.

ChromeMate® and L-OptiZinc® are Lonza trademarks.; FloraGLO® is a registered trademark of Kemin Industries, Inc.; Betatene® is a registered trademark of BASF SE.

ACACIA PURE ORGANIC POWDER

Intestinal Health*

CODE: P5905 NET. WT. 12 OZ.

INTESTINAL HEALTH*
PREBIOTIC*

Acacia powder is harvested from the sap of the acacia tree, which is native to parts of Africa, Pakistan, and India. It acts as a prebiotic that supports the vitality of the microorganisms that help maintain a healthy GI environment.* Acacia powder is generally well tolerated and can be used daily.

Supplement Facts

Serving Size 1 Level Tablespoon (approx. 6.5 g)

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%**
Organic Acacia Gum Powder (Acacia senegal/Acacia seya	†	

Other ingredients: None.

Certified Organic by QAI.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients.



PREBIOTIC POWDER XOS

Digestive Support*

CODE: P2948 NET WT. 3 OZ. (85 G)

SELECTIVE BIFIDOGENIC EFFECT*
NOURISHES INTESTINAL FLORA*

Prebiotic Powder XOS features PreticX™, a prebiotic complex comprised of xylooligosaccharides (XOS). XOS are selective, bifidogenic prebiotics shown to increase the amount of healthful *Bifidobacteria* in the Gl tract of healthy individuals, which is particularly beneficial with aging.* When added to the diet, Prebiotic Powder XOS helps to maintain healthy flora balance, nourishes the intestinal lining, and promotes regularity without additional bloating or flatulence.* Consider adding this product to your probiotic supplements.

Suppleme Serving Size 1 Level Te Servings Per Container	aspoon (approx.			
Servings Per Container	about 31			
	Amount Per Serving	% Daily Value		
Calories	5			
Total Carbohydrate	2.6 g	1%*		
Total Sugars	< 1 g	†		
Xylooligosaccharides (XOS) 1.55 g (1,550 mg) † (from PreticX™ Prebiotic Complex)				
		3) T		

Other ingredient: Maltodextrin (from non-GMO corn).

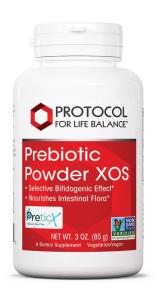
Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

PreticX™ is a trademark of AIDP, Inc.

† Daily Value not established.







BIFIDO DIGEST

Digestive Support & Immune Support*

CODE: P2919 **60 VEG CAPSULES**

GASTROINTESTINAL WELL-BEING* POSITIVE IMPACT ON GI TRANSIT TIME* MADE WITHOUT DAIRY, WHEAT, GLUTEN VEGETARIAN-VEGAN

Intestinal bacteria support gastrointestinal (GI) health and digestion via the processing and absorption of nutrients and the maintenance of a healthy mucosal barrier.* Maintenance of a balanced gut ecology is critical for proper immune system function.* Bifido Digest™ combines nine probiotic strains specifically chosen to help support GI well-being.* The predominant probiotic strain in this formula is *B. lactis* HN019[™], which has been clinically evaluated and validated for its ability to support GI comfort, regularity, and decreased feeling of bloat.*

Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 30 Amount Per Serving Blend of Probiotic Bacteria (20 Billion CFU): (20 Billion CPU): Bifidobacterium lactis HN019 (predominant strain), plus 8 strains: Lactobacillus acidophilus (La-14), Bifidobacterium lactis (BI-04), Lactobacillus rhamnosus (Lr-32), Lactobacillus salivarius (Ls-33), Lactobacillus casei (Lc-11), Streptococcus thermophilus (St-21), Bifidobacterium longum (BI-05), Bifidobacterium bifidum/Bifidobacterium lactis (Bb-02) * Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

This product is formulated to deliver a potency of 20 Billion CFU (per 2 capsules) through Best By date.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology







CHEWABLE PROBIOTIC

Digestive Support & Immune Support*

CODE: P2936 90 CHEWABLES

SUPPORTS HEALTHY IMMUNE SYSTEM FUNCTION* 2 BILLION CFU INPUT / 10 PROBIOTIC STRAINS FOR CHILDREN AND ADULTS VEGETARIAN-VEGAN

Chewable Probiotic is a great-tasting chewable probiotic supplement sweetened with xylitol. The bacterial strains in this product have been scientifically tested and chosen for their ability to support healthy immune system and GI functions.* These bacterial strains are particularly hardy and have been shown to adhere to the intestinal lining, thereby helping to maintain intestinal integrity.* Chewable Probiotic can be used by both adults and children.

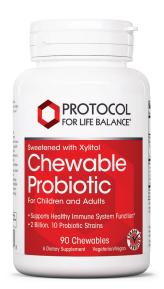
Pe	Amount er Serving	% Daily Value for Children 1 through 3 Years of Age	for Adults and Children 4 or mor		
Calories	5				
Total Carbohydrate	1 g	< 1%***	< 1%**		
Total Sugars	0 g	t	t		
Includes 0g Added Suga	rs	0%***	0%**		
Sugar Alcohols (Xylitol & Sor	bitol) 1 g	t	Ť		
Blend of 10 Strains 56 mg † † (2 Billion CFU) Lactobacillus acidophilus (La-14), Bilidobacterium lactis (BI-04), Lactobacillus plantarum (Lp-115), Lactobacillus casei (LC-11), Lactobacillus pramousus (Lr-32), Lactobacillus paracasei (Lp-37), Bilidobacterium breve (Bb-03), Streptococcus thermophilus (St-21), Lactobacillus salivarius (Ls-33), Bilidobacterium longum (Br-05)					

Other ingredients: Xylitol, Sorbitol, Microcrystalline Cellulose, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Silicon Dioxide, Natural Berry Flavors, Malic Acid, Beet Powder, Magnesium Stearate (vegetable source) and FOS (Fructooligosaccharides).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.





E.N.T. BIOTIC

Mouth & Throat Health*

CODE: P2921 **60 LOZENGES**

PROMOTES HEALTHY ORAL BACTERIA* 1 BILLION CFU PROBIOTICS PER SERVING SUPPORTS POSITIVE ORAL HEALTH* CHEWABLE PROBIOTIC LOZENGE

E.N.T. Biotic[™] is a probiotic lozenge featuring the naturally occurring microorganism Streptococcus salivarius BLIS K12®. Pre-clinical studies have demonstrated that S. salivarius can help to maintain a balanced immune response and clinical studies have shown that it can support oral and throat health.* E.N.T. Biotic™ BLIS K12® successfully colonizes the oral cavity at the expense of other microorganisms, thereby promoting oral health.* In addition, it can freshen breath when used in conjunction with proper oral hygiene.*

Supplement Facts Serving Size 2 Lozenges Servings Per Container 30 Amount Per Serving Streptococcus salivarius K12 (BLIS K12®) (1 Billion CFU†)

Other ingredients: FOS (Fructooligosaccharides), Xylitol, Sorbitol, Microcrystalline Cellulose, Silicon Dioxide, Stearic Acid (vegetable source), Natural Flavors and Beet Powder.

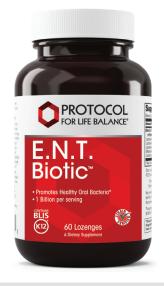
Contains milk.

Not manufactured with wheat, gluten, soy, egg, fish, shellfish, tree nut or sesame ingredients.

BLIS® and BLIS K12® are trademarks of Blis Technologies Limited and the subject of USA patent no. 7595041 † At the time of manufacture.



* Daily Value not established



ORTHO DOPHILUS

Digestive Support & Immune Support*

CODE: P2912 **60 VEG CAPSULES**

8 STRAINS & 4 BILLION CFU PER CAPSULE SUPPORTS HEAITHY IMMUNE SYSTEM* **HEALTHY DIGESTION*** WITH FOS DAIRY & GLUTEN FREE

Probiotic bacterial species are known to exist and thrive in the human digestive tract. These microorganisms assist in proper digestion, support detoxification, and are a necessary component of healthy immune system function.* Ortho Dophilus™ is a combination of scientifically tested strains of beneficial bacteria with FOS included to encourage their healthy growth.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Probiotic Blend of 8 Strains (4 Billion CFU):

Lactobacillus acidophilus (La-14). Lactobacillus rhamnosus (Lr-32) Bifidobacterium lactis (BI-04), Lactobacillus salivarius (Ls-33), Lactobacillus casei (Lc-11), Bifidobacterium longum (BI-05), Streptococcus thermophilus (St-21), Bifidobacterium bifidum (Bb-02)

* Daily Value not established.

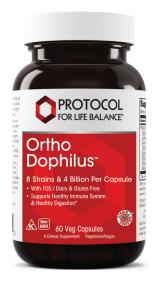
Other ingredients: Hypromellose (cellulose capsule), FOS (Fructooligosaccharides), Ascorbic Acid and Magnesium Stearate (vegetable source).

Contains trace amounts of soy

Not manufactured with wheat, gluten, milk, egg, fish, shellfish, tree nut or sesame ingredients.

The probiotic strains in this product have been identityverified using DNA-fingerprinting technology.





PROTODOPHILUS[®]

Digestive Support & Immune Support*

CODE: P2926 / 50 VEG CAPSULES / 25 BILLION CODE: P2928 / 50 VEG CAPSULES / 50 BILLION CODE: P2931 / 30 VEG CAPSULES / 100 BILLION

CLINICALLY VALIDATED STRAINS HEALTHY INTESTINAL FLORA* **DIGESTIVE AND IMMUNE SUPPORT*** DAIRY, WHEAT, SOY & GLUTEN FREE VEGETARIAN-VEGAN

Probiotics are friendly bacteria that normally colonize the gut where they help to maintain structural and functional integrity of the intestinal lining, support proper intestinal motility, and participate in the detoxification process.* The presence of healthy gut flora is also known to be critical for normal digestion and immune function.* ProtoDophilus[™] is a broad spectrum probiotic consisting of acidresistant probiotic bacterial strains that have been clinically validated and are known to naturally colonize the human GI tract.*

25 BILLION / 10 STRAINS / 50 VEG CAPSULES/ P2926

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Amount Per Serving Blend of 10 Strains 150 mg** of Problotic Bacteria (25 Billion CFU): Larcbascillus aedophilus (La-14), Bildobacterium lactis (B-04), Lactobacillus plentarum (Lp-115), Lactobacillus casai (Lp-11), Lactobacillus plentarum (Lp-115), Lactobacillus paracasei (Lp-37), Bildobacterium breve (Bb-03), Streptococcus thermophilus (St-21), Lactobacillus salivarius (Ls-33), Bildobacterium longum (Bi-05) *Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), FOS (Fructooligosaccharides), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish tree nut or sesame ingredients.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.



50 BILLION / 10 STRAINS / 50 VEG CAPSULES / P2928

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Blend of 10 Strains of Probiotic Bacteria (50 Billion CFU): or Probotoc sacteria (so Billion CFU): Lactobacillus acidophilus (La-14), Bilidobacterium lactis (Bl-04), Lactobacillus piantrum (Lp-115), Lactobacillus casei (Lo-11), Lactobacillus piantrumosus (Lr-32), Lactobacillus paracasei (Lp-37), Bilidobacterium breve (Bb-03), Stepolococcus themophilus (St-21), Lactobacillus asilvarius (Ls-33), Bilidobacterium iongum (Bl-05) Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), FOS (Fructooligosaccharides), Ascorbyl Palmitate and Silicon Dioxide.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

This product is formulated to deliver a potency of 50 Billion CFU through the Best By date.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.

V (M) (H K IN GLASS BOTTLE







100 BILLION / 10 STRAINS / 30 VEG CAPSULES / P2931

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Blend of 10 Strains 100 Billion CFU' of Probiotic Bacteria: Lactobacillus acidophilus (La-14), Bilidobacillus casis (L0-14), Lactobacillus plantarum (L0-115), Lactobacillus casis (L0-14), Lactobacillus rhamnosus (L-32), Lactobacillus paracasei (Lp-37), Bilidobacterium breve (B0-3), Streptococcus thermophilus (SP-12), Lactobacillus salivarius (Ls-33), Bilidobacterium longum (BI-05) Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, FOS (Fructooligosaccharides), Ascorbyl Palmitate and Silica. Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.

This product is formulated to deliver a potency of 100 Billion CFU through the Best By date.

The probiotic strains in this product have been identity verified using DNA-fingerprinting technology.



CHEWABLE PROTODOPHILUS™ 10 BILLION

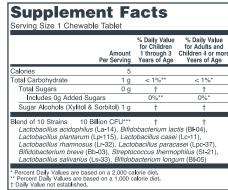
Digestive Support & Immune Support*

CODE: P2923 **60 CHEWABLES**

10 BILLION CFU / 10 PROBIOTIC STRAINS FOR ADULTS AND CHILDREN VEGETARIAN-VEGAN

Probiotics are friendly bacteria that normally colonize the gut where they help to maintain structural and functional integrity of the intestinal lining, support proper intestinal motility, and participate in the detoxification process.*

The presence of healthy gut flora is also known to be critical for normal digestion and immune function.* This Chewable ProtoDophilus™ product is a great-tasting, broad spectrum probiotic that can be used by both children and adults.

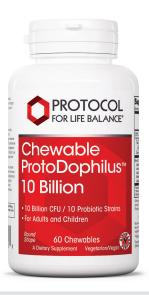


Other ingredients: Xylitol, Sorbitol, Cellulose, Stearic Acid (vegetable source), Silica, Natural Berry Flavors, Malic Acid, Beet Powder and FOS (Fructooligosaccharides).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or

***Stability tested for expected minimum potency through Best By date. The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.





PROTODOPHILUS™ **WOMAN** 20 BILLION

Women's Health*

CODF: P2906 **50 VEG CAPSULES**

SUPPORTS VAGINAL HEALTH* **REDUCES OCCASIONAL BLOATING*** VEGETARIAN-VEGAN

ProtoDophilus[™] Woman has been specially formulated using three clinically tested probiotic strains to support women's health through every stage of life.* This product features L. rhamnosus HN001 and L. acidophilus La-14, which have been shown to colonize the vaginal tract and help to maintain healthy vaginal pH when taken orally.*

The HN019 and HN001 probiotic strains have been shown to support healthy immune system function in women of all ages, including pregnant and nursing women.* HN019 also supports GI regularity and reduces occasional gas and bloating.*

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Blend of Probiotic Bacteria: Bifidobacterium lactis (HN019),

Lactobacillus acidophilus (La-14) Lactobacillus rhamnosus (HN001)

Daily Value not established.

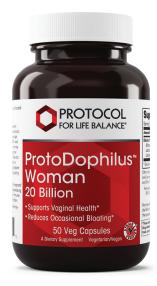
Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Magnesium Stearate (vegetable source) and Silicon Dioxide

20 Billion CFU*

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

The probiotic strains in this product have been identity verified using DNA-fingerprinting technology.





SACCHAROMYCES **BOULARDII**

Digestive Support*

CODE: P2933 **60 VEG CAPSULES**

FOR OCCASIONAL DIARRHEA* SUPPORTS A HEALTHY BALANCE OF INTESTINAL FLORA*

SUPPORTS A HEALTHY INTESTINAL BARRIER*

The intestinal epithelium forms a continuous physical and functional barrier that protects the internal environment of the body from fluctuating external input. Various substances including dietary elements, gastrointestinal secretory products, and xenobiotics are known to disrupt this epithelial barrier, leading to the shedding of epithelial cells and the development of digestive upset and discomfort. Saccharomyces boulardii is a probiotic yeast that helps to support intestinal health by encouraging a balanced response by the intestinal epithelium, as well as through its effects on overall gut ecology.* Saccharomyces boulardii has been clinically shown to support gastrointestinal health during a disruption in the normal balance of gut flora.*

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 30

Amount Per Serving

Saccharomyces boulardii (10 Billion CFU) 1 000 ma

(Saccharomyces cerevisiae var. boulardii I-3799)

* Daily Value not established

Other ingredients: Hypromellose (cellulose capsule),

Organic Inulin (FOS) (Fructooligosaccharides) and Guar Gum. Not manufactured with wheat, gluten, soy, corn, milk,

egg, fish, shellfish, tree nut or sesame ingredients.

The probiotic strain in this product has been identity-verified using DNA-fingerprinting technology.









ALLER-ALL"

Seasonal Sensitivity*

CODE: P3282 **60 TABLETS**

IMMUNE SYSTEM SUPPORT* BALANCED IMMUNE RESPONSE* VEGETARIAN-VEGAN

Aller-All™ is a well-balanced blend of vitamins, minerals, and botanicals. These nutrients are known for their ability to support the body's balanced response to environmental and seasonal antagonists.*

Aller-All[™] combines quercetin, bromelain, and vitamin C to work together to support healthy respiratory structures and functions.* This combination is also known to support the body's normal response to typical seasonal challenges.*

Other ingredients, such as B vitamins, zinc, magnesium, and licorice root have been included to further support both the respiratory and immune systems.*

Supplement Facts

ving Size 3 Tablets Servings Per Container 20

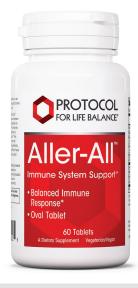
Serving Size 3 Tablets Servings Fer Container 20				
	Amount Per Serving	% Daily Value		
Vitamin C (from Magnesium Ascorbate)	500 mg	556%		
Vitamin B-6 (from Pyridoxine HCI)	20 mg	1176%		
Pantothenic Acid (from Calcium Pantothenate)	100 mg	2000%		
Calcium (from Calcium Carbonate and Calcium Pantothenate)	85 mg	7%		
Magnesium (from Magnesium Ascorbate)	40 mg	10%		
Zinc (from L-OptiZinc® Monomethionine)	10 mg	91%		
Quercetin (from Quercetin Dihydrate)	800 mg	†		
Nettle Extract (Urtica dioica) (Leaf)	500 mg	†		
Bromelain (2400 GDU/g)	435 mg	†		
Licorice Root Extract (Glycyrrhiza glabra)	200 mg	†		
† Daily Value not established.				

Other ingredients: Stearic Acid (vegetable source), Croscarmellose Sodium, Microcrystalline Cellulose, Hypromellose (cellulose), Vegetarian Coating, Silicon Dioxide and Magnesium Stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients

L-OptiZinc® is a registered trademark of InterHealth Corp.





QUERCETIN PHOSPHOLIPID NEW!

Seasonal Sensitivity*

CODE: P3087 90 VEG CAPSULES

SUPPORTS HEALTHY SEASONAL IMMUNE FUNCTION* 20X HIGHER BIOAVAILABILITY VS. STANDARD OUERCETIN*

Quercetin is a naturally occurring free radical scavenger that supports a balanced immune system response in the face of seasonal immune challenges.* Clinical studies have demonstrated that it can also help to promote normal respiratory function and maintain comfortable breathing.* Quercetin may also help to enhance exercise performance and recovery and alleviate pain due to overexertion.* This quercetin phytosome is encased in a phospholipid sphere to make it up to 20 times more bioavailable than standard quercetin.*

Supplement Facts Serving Size 1 Veg Capsule Amount Per Serving Quercetin Phytosome 250 mg** [from Sophora japonica Extract (Flower) and Sunflower Lecithin] (80 mg Quercetin) ** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule), Potato Maltodextrin, Silicon Dioxide and Stearic Acid (vegetable source).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.





D-MANNOSE

Women's Health*

CODE: P2811 / 90 VEG CAPSULES CODE: P2810 / POWDER NET WT. 3 OZ. (85 G)

CLEANSES THE BLADDER*
SUPPORTS A HEALTHY URINARY TRACT*

D-mannose is a simple sugar that is taken up in the GI tract and rapidly excreted in the urine without affecting blood sugar regulation.*

D-mannose helps to support a normal environment within the bladder by maintaining a healthy mucosal lining and promoting proper elimination.* Clinical studies indicate that

D-mannose can help to maintain normal urinary tract health when used regularly.*

500 MG / 90 VEG CAPSULES / P2811

Supplement Facts

Serving Size 4 Veg Capsules Servings Per Container 22

	Amount Per Serving	% Daily Value	
Calories	10		
Total Carbohydrate	2 g	< 1%*	
Total Sugars	2 g	†	
D-Mannose	2 g (2,000 mg)	†	
* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.			

Other ingredients: Hypromellose (cellulose capsule), Rice Flour, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients.



CERTIFIED ORGANIC 2,000 MG PER SERVING / 3 OZ. POWDER / P2810

Supplement Facts Serving Size 1 Level Teaspoon (approx. 2 g) Servings Per Container about 43

Corvinge For Contamor a	3041 10	
	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%**
Total Sugars	2 g	t
Organic D-Mannose	2 a (2 000 ma)	+

**Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: None.

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish, tree nut or sesame ingredients.

Certified Organic by QAI.

This product is sold by weight not volume.



PROGESTERONE CREAM

Women's Health*

CODE: P3338 / NET WT. 3 OZ. (85 G) UNSCENTED CODE: P3346 / NET WT. 3 OZ. (85 G) LAVENDER

FROM WILD YAM

20 MG OF PROGESTERONE PER PUMP WITH COMPLEMENTARY HERBS

NO ANIMAL TESTING / NO ARTIFICIAL COLORS ARTIFICIAL FRAGRANCE FREE / PARABEN FREE / GLUTEN FREE

Progesterone (pregn-4-ene-3, 20-dione) is a hormone normally produced predominantly in the ovaries. Progesterone is synthesized from pregnenolone, a derivative of cholesterol. Progesterone Cream contains progesterone from disogenin, extracted from wild yam, which is identical to human progesterone.

20 MG / UNSCENTED / 3 OZ. / P3338

Ingredients: Water (Agua), Glyceryl Stearate SE, Glycerin, Stearic Acid (vegetable source), Cetearyl Alcohol, Caprylic/Capric Triglyceride, Cetearyl Alcohol & Cetearyl Glucoside, Helianthus Annuus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Progesterone (USP Grade), Phenoxyethanol & Ethylhexylglycerin, Xanthan Gum, Rosmarinus Officinalis (Rosemary) Leaf Extract, Potassium Sorbate, Panthenol, Retinyl Palmitate (Vitamin A), Daucus Carota Sativa (Carrot) Seed Oil, Tocopherol (Vitamin E) (soyfree), Aloe Barbadensis Leaf Juice Powder*, Panax Ginseng Root Extract, Serenoa Serrulata (Saw Palmetto) Fruit Extract, Chamomilla Recutita (Matricaria) Flower Extract, Citric Acid, Cymbopogon Flexuosus (Lemongrass) Oil. *Organic ingredient



20 MG / LAVENDER / 3 OZ. / P3346

Ingredients: Water (Agua), Glyceryl Stearate SE, Glycerin, Stearic Acid (vegetable source), Cetearyl Alcohol, Caprylic/Capric Triglyceride, Helianthus Annuus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Alcohol & Cetearyl Glucoside, Progesterone (USP Grade), Phenoxyethanol & Ethylhexylglycerin, Aroma Blend [Lavandula Angustifolia (Lavender) Oil*, Natural Vanilla Fragrance, Anthemis Nobilis (Chamomile) Flower Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil], Rosmarinus Officinalis (Rosemary) Leaf Extract, Xanthan Gum, Potassium Sorbate, Panthenol, Retinyl Palmitate (Vitamin A), Tocopherol (Vitamin E) (soy-free), Aloe Barbadensis Leaf Juice Powder*, Serenoa Serrulata (Saw Palmetto) Fruit Extract, Chamomilla Recutita (Matricaria) Flower Extract, Citric Acid.

*Organic ingredient



For external use only.

Caution: Discontinue use if irritation or red skin develops, and consult your healthcare practitioner. Do not use if pregnant or lactating.

California Proposition 65 WARNING: These products contain progesterone, a chemical known to the State of California to cause cancer. Consult with your healthcare practitioner before using this product.

Naturokinetics: why does it matter?

What is Naturokinetics®?

NATUROKINETICS® is a compilation of scientific data that details how nutrients and natural substances are absorbed (A), distributed (D), metabolized (M) by and eliminated (E) from the body. You can find more information about L-A-D-M-E on the Naturokinetics® page of our website.

Pharmacokinetics meets natural products

NATUROKINETICS® is based on the same scientific principles as pharmacokinetics, but customized for natural products that are non-drug, non-synthetic, and most of which are already part of a normal, healthy metabolism in the human body.

Why are we compiling Naturokinetics® data?

We spend the time gathering Naturokinetics® data for our products for two main reasons: first, it is important to understand how an ingredient is processed by the body to optimize our formulations and second, typically, it is not information readily available to the public. Therefore, by collecting and disseminating it to our customers, we believe that we are offering a unique service providing added value to our products.

Where to find Naturokinetics® data?

The L-A-D-M-E algorithm is incorporated in our products' technical sheets, which can be found on our website or by calling our Protocol For Life Balance® representatives.

Do we have examples of products formulated using Naturokinetics® data?

It is well known that some natural compounds are not very well absorbed. Curcumin and berberine are good examples of compounds that are not very well absorbed in their native forms.

In order to compensate for the inherent challenge of curcumin's bioavailability, our finished products use several proprietary forms of curcumin such as Meriva® (complexed with phospatidylcholine), Longvida® (using SLCP technology $^{\text{\tiny M}}$), and CurcuFRESH $^{\text{\tiny M}}$ (native complexed form of curcumin) that have demonstrated, in clinical settings, that they have increased bioavailability when compared to standard curcumin extracts.

For berberine, we use medium chain triglyceride capric acid (C10) to promote optimal absorption.

These are just a couple examples showing that incorporating the information provided by L-A-D-M-E helps us create better products that will in turn help you create the most efficacious and nutritionally sound supplementation recommendations for your patients.











SCIENCE & AFFORDABILITY

THOUGHTFUL PRICING

Controlling healthcare costs is an important component of the care you provide to your patients. At Protocol For Life Balance® we understand this, and we price our products to be affordable for your patients without sacrificing quality. We leverage our long-standing relationships with ingredient suppliers to obtain outstanding pricing, and we purchase in bulk to maximize savings. Additionally, our state-of-the-art in-house laboratories afford us substantial savings on testing costs, which we pass on to you in the form of highly competitive pricing that you can, in turn, pass on to your patients. Furthermore, to ensure that you can keep selling our supplements without being undercut by competitors we have a strict minimum advertising pricing (MAP) policy in place.

QUALITY & EVIDENCE-BASED FORMULATIONS

Science is the cornerstone of our formulations, quality control and assurance programs. We're continually monitoring the latest scientific advances in nutrition and natural ingredients, and we incorporate this research into our product formulations, assuring that you always receive products that are current, efficacious, and research-based.

Our quality assurance programs are some of the most robust in the industry with more than 19,000 analyses and tests performed each month. Our Methods Development team is credited with the development of the industry standard for the identification of glucosamine and chondroitin, as well as the rapid detection of specific adulterants in natural ingredients.

Our unwavering dedication to quality, and our insistence on science-based formulations, ensure that Protocol For Life Balance® products work for their intended purpose. Our products incorporate clinically verified dosages, and, whenever possible, we utilize trademarked ingredients that have been thoroughly researched by the trademark holder. The true gauge of our product efficacy, however, is the fact that leading universities and research facilities around the world request our products for use in clinical trials. They trust our products to be manufactured and quality tested with the strictest rigor, allowing them to pursue their scientific research in all confidence.

STATE-OF-THE-ART LABORATORIES

Top left: HPLC (high performance liquid chromatography) is used to determine potency and purity of products like vitamin C or CoQ_{10} .

Bottom left: GC-MS (gas chromatography mass spectrometry) is used to profile and identify NOW essential oils.

Top right: GC-MS/MS (gas chromatography tandem mass spectrometry) is a high sensitivity instrument used for pesticide residue analysis.

Bottom right: ICP-MS (inductively coupled plasma mass spectrometry) is used to test for heavy metal contamination as well as mineral analysis.





Protocol For Life Balance® is a well-researched, efficacious, and value-priced line of dietary supplements available through licensed healthcare practitioners. Protocol For Life Balance® provides a broad range of superior solutions that address a variety of patient needs and at a level of quality that healthcare practitioners can feel confident recommending.

We guarantee the quality of our products and provide a money-back guarantee if any patient is less than 100% satisfied.

protocolforlife.com (877) 776-8610

Manufactured by Protocol For Life Balance® Bloomingdale, IL 60108