

Inflammation Pain Therapy 2 oz. Jar

Inflammation Relief Therapy penetrates deeply to provide prompt relief from the aches, pain and stiffness caused by inflammation. It brings excellent results when applied to sprains, bruises and soreness caused from over-exertion.

Ingredients: Purified Water, Glucosamine Sulfate, Pregnenolone, Ginger Extract*, MSM, Emu Oil, Olive Leaf Extract*, Vegetable Glycerin, Vitamin E (Tocopherol), Shark Liver Oil, Olive Oil, Rosemary Extract*, Grape Seed Extract*. **Certified Organic*

Arthritis Pain Therapy 2 oz. Jar

Joint Pain Therapy helps relieve the pain and stiffness from degenerative conditions. Use regularly for a long-term increase in mobility. A safe and effective alternative to over-the-counter and prescription medications and their possible side effects, you'll love the fast-acting results.

Ingredients: Purified Water, Glucosamine Sulfate, Pregnenolone, Ginger Extract*, MSM, Emu Oil, Olive Leaf Extract*, Vegetable Glycerin, Vitamin E, Chamomile Extract*, Olive Oil, Rosemary Extract*, Grape Seed Extract*. **Certified Organic*



The Organic Choice products are available exclusively through healthcare professionals. For questions, please contact your healthcare provider.

Testimonials

"As a Chiropractor for 39 years, I have seen far too many fractures due to osteoporosis. When one of my patients used Organic Choice Progesterone Cream for 12 months and actually showed improvement on her bone density test, I was even more enthusiastic about this approach. Of course my patients also appreciate the elimination in symptoms of PMS, perimenopause and menopause." *Dr. H.M., Michigan*

"My patients count on me to provide them with safe and natural wellness products and they love Organic Choice Joint Pain Formula. They both bring reliable results that my patients with arthritis and various other degenerative bone conditions really appreciate. Not only are these products chemical free, they are also fragrance free. That's a great bonus to an already excellent product." *Dr. MP, Colorado*

"I am a private practice family doctor in Arizona and have been for 20+ years. It has always been my desire to treat my patients as naturally and safely as possible, so I have gradually and seriously engaged my interests and practice techniques in alternative medicine.

I have used Organic Excellence Natural Progesterone Cream and have always been pleased with its high quality and standard of purity. It is important to be able to rely on such quality. I have used it with great success for irregular bleeding and the symptoms of PMS, perimenopause and menopause. My patients are grateful for the safe and natural approach to their health." *Dr. S.B., Arizona*

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Bio-Identical Progesterone Creams & Joint Pain Therapies



Chemical, fragrance, gluten and GMO free products with the added benefits of certified organic herbs.

Bio-Identical Progesterone Cream

Chemical, fragrance, gluten and GMO free with the added benefits of certified organic herbs, the Organic Choice Progesterone Creams are formulated to meet the strict criteria outlined in Dr. Lee's best-selling book, *"What Your Doctor May Not Tell You About Menopause."*

Each ounce contains approximately 500 mg. of USP progesterone. (20 mg. per 1/4 teaspoon) Each pre-measured application is 1/4 teaspoon. The formula with added phytoestrogens also contains 60 mg. of phytoestrogens per 1/4 teaspoon.

Available in 3 oz. pre-measured pumps.

Making the Right Organic Choice

We suggest starting with the progesterone cream *without* phytoestrogens which brings excellent results to adult women of all ages.

If you are in menopause or beyond, with multiple hot flashes daily and/or other signs and symptoms of an estrogen deficiency, you may benefit from progesterone cream *with* phytoestrogens.

Directions for Use

Gently massage 1/8 to 1/4 teaspoon of progesterone cream into thin-skinned areas of the body such as the neck, face, breastbone, forearm. Use twice daily, morning and night.

Perimenopausal Women: Begin on the 12th of your cycle. (Day 1 is the first day of your menstrual flow.) Continue through day 26, then stop. Repeat monthly.

Menopausal Women: Many women find it easiest to begin using progesterone cream on the first day of the calendar month. Use for 25 consecutive days, then take a 5 day break. Repeat monthly.

When to Use Progesterone Cream

Dr. John Lee, MD identified the following symptoms associated with a deficiency of progesterone, which creates an excess of estrogen known as "estrogen dominance."

- Mood swings
- Breast tenderness
- Decreased sex drive
- Depression
- Anxiety
- Insomnia
- Irritability
- Weight gain
- Hot flashes
- Inability to concentrate
- Irregular menstrual cycles
- Heavy, prolonged periods

Progesterone Cream Ingredients

Progesterone Cream *without* Phytoestrogens:

Purified Water, Aloe Vera Gel*, Avocado Oil, USP Progesterone (Derived from Wild Yam Root), Carrot Oil, Cramp Bark, Lemon Grass Oil*, Vegetable Glycerin, Rosemary Extract*, Chamomile Extract*, Milk Thistle Extract*, Stearic Acid (Vegetable Oil), Vitamin A, Vitamin E (Tocopherol), Grape Seed Extract*. **Certified Organic*

Progesterone Cream *with* Phytoestrogens:

Purified Water, Aloe Vera Gel*, USP Progesterone (Derived from Wild Yam Root), Red Clover Leaf Extract*, Evening Primrose Oil, Vitamin E (Tocopherol), Siberian Ginseng*, Burdock Root Extract*, Black Cohosh, Chamomile Extract*, Milk Thistle Extract*, Shea Butter, Lecithin, Allantoin (Comfrey Root), Vegetable Glycerin, Grape Seed Extract*. **Certified Organic*

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Product Guide

Bio-Identical Progesterone Cream *without Phytoestrogens*

Progesterone cream safely and effectively helps replenish healthy progesterone levels to naturally create hormonal balance. It supports the relief of the symptoms commonly associated with an excess of estrogen (estrogen dominance) during PMS, perimenopause and menopause.

Bio-Identical Progesterone Cream *with Phytoestrogens*

The addition of phytoestrogens in this progesterone cream help stimulate the estrogen receptors in the body making it an excellent choice for women that have reached menopause or have had a complete hysterectomy.

Arthritis Pain Relief *Joint Pain Therapy*

Quickly relieves the pain and stiffness associated with degenerative conditions. Arthritis Pain Relief brings a long-term increase in mobility with regular use.

Inflammation Pain Relief *Joint Pain Therapy*

Offers prompt relief from the aches, pain and stiffness caused by inflammation. It brings exceptional results when applied to sprains, bruises and soreness caused from over-exertion.