

OMEGA FOCUS

330 mg EPA/780 mg DHA/250 mg Citicoline/200 mg Bacopa Monnieri Extract

Omega Focus is a unique blend of nutrients that benefits attention and focus by supporting overall brain health.* This powerful formula combines concentrated fish oil with a high DHA:EPA ratio with citicoline and *Bacopa monnieri* extract. Citicoline is a key source of the essential brain nutrient choline and supports mental focus—the brain’s ability to stay on task.* *Bacopa monnieri* is an Ayurvedic herb that supports working memory and helps decrease oxidative stress in the brain.*

- ✓ Three-in-one product blending two highly researched brain support supplements with Nordic Naturals’ award-winning fish oil
- ✓ Brain nutrients citicoline and *Bacopa monnieri* extract support focused attention and memory, and may help reduce oxidative stress in the brain*
- ✓ Concentrated DHA-rich fish oil with 1280 mg omega-3 supports the healthy structure and function of brain cells*
- ✓ 90+% triglyceride form fish oil for better absorption of essential omega-3s*



Supplement Facts

Serving Size: 2 Soft Gels
Servings per container: 30

Amount Per Serving	% Daily Value**
Calories	20
Total Fat	1.5 g <2%
Saturated Fat	0 g 0%
Trans Fat	0 g †
Sodium	10 mg <1%
Citicoline (Cognizin®)	250 mg †
Bacopa (whole plant) Extract (Bacopa monnieri) (Bacognize®) (standardized to 12% bacopa glycosides)	200 mg †
Total Omega-3s	1280 mg †
EPA (Eicosapentaenoic Acid)	330 mg †
DHA (Docosahexaenoic Acid)	780 mg †
Other Omega-3s	170 mg †

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, carob color, natural lemon flavor), citicoline, bacopa extract, beeswax, d-alpha tocopherol (antioxidant), rosemary extract (a natural preservative).
No gluten, milk derivatives, or artificially derived colors or flavors.



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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.