# The **SMART** Choice for Brain Health!



## COGNITIVE SUPPORT THROUGHOUT THE LIFESPAN!

- SUPPORTS MEMORY & COGNITIVE HEALTH\*
- IMPROVES MEMORY, MOOD & LEARNING\*
- SLOWS/REVERSES AGE-RELATED MEMORY LOSS\*
- ENHANCED OVERALL QUALITY OF LIVING\*
- ALL NATURAL INGREDIENTS
- SUITABLE FOR VEGANS

#### **Each Capsule Contains:**

Sunflower Phosphatidylserine Complex (Helianthus annuus) (seed) (standardized to 60% phosphatidylserine) ........... 167 mg

Organic Blueberry

Powder ...... 20 mg







**Directions:** One capsule three times a day or as recommended by your healthcare provider. Can be taken with or without meals.

#### What is phosphatidylserine (PS)?

- PS is a major component of brain cell tissues.
- PS facilitates nerve-signal transduction processes.
- PS maintains brain cell membrane activity.
- PS is a naturally derived substance.

### Benefits of supplementing with phosphatidylserine (PS)

- PS health benefits have been proven in over 30 clinical studies addressing the entire human life cycle from seniors, adults to children.
- Studies suggests that PS significantly improves:
  - Concentration
  - Memory
  - Mental Performance
  - Learning
  - Attention
  - Stress Management

#### **Blueberries and Brain Health**

 Blueberries contain flavonoid polyphenols that produce favorable effects to brain protection and age-related cognitive and motor decline.



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<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.